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### **Paper:**

Winn, C., Ford, P., McNarry, M., Lewis, J. & Stratton, G. (2016). The effect of deprivation on the developmental activities of adolescent rugby union players in Wales. *Journal of Sports Sciences*, 1-7.  
<http://dx.doi.org/10.1080/02640414.2016.1271136>

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Table 1. Milestones in years of age achieved by the rugby players.

Deprivation group	Start age in rugby	Start age in supervised training	Start age in training regularly	Start age in leagues	Start age in non-rugby training	Hours in rugby by under-15 age group
1 (n = 104)	7.3 ± 2.2	7.8 ± 2.1	8.2 ± 2.3	9.9 ± 2.6	11.8 ± 1.4	2123 ± 1156
2 (n = 117)	7.9 ± 2.5	8.0 ± 2.5	8.4 ± 2.3	10.4 ± 2.5	12.2 ± 1.2	2096 ± 1526
3 (n = 147)	7.9 ± 2.7	8.5 ± 2.5	9.0 ± 2.6	10.5 ± 2.4	12.3 ± 1.2	1962 ± 1335
4 (n = 110)	8.1 ± 2.3	8.3 ± 2.2	8.8 ± 2.3	10.7 ± 2.6	12.2 ± 1.3	1878 ± 1175
5 (n = 72)	8.1 ± 2.3	8.4 ± 2.2	8.9 ± 2.3	10.7 ± 2.3	12.3 ± 1.1	1719 ± 1148
Combined (n = 590)	7.8 ± 2.5	8.2 ± 2.3	8.6 ± 2.4	10.4 ± 2.5	12.2 ± 1.3	1988 ± 1297