

Energy-based step selection analysis: modelling the energetic drivers of animal movement and habitat use

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Energy-based step selection analysis: modelling the energetic drivers of animal movement and habitat use

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Abstract

1. The energetic gains from foraging and costs of movement are expected to be key drivers of animal decision-making, as their balance is a large determinant of body condition and survival. This fundamental perspective is often missing from habitat selection studies, which mainly describe correlations between space use and environmental features, rather than the mechanisms behind these correlations.
2. To address this gap, we present a novel parameterisation of step selection functions (SSFs), that we term the energy selection function (ESF). In this model, the likelihood of an animal selecting a movement step depends directly on the corresponding energetic gains and costs, and we can therefore assess how moving animals choose habitat based on energetic considerations.
3. The ESF retains the mathematical convenience and practicality of other SSFs and can be quickly fitted using standard software. In this paper, we outline a workflow, from data-gathering to statistical analysis, and use a case study of polar bears (*Ursus maritimus*) to demonstrate application of the model.
4. We explain how defining gains and costs at the scale of the movement step allows us to include information about resource distribution, landscape resistance, and movement patterns. We further

demonstrate this process with a case study of polar bears, and show how the parameters can be interpreted in terms of selection for energetic gains and against energetic costs.

5. The ESF is a flexible framework that combines the energetic consequences of both movement and resource selection, thus incorporating a key mechanism into habitat selection analysis. Further, because it is based on familiar habitat selection models, the ESF is widely applicable to any study system where energetic gains and costs can be derived, and has immense potential for methodological extensions.

Key words: animal movement, energetics, energy landscapes, habitat selection, movement ecology, optimal foraging theory, polar bear, step selection functions

1 Introduction

2 Understanding the mechanisms behind the spatial distributions of animals is a core consideration for animal
3 ecology (Kays et al., 2015). In addition to other considerations (e.g., predator-avoidance), space use patterns
4 are largely driven by the movement decisions made by animals whilst foraging. To increase their chances
5 of survival, animals should distribute themselves in space so as to maximize their access to energetically
6 rich resources, while minimizing the costs of travel (Pyke et al., 1977; Pyke, 2019). Consequently, models
7 of animal movement often attempt to link space use to optimal foraging decisions, and to uncover the
8 eco-evolutionary mechanisms behind observed spatial patterns.

9 Energy-based models are a tool to assess how animals make decisions based on movement costs and asso-
10 ciated nutritional benefits. Despite long-standing interest in these fundamental mechanisms of space use, it
11 remains a challenge to consider both energy expenditure and acquisition in a unified framework (Owen-Smith
12 et al., 2010, but see Hooten et al. 2019). Optimal foraging research often focuses on foraging benefits, using
13 approximate measures of forage quality or resource availability (e.g. Bastille-Rousseau et al., 2020), which
14 may not be proportional to energetic gains. Even when energy intake can be evaluated more realistically
15 (e.g. the energetic profitability of resources combined with biomass; Fortin et al., 2003), movement costs
16 are often ignored or assumed to increase linearly with time and/or distance. In reality, the costs vary de-
17 pending on factors such as movement speed (Taylor et al., 1970), mode of transport (Griffen, 2018), and
18 environmental conditions (e.g. topography, weather, substrate; Crête & Larivière, 2003; Wilson et al., 2012).
19 Environmentally-varying movement costs can be quantified in a framework known as an energy landscape,
20 which can incorporate factors such as air velocity for birds (Shepard et al., 2013), water depth for diving
21 animals (Wilson et al., 2012), or habitat type (Pagano et al., 2020). Energy landscapes are useful to quantify
22 the energetic costs of moving through heterogeneous or dynamic environments, and there are clear benefits
23 to integrating them with foraging theory.

24 Habitat selection models assess how animals distribute themselves in space relative to environmental
25 features, and therefore may be modified to assess the energetic contributions of movement decisions. Re-
26 source selection functions (RSFs) have been used to jointly estimate the effects of foraging resources and
27 energetically-costly environmental features on large-scale space-use (Long et al., 2014). However, that ap-
28 proach does not explicitly model movement, and it therefore ignores costs incurred at the scale of the
29 movement step (i.e. movement between successive recorded locations). At this scale, animals may make
30 decisions primarily based on the need to maximize energy intake, minimize energy use, or balance the two

31 (Schoener, 1971; Shepard et al., 2009; Cornioley et al., 2016). Although the idea of energy-based move-
 32 ment models is not entirely new, methods remain analytically complex. For example, Hooten et al. (2019)
 33 described a movement model with a binary response “recharge” function (e.g. decision to move to food
 34 patch), based on a latent process for the physiological state of an animal (e.g. its satiation or cumulative
 35 energy balance). A simpler, yet effective, approach could be to extend step selection functions (SSFs; i.e.
 36 movement-based habitat selection models) to answer similar questions in a widely used, flexible framework.

37 In this paper, we propose an energy-based SSF, that we refer to in short-hand as the energy selection
 38 function (ESF). The ESF models the effect of energetic gains and costs on an animal’s movement decisions,
 39 therefore integrating movement and habitat selection in an energetic context. Mathematically, the ESF is
 40 a special case of SSFs, and can be implemented using standard logistic regression software, facilitating its
 41 uptake in applied studies. However, the ESF is conceptually different in defining movement and habitat
 42 availability through covariates that can be explicitly linked to energetic trade-offs in decision-making. To
 43 demonstrate our approach, we provide practical guidance to implement the ESF and define covariates, and
 44 further outline the workflow and interpretation through an illustrative case study of polar bears (*Ursus*
 45 *maritimus*) in the Beaufort Sea, Canada.

