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Supplementary material

Semi-structured interview schedule

1. How important do you think physical activity is for adolescents with CF?
 - a. Why?
2. Who should be promoting physical activity for adolescents with CF?
3. How do you encourage adolescents to be physically active?
 - a. What information or issues do you consider when promoting physical activity?
 - b. How do you encourage those who are not motivated?
 - c. How effective do you think these approaches are? Why?
4. Can you give me an example of how you encourage adolescents to be physically active?
5. What advice do you give adolescents in relation to physical activity?
 - a. Type?
 - b. Frequency?
 - c. Intensity?
 - d. Anything else?
6. Do you use exercise testing?
 - a. When / with who?
 - b. What test do you use?
 - c. How do you use the results?
7. What factors best enable you to promote physical activity?
8. What do you think the biggest barriers are to adolescents with CF being physically active?
 - a. How would you help them overcome this?
9. In which situations / for which patients (if any) are you least likely to promote PA?
 - a. Why?

10. Is there anything you feel you need to improve physical activity promotion?

a. Is there any more information / training that would be useful?

11. Would any organisational or cultural changes facilitate the promotion of physical activity?

12. Is there anything else you want to say?