46 2 Materials and Methods

47 2.1 The ESF

48 We present the energy selection function (ESF) as an energy-based step selection model, quantifying responses
 49 to both energy gain and expenditure. The ESF defines the likelihood of a step ending at location \mathbf{y} given
 50 that it started at location \mathbf{x} as

$$51 \quad f(\mathbf{y}|\mathbf{x}) = \frac{w(\mathbf{x}, \mathbf{y})}{\int_{\mathbf{z} \in \Omega} w(\mathbf{x}, \mathbf{z}) d\mathbf{z}}, \quad (1)$$

52 where Ω is the study region, the denominator is a normalization constant that ensures the ESF likelihood is
 53 a probability density function with respect to \mathbf{y} (Forester et al., 2009; Potts et al., 2014), and with energy
 54 preference modelled as,

$$55 \quad w(\mathbf{x}, \mathbf{y}) = \exp\{\beta_1 G(\mathbf{x}, \mathbf{y}) - \beta_2 C(\mathbf{x}, \mathbf{y})\}. \quad (2)$$

56 In Equation 2, we refer to $w(\mathbf{x}, \mathbf{y})$ as the ESF, and $G(\mathbf{x}, \mathbf{y})$ and $C(\mathbf{x}, \mathbf{y})$ are the energetic gain and energetic
 57 cost of the step, respectively (illustrated in Figure 1). In this form, β_1 quantifies the selection for energetic
 58 gains $G(\mathbf{x}, \mathbf{y})$, formulated in terms of energetically beneficial resources, and β_2 is the strength of selection

59 *against* energetic costs $C(\mathbf{x}, \mathbf{y})$, formulated as habitat-specific movement costs (see Section 2.1.3 for guidance
 60 on how to define covariates). The likelihood can be optimised with respect to β_1 and β_2 , over all steps, to
 61 estimate the set of parameters that maximise the likelihood of an animal selecting the observed locations
 62 relative to the rest of the available habitat. The ESF can be viewed as a joint model of habitat selection
 63 (captured as selection for energetic gain) and movement (with selection against energetic costs).

64 When estimated together, the ESF parameters can provide support for different energy maximization
 65 strategies in optimal foraging theory: an increase in β_1 represents stronger selection for gains (i.e. stronger
 66 intake-maximization; Figure 1, scenario 1) and an increase in β_2 represents stronger selection against en-
 67 ergetic costs (i.e. stronger cost-minimization; Figure 1, scenario 2). Either of these outcomes represent
 68 strategies to maximize net energetic balance, and the ESF can assess whether animal movement is driven by
 69 gains, costs, or both. If $G(\mathbf{x}, \mathbf{y})$ and $C(\mathbf{x}, \mathbf{y})$ are in the same units, then β_1 and β_2 can be directly compared
 70 within the same model. However, even if the units are unknown, the ESF may still be used to compare
 71 how strategies vary between individuals, time periods (e.g. seasons), demographic groups (e.g. juveniles vs.
 72 adults), or any other ecologically-important grouping.

73 2.1.1 Comparison to other habitat selection models

74 The ESF uses the same basic modelling approaches as SSFs. Both models are used to analyse autocorrelated
 75 animal tracking data and describe habitat selection at the scale of the observed movement step. SSFs consider
 76 that movement constraints limit the habitat availability, and give the likelihood of a movement step ending
 77 at location \mathbf{y} given that it started at location \mathbf{x} in the study region Ω as

$$78 \quad f(\mathbf{y}|\mathbf{x}) = \frac{\Phi(\mathbf{y}|\mathbf{x})w(\mathbf{x}, \mathbf{y})}{\int_{\mathbf{z} \in \Omega} \Phi(\mathbf{z}|\mathbf{x})w(\mathbf{x}, \mathbf{z})d\mathbf{z}}. \quad (3)$$

79 The first term, $\Phi(\mathbf{y}|\mathbf{x})$, is the resource-independent movement kernel, which describes how an animal would
 80 move in a homogeneous landscape or in the absence of resource preference (Forester et al., 2009). The second
 81 term, $w(\mathbf{x}, \mathbf{y})$, is a weighting function and represents resource selection without movement constraints. The
 82 weighting function is typically defined as: $w(\mathbf{x}, \mathbf{y}) = \exp\{\boldsymbol{\beta} \cdot \mathbf{h}(\mathbf{x}, \mathbf{y})\}$, where $\boldsymbol{\beta}$ is a vector of parameters
 83 representing the strength of selection for $\mathbf{h}(\mathbf{x}, \mathbf{y})$, a vector of habitat covariates. Therefore, the step density
 84 of an SSF model is the product of resource selection $w(\mathbf{x}, \mathbf{y})$ and movement $\Phi(\mathbf{y}|\mathbf{x})$.

85 The ESF can be viewed as a special case of an SSF, where $w(\mathbf{x}, \mathbf{y})$ is based on two energetic covariates, and
 86 where $\Phi(\mathbf{y}|\mathbf{x})$ can be viewed as an “energy-independent” movement kernel, which is uniform over the whole
 87 study region (i.e. it cancels out in Equation 3). We consider $\Phi(\mathbf{y}|\mathbf{x})$ to be uniform based on the assumption

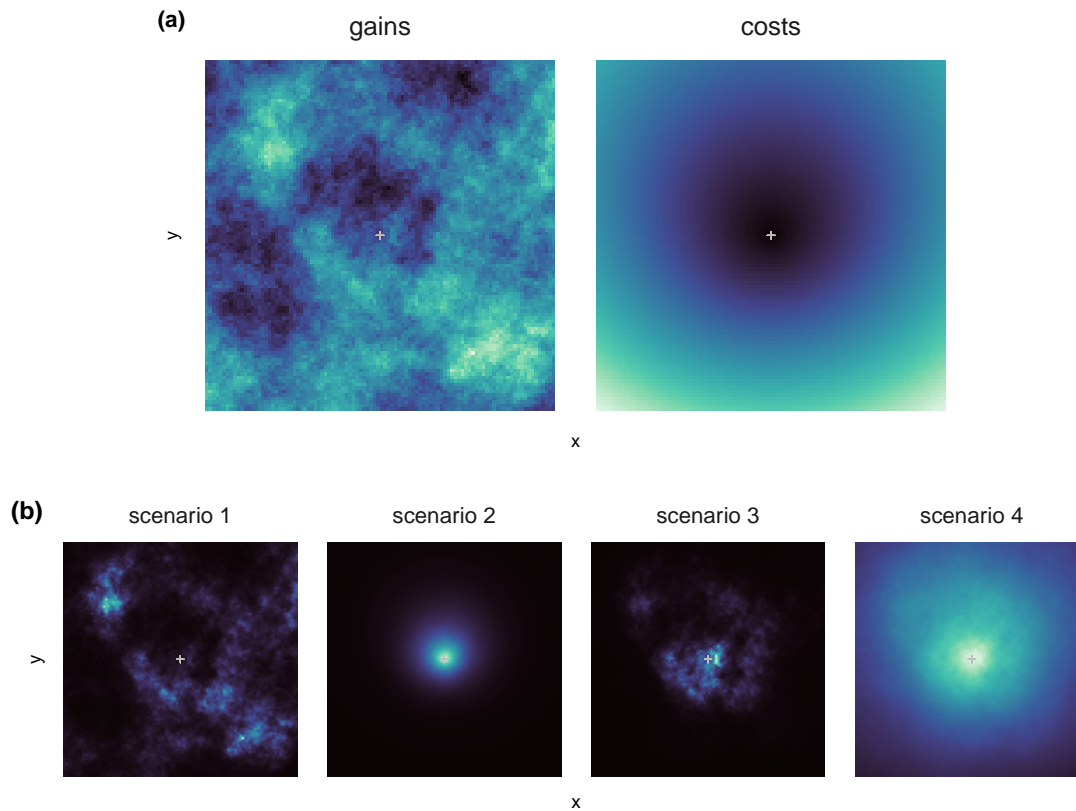


Figure 1: (a) Simulated rasters of energetic gains and energetic costs, and (b) corresponding ESFs. In (a), energetic gains were simulated as a random covariate field and energetic costs were defined as a product of the step length and turning angle from the central location (+), assuming that the animal was facing up the y-axis before turning. In (b), the ESF was calculated as $ESF = \exp(\beta_1 \times gains - \beta_2 \times costs)$ with different values of β_1 and β_2 to represent different movement scenarios: scenario 1 represents movement driven primarily by gain-maximisation (high β_1 , low β_2), scenario 2 represents movement driven primarily by cost-minimisation (high β_2 , low β_1), scenario 3 represents movement driven strongly by both gains and costs (high β_1 , high β_2), and scenario 4 represents a low effect of both (low β_1 , low β_2). In all panels, lighter colours represent higher values.

88 that, in the absence of energetic constraints (i.e. a hypothetical animal that can move arbitrarily fast without
 89 expending energy), animals could travel anywhere in the study region. Here, selection against costs defines
 90 a movement model, as $C(\mathbf{x}, \mathbf{y})$ can account for aspects of animal movement that affect energy expenditure
 91 (e.g. speed and tortuosity). For a simple example, in the absence of selection for gains ($\beta_1 = 0$) and if the
 92 costs are proportional to the step length squared, the ESF reduces to a Gaussian random walk with variance
 93 inversely proportional to β_2 (Appendix A). Regardless of the exact cost formulation, the ESF eliminates the
 94 need to make the assumption that availability is known, as this is captured by the selection against energetic
 95 costs. Therefore, similar to integrated step selection analysis (iSSA; Avgar et al., 2016), the ESF circumvents
 96 the difficulty of defining availability in habitat selection studies (Beyer et al., 2010), while simultaneously
 97 assessing energetic processes. For this reason, it stands in contrast with the approach of Latombe et al.
 98 (2014), where the ratio of gains over costs was included as a covariate in an SSF with a non-uniform function
 99 Φ (based on empirical distributions of step lengths and turning angles). That model measures the effects
 100 of gains and costs once movement constraints have been accounted for, rather than integrate all aspects of
 101 movement and habitat selection into energetic variables.

102 2.1.2 Implementation

103 Consider a set of locations of an animal $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n\}$. The ESF defines the likelihood of the entire track
 104 as $L(\beta_1, \beta_2 | \mathbf{x}_1, \dots, \mathbf{x}_n) = \prod_{i=1}^{n-1} f(\mathbf{x}_{i+1} | \mathbf{x}_i)$, where $f(\mathbf{x}_{i+1} | \mathbf{x}_i)$ is the likelihood of a single step (Equation
 105 1). In many cases, the exact likelihood is computationally intractable, as it includes the integral of w over
 106 the study region Ω . In practice, we can approximate this likelihood using a case-control (i.e. use-availability)
 107 design (Forester et al., 2009; Thurfjell et al., 2014). Case-control designs contrast habitat characteristics at
 108 locations where the animal went (i.e. what it used) with where it could have gone (i.e. available habitat),
 109 and they are common in habitat selection analyses. For each observed location \mathbf{x}_i (hereafter, a case), we
 110 generate a set of random locations (hereafter, controls) which represent a sample of the available habitat.
 111 Using Monte Carlo integration over the control locations $\{\mathbf{z}_{i1}, \mathbf{z}_{i2}, \dots, \mathbf{z}_{iK}\}$, we calculate the approximate
 112 likelihood as

$$113 \quad \tilde{L}(\beta_1, \beta_2 | \mathbf{x}_1, \dots, \mathbf{x}_n) = \prod_{i=1}^{n-1} \frac{w(\mathbf{x}_i, \mathbf{x}_{i+1})}{\sum_{k=0}^K w(\mathbf{x}_i, \mathbf{z}_{ik})}, \quad (4)$$

114 where we define $\mathbf{z}_{i0} = \mathbf{x}_{i+1}$.

115 This numerical integration requires sampling control locations $\{\mathbf{z}_{i1}, \mathbf{z}_{i2}, \dots, \mathbf{z}_{iK}\}$ from a uniform distri-
 116 bution across the whole habitat, Ω , which can be computationally intensive if Ω is large. To reduce the

117 computational cost, we notice that the ESF (Equation 2) will typically be negligible when z_{ij} is sufficiently
118 far from the starting point of the step, \mathbf{x}_i (i.e. as costs get very large). We therefore generate control lo-
119 cations over a sufficiently large neighbourhood of the start point (i.e. a disc of radius R) to obtain a good
120 approximation of the likelihood (Appendix B). In most cases, it may be sufficient to choose R to be slightly
121 larger than the animal's longest observed step, based on the assumption that the likelihood of a step longer
122 than this is negligible (see Appendix B for evaluation of R size). This sampling is not a model of movement
123 or availability (e.g. as in Arthur et al., 1996). Rather, we use control locations over a disc for computational
124 convenience, and the availability can be viewed as arising from the effect of energetic costs on movement,
125 $C(\mathbf{x}, \mathbf{y})$. Replacing Ω by a disc of radius R can be viewed as a special case of importance sampling, to
126 increase the precision of the Monte Carlo integration in Equation 4.

127 Given that the ESF uses the same general formulation and case-control design as SSFs, model fitting can
128 be done using the same statistical techniques and software. We can estimate β_1, β_2 with maximum likelihood
129 estimation (MLE), with regards to Equation 4, using numerical optimizers (e.g. *optim* in R) or software for
130 conditional logistic regression (e.g. the R function *clogit*, package *survival*). Therefore, implementation is
131 fast and based on techniques that many practitioners may be familiar with. In Appendix D, we verify these
132 implementation methods with a technical simulation, which showed accurate inferences under different levels
133 of spatial autocorrelation and number of control locations used (Figure S5).

134 2.1.3 Defining the energetic covariates

135 The ESF is applicable to any system where there is adequate energetic data, and the covariates must be
136 formulated specifically to each study. Gains, G , and costs, C , need to be defined in units of energy (which
137 could be standard units such as kJ or any other convenient unit), based on ecological and physical principles.
138 Here, we focus on the energetic gains of foraging and costs of movement, but the approach can be extended
139 if other environmental factors (e.g. temperature, weather) are important to energy gain or expenditure. In
140 fact, we may not always be able to or even want to include all aspects of energetics, particularly when
141 they are not important for inferences (e.g. when they are consistent between individuals and/or are not
142 dependent on habitat). These covariates should be formulated carefully, as the inferences from the ESF
143 necessarily depend on the quality of the estimated energetic variables. Definitions of G and C rely on
144 carefully evaluating complex interactions between movement and habitat, and mischaracterization may lead
145 to parameter estimates that do not truly represent energy selection.

146 Energetic gains mainly arise from the consumption of energetically beneficial resources, whose distribution

147 can be derived from environmental data (e.g. NDVI, prey or vegetation biomass; Fortin et al., 2003; Pilfold
148 et al., 2014). Many recent studies have presented methods to derive energy intake of herbivores at the
149 scale of a movement step based on vegetation biomass (Latombe et al., 2014; Merkle et al., 2014; Brooke
150 et al., 2020; Duparc et al., 2020). Metrics will contain relevant information to represent consumable and
151 digestible biomass, and more than one resource can be incorporated into G if they are weighted based on
152 their energetic contribution. Furthermore, resources may be combined with movement data, in cases with
153 strong empirical or hypothesized relationships between foraging potential and movement speed (Figure S4).
154 Under this formulation, we can evaluate selection for foraging resources under a common energetic currency,
155 rather than preference for individual resources.

156 Energetic costs will typically be formulated primarily in terms of movement (tortuosity and speed; Taylor
157 et al., 1970; Wilson et al., 2013), which can be quantified from geographical positioning system (GPS)
158 location data. To inform the costs of movement steps, GPS metrics can be combined with captive studies
159 (e.g. treadmills; Bidder et al., 2017) and field measures that more directly measure energy expenditure
160 and behaviour (e.g. doubly-labelled water, heart rate, dynamic body acceleration; Pagano & Williams, 2019;
161 Wilson et al., 2020). The cost of movement is also affected by habitat factors, such as substrate penetrability
162 (soft vs. hard; Crête & Larivière, 2003), slope (Halsey, 2016), and resistivity (e.g. wind and water currents;
163 Shepard et al., 2013). Therefore, habitat features and movement data can be combined into a synthetic
164 model of energy expenditure (see Section 2.2, Figure S4) or correlated to field measures to estimate the
165 energetic costs of control steps.

166 2.2 Case study

167 In this section, we present a case study of polar bears as an example of the ESF framework, in which we detail
168 the process to define the energetic covariates and draw inferences. Polar bears are apex predators that forage
169 on fat-rich prey (primarily seals) and inhabit highly dynamic sea ice environments. They have pronounced
170 seasonal patterns of energy acquisition (i.e. hyperphagia in the spring followed by a hypophagic period;
171 Pilfold et al., 2012), as well as high energy expenditure associated with locomotion (Hurst et al., 1982a).
172 Additionally, movement costs can be highly affected by the local sea ice conditions, such as ice concentration
173 and drift speed (Durner et al., 2017; Griffen, 2018). Although these spatiotemporal interactions indicate
174 that energetics may largely influence polar bear movement and space use, these mechanisms have yet to
175 be analysed in a framework that considers selection of gains and costs. In our case study, we applied
176 the ESF to solitary adult (> 5 years old) GPS-collared female polar bears in the Canadian Beaufort Sea.

177 We used tracking data at a 4-hour resolution from the spring (March - June) of 2007-2011 (Figure 2; see
178 Appendix E.1 for details of the study area, data acquisition, and data processing). All field research was
179 conducted under Government of Northwest Territories Department of Environment and Natural Resources
180 permits (WL003322, WL005372, WL005596, WL007376) and animal handling procedures were approved
181 by the University of Alberta BioSciences Animal Care and Use Committee. We estimated energetic gains
182 from an energetically-weighted RSF of seal kills, and develop a cost model for use with GPS telemetry data.
183 Therefore, we consider polar bear energetics at the scale of movement-based habitat selection.

184 **2.2.1 Energetic gains G**

185 Polar bears forage primarily on ringed seals (*Pusa hispida*) and bearded seals (*Erignathus barbatus*), par-
186 ticularly during a hyperphagic period from mid-April to June (Pilfold et al., 2012). Therefore, we derived
187 energetic gains from an RSF model of forage quality that covered our study (2007 – 2011) from Pilfold et al.
188 (2014). This RSF modelled locations of seals killed by polar bears, weighted by biomass, relative to habitat
189 characteristics. The most important habitat covariates in the weighted RSF model were distance from land,
190 bathymetry, distance from shorefast ice boundary, regional sea ice concentration, floe edge, and ice type (for
191 details, see Pilfold et al., 2014). Because the RSF incorporated both seal kill biomass and abundance, we
192 assumed the RSF value to be proportional to energetic return. We extended the temporal and spatial extent
193 of the original rasters, but not beyond the original range of habitat characteristics and season (Figure 2),
194 and we created daily rasters which encompassed approximately 100km off-shore along the coast of Alaska
195 and Canada (from approximately 160°W to 115°W), including the Amundsen Gulf and regions adjacent to
196 Banks Island. The resolution of the rasters was 6.25km and RSF values were zero in locations where sea ice
197 was absent.

198 **2.2.2 Energetic costs C**

199 We formulated costs based on the movement costs of captive polar bears, combined with environmental
200 covariates to represent field conditions (Figure 3). Telemetry locations arise from a combination of active
201 bear movement and passive displacement caused by ice drift. Therefore, we defined a step as the active
202 bear movement between telemetry locations, corrected for ice drift following Klapstein et al. (2020), using
203 drift data from the National Snow and Ice Data Center (Polar Pathfinder Daily 25km EASE-Grid Sea Ice
204 Motion Vectors; Tschudi et al., 2019). In the following, we used the GPS locations to evaluate environmental
205 variables, whereas we used the tracks corrected for ice drift to measure movement speed. At each step, a

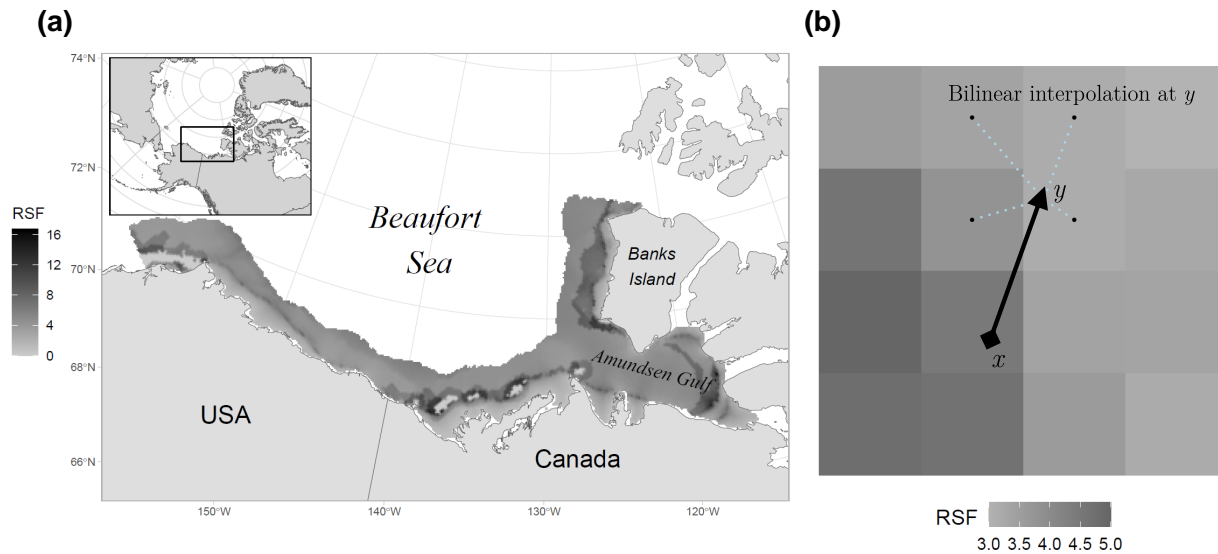


Figure 2: Illustration of energetic gains in polar bear case study. (a) Map of study area overlaid with an example of the seal biomass RSF. (b) Schematic representation of energetic gain evaluation for a step from x to y , using bilinear interpolation at y based on the four adjacent cells (black dots).

206 bear can either be swimming or walking on sea ice, which have different energetic costs (e.g. Griffen, 2018;
 207 Pagano et al., 2018). Using spring/summer (March - August) aquatic sensor data from Lone et al. (2018), we
 208 modelled the relationship between the proportion of time in water and sea ice concentration as a generalized
 209 additive model (GAM) in the *mgcv* R package (Wood, 2017). This model does not have an intercept at 1,
 210 as expected, suggesting that time spent in water may be underestimated for low ice concentration (Figure
 211 3b). This can be partially explained by the tendency of satellites to underestimate ice concentration
 212 (e.g., Castro de la Guardia et al. 2017 found that bears were still on ice when satellite imagery indicated
 213 ice concentration of 0%). Although underestimation of time spent in water could result in conservative cost
 214 estimates, it is the best data available. Using this GAM, we estimated proportion of time spent in water for
 215 each polar bear step, based on its interpolated ice concentration value (AMSR-E 3.125 km grid Version 5.4;
 216 Spreen et al., 2008), and assumed the proportion of time in water to be the same as the proportion of the
 217 distance travelled. Lastly, we modelled the relationship between travel speed and energy expenditure, using
 218 combined estimates from five treadmill studies (Øritsland & Jonker, 1976; Hurst et al., 1982a,b; Watts et al.,
 219 1991; Pagano et al., 2018). These data included resting metabolic rates and accounted for the weight of the
 220 bear. We modelled energy expenditure as a function of walking speed as a GAM with a gamma response
 221 distribution and a positive monotonic constraint in the R package *scam* (Pya & Wood, 2015). When the bear

222 was assumed to be walking, the cost was derived directly from this curve, and when the bear was swimming,
223 we multiplied this cost by five to represent the higher energy expenditure (Griffen, 2018). Importantly, our
224 modelling approach estimated similar daily costs as those obtained from doubly-labelled water (Figure S9;
225 Pagano & Williams, 2019).

226 As suggested in Section 2.1.3, movement tortuosity (i.e. turning angle) may also affect the costs of
227 movement, and this effect could be included in analyses of high-resolution movement data (Wilson et al.,
228 2013). Although small-scale tortuosity might not appear at a 4-hour resolution, directional persistence may
229 be in place even at this coarser scale, due to large-scale targets of attraction (e.g. foraging patches, mating
230 sites), environmental features (e.g., the floe edge), or behaviours (e.g. migration, site fidelity), on which we
231 do not have sufficient information. In principle, if the energetic return of large-scale processes was known, it
232 could be captured using a multi-scale ESF similar to the approach of Bastille-Rousseau et al. (2018). Instead,
233 in Appendix F, we show how turning angle can be incorporated as a separate term in the ESF (similar to
234 Avgar et al., 2016; Brooke et al., 2020) that encapsulates in a single energy-agnostic term all the drivers
235 of directional persistence about which we do not have information, and compare this to the ESF presented
236 below.

237 **2.2.3 Fitting the ESF**

238 We eliminated locations that were outside the spatiotemporal extent of the seal raster (Figure 2), which
239 removed 34.1% of all locations (Figure S6). We generated 20 control locations on a disc around each
240 observed location, with radius $R = 1.1 \times l_m$, where l_m is the maximum step length of all observed locations
241 (see Appendix B for justification of R and Appendix D for number of controls). We calculated energetic
242 gains and costs of each step as described above, using environmental covariate values at each end location.
243 We omitted steps from analysis when there were ≥ 10 control locations without an energetic gain estimate
244 (i.e. outside the raster extent) and accounted for this in the ESF likelihood. We fitted the ESF with the
245 *clogit* function (from the R package *survival*) separately for each individual bear. Following Forester et al.
246 (2009), we calculated robust standard errors to account for residual autocorrelation, which can lead to the
247 underestimation of variance (details in Appendix G). We used Monte Carlo cross-validation to investigate
248 the predictive performance of the model (as described by Fortin et al., 2009, full details in Appendix H).
249 The general idea of cross-validation is to repeatedly fit the model to a random subset of the data (training
250 data set), and check how frequently it correctly distinguishes between the observed steps and control steps in
251 the remaining data (validation data set). The output of each iteration of this procedure is a Spearman rank

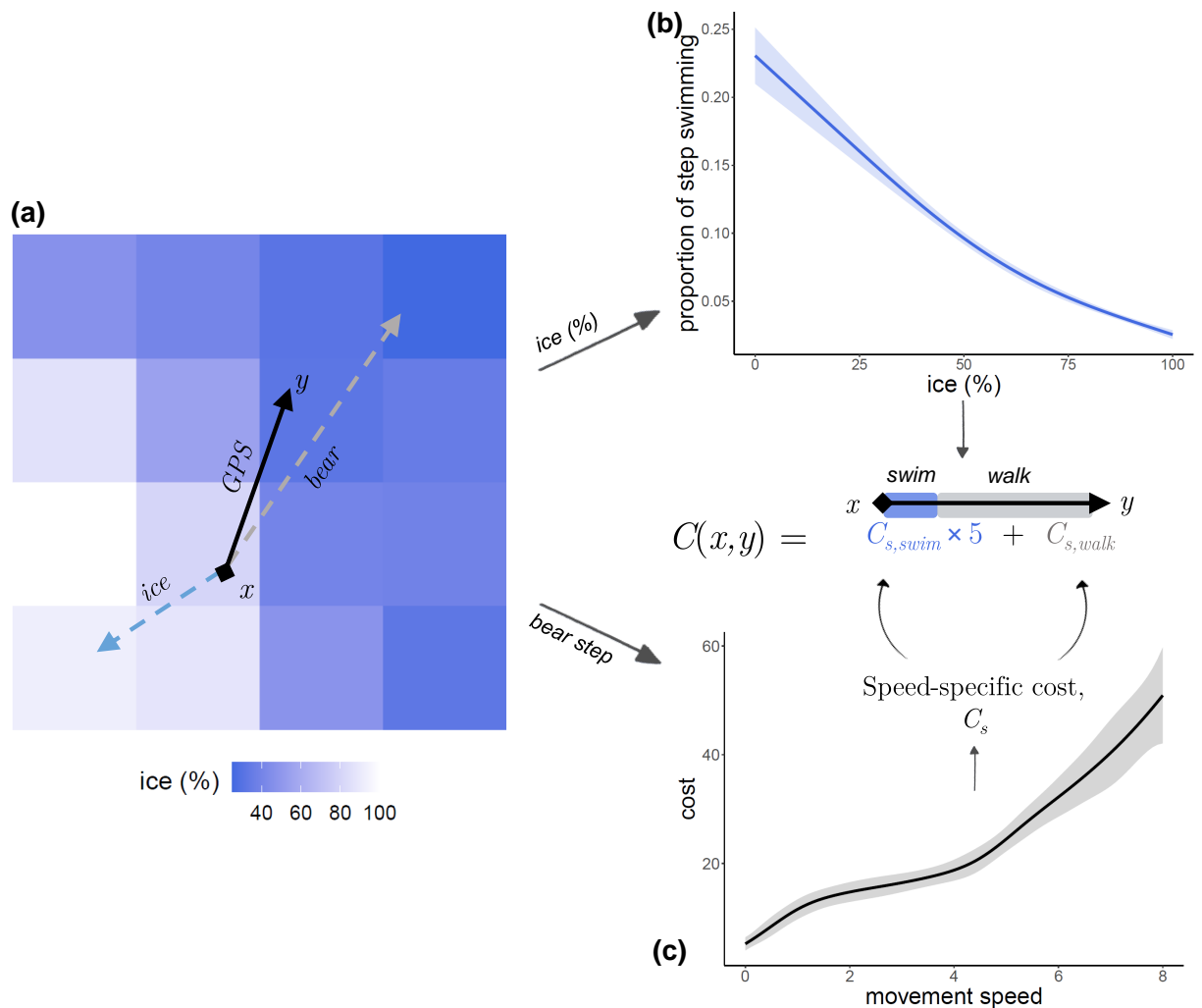


Figure 3: Schematic illustration of energetic cost evaluation in the polar bear case study, for an observed step starting at x and ending at y . (a) Arrows represent the observed movement step (black; GPS), ice drift (blue dashed; ice), and actual bear movement (grey dashed; calculated as GPS - ice). Ice concentration (%) is estimated at y with bilinear interpolation (illustrated in Figure 2b). (b) Modelled relationship between ice concentration (ice %) and the proportion of the step spent swimming based on Lone et al. (2018). We use the estimated ice % from (a) to estimate the proportion of the bear step spent swimming and walking. (c) Modelled relationship between polar bear movement speed (km/h) and energetic cost (kJ/kg/h) from treadmill studies. Using the bear speed and weight, we calculate C_s for the step. $C_{s,swim}$ and $C_{s,walk}$ are C_s multiplied by the proportion of time in each behaviour. The total energy expenditure of the step $C(x, y)$ is the sum of $C_{s,swim}$ multiplied by 5 (to represent the higher costs of swimming) and $C_{s,walk}$.

252 correlation coefficient, $-1 \leq r_s \leq 1$, which measures how consistently the case locations of the validation
253 data set are ranked higher than the corresponding control locations. If the model has high predictive power,
254 then the rank of the case locations is high and this is reflected in a high Spearman rank correlation coefficient,
255 i.e., close to 1. For comparison, we also repeated this procedure on the control locations only (i.e., without
256 the case) to assess how often a random location would be chosen by chance alone.

257 **2.2.4 Comparison to an SSF**

258 To illustrate how an SSF based on environmental features differs from the ESF, we fitted an SSF model
259 (given by Equation 3), with non-energetic covariates and a resource-independent movement kernel $\Phi(\mathbf{y}|\mathbf{x})$
260 derived from the polar bear tracking data. We included environmental covariates that contribute to G and
261 C , but in a non-energetic form that are more typical in polar bear habitat selection analyses (e.g., McCall
262 et al., 2016; Johnson & Derocher, 2020). Ice concentration is an important covariate for two reasons: i) it
263 is a central component of C (i.e. it determines the proportion of time swimming; Lone et al., 2018), and ii)
264 it is an important predictor in the seal RSF of G (i.e. there is a quadratic effect of ice concentration, which
265 predicts highest biomass at approximately 85%; Pilfold et al., 2014). Therefore, we included both a linear
266 and quadratic effect of ice concentration (ice and ice^2). We also included ocean depth ($depth$), interpolated
267 from the International Bathymetric Chart of the Arctic Ocean (Version 4; Jakobsson et al., 2020), which
268 contributes to energetic gains (i.e. greater seal kill biomass at greater depths; Pilfold et al., 2014). Lastly,
269 we included sea ice drift speed ($drift$) as a covariate, as it affects the costs of moving any given geographic
270 distance (Durner et al., 2017; Klappstein et al., 2020). We fitted the SSF using the same implementation
271 techniques as the ESF, but generated controls based on the observed movement of the polar bears: we fitted
272 a gamma distribution to step lengths and a wrapped Cauchy distribution to turning angles, and used these
273 to randomly sample 20 control locations for each observed (case) location (as in Forester et al., 2009). We
274 fitted and tested the predictive power of an SSF with cross-validation for each individual, following the same
275 procedures described in Section 2.2.3.

276 **3 Results**

277 **3.1 ESF results**

278 We analysed 7,526 GPS steps from 23 GPS-collared adult female polar bears (steps per individual: 78–946).
279 Among case steps, the median energetic gain was 4.4 (range: 0–20.3; arbitrary units, assumed to be

280 proportional to energy), while controls had a median energetic gain of 4.3 (range: 0 – 28.1). The median
 281 energetic cost of case steps was 8.1 MJ (range: 3.3 – 44.1 MJ) and control steps had a median cost of 19.7
 282 MJ (range: 3.6 – 124 MJ). The median β_1 estimate was 0.10 (range –0.32, 0.96), with three estimates with
 283 95% CIs that did not overlap zero (Figure 4). Of these, two bears appeared to select for energetic gains
 284 ($\beta_1 \pm \text{SE} = 0.42 \pm 0.14$; 0.40 ± 0.17) and one bear appeared to select against energetic gains ($\beta_1 \pm \text{SE} =$
 285 -0.32 ± 0.16). Conversely, all β_2 estimates showed a selection against costs, with a median of 0.57 (range
 286 0.27, 0.96), and no CIs overlapped zero. For every individual, cross-validation indicated that the ESF better
 287 predicted polar bear movement than what would be expected by chance (i.e. mean individual r_s was always
 288 larger for the observed than random). Across all individuals, mean r_s (range) was 0.56 (0.17, 0.88) for
 289 observed and -0.009 ($-0.69, 0.64$) for random. Further, we performed cross-validation on both a gain-only
 290 and a cost-only model, which showed generally low predictive power of energetic gains and higher predictive
 291 power of energetic costs (Appendix H.1).

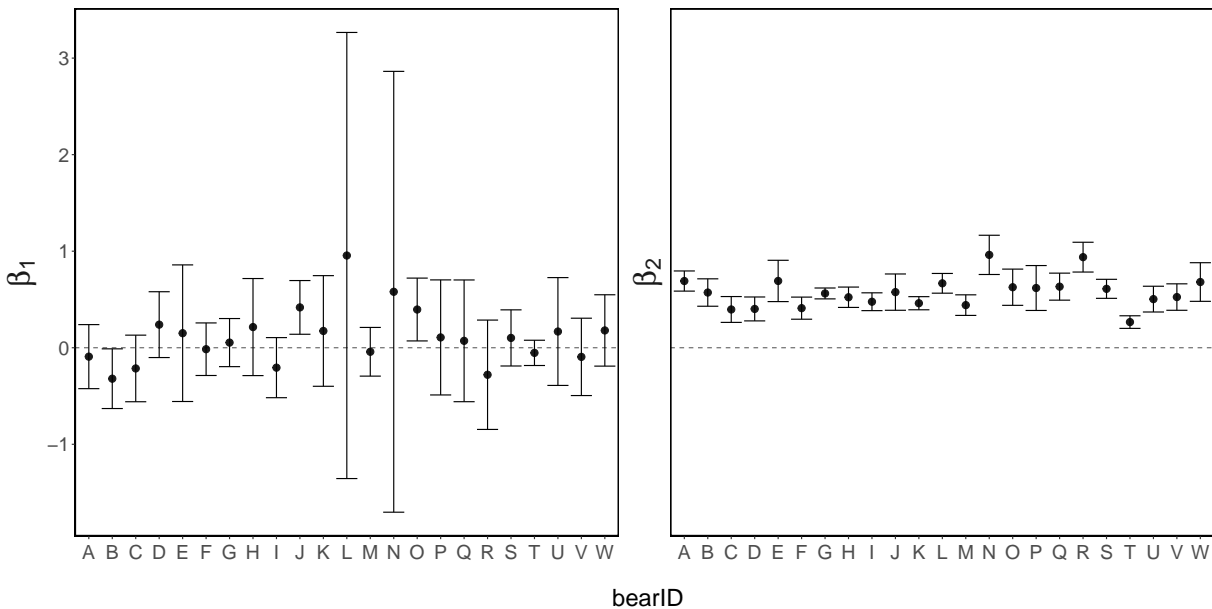


Figure 4: Estimated β_1 (selection for gains) and β_2 (selection against costs) coefficients of lone adult female polar bears ($n = 23$). Error bars are robust 95% CIs.

292 3.2 SSF results

293 Of the 23 individual bears, 8 had a statistically clear linear effect of ice concentration (i.e., robust 95% CIs
 294 for β_{ice} did not overlap 0), 7 of which also showed evidence of a quadratic effect (i.e., ice^2). For these 7

295 bears, estimates of β_{ice} were all positive (median: 8.05, range: 4.80 to 15.0), and estimates of β_{ice^2} were all
296 negative (median: -5.59, range: -8.83 to -1.39). These results indicate that some bears select for an optimal
297 range of ice concentration, which we estimated to range from 61% to 100%. Ocean depth was only found
298 to be an important predictor for 2 bears, 1 with a clear positive effect (i.e. selection for shallower regions;
299 $\beta_{depth} \pm SE = 3.08 \pm 0.99$) and 1 with a clear negative effect ($\beta_{depth} = -20.3 \pm 9.70$). Ice drift only had a clear
300 negative effect for 1 bear ($\beta_{drift} = -3.95 \pm 1.62$), and all other estimates had robust CIs that overlapped
301 0. Here, we only presented the ranges of estimates (across individuals) with statistically clear effects, but
302 full results including uncertainty are in Figure S11 of the supplementary material. Cross-validation scores
303 indicated that the SSF did not better predict polar bear movement better than would be explained by
304 random chance alone: individual mean Spearman rank correlation coefficients (r_s) of case locations had a
305 mean of 0.02 (range: -0.75 to 0.74), whereas the controls (proxy for random) had a mean of -0.07 (range:
306 -0.29 to 0.64). Note, these cross-validation results cannot directly be compared to those of the ESF, due to
307 differences in null models (i.e. distribution of control locations), but see Appendix I for an AIC-based model
308 comparison.

309 4 Discussion

310 Our proposed method to estimate the energy preferences of animals is similar to recent approaches to
311 combine movement and habitat (Avgar et al., 2016; Michelot et al., 2019), but the ESF uniquely integrates
312 both factors into energetic covariates. Therefore, the ESF adopts a purely energetic perspective, moving
313 away from habitat selection analyses that focus on environmental attributes. In this discussion, we start
314 with an interpretation and contextualisation the results of the polar bear case study, followed by a more
315 general discussion of the ESF method.

316 4.1 Discussion of the polar bear case study

317 In the case study, we found a strong pattern of selection against energetic costs in all individuals, but only
318 three showed evidence of selection for ($n = 2$) or against ($n = 1$) energetic gains. There was large uncertainty
319 in β_1 for most bears. One possible factor is that, if the values of gains for case and control locations did
320 not cover a wide enough range, it would provide little information about the effect. This can happen when
321 spatial autocorrelation in the covariate is high, or if the raster grid cells are large compared to observed steps,
322 such that most steps do not overlap multiple cells (Boyce et al., 2003; Boyce, 2006; Northrup et al., 2013).

323 As both gains and costs incorporate ice concentration, we assessed the collinearity between the energetic
324 covariates. Although we only found a low to moderate correlation (Pearson correlation = -0.3), this might
325 have inflated the uncertainty of the parameter estimates. Further, the energetic covariates were imperfect
326 representations of intake and expenditure; we defined gains from an RSF model, which is only an estimation
327 of the true prey availability (Pilfold et al., 2014), and cost estimates were also model-based. The error in
328 these covariates could lead to either an underestimation of effects (e.g. if bears do select for seals, but the
329 gains do not accurately represent this), or overestimation of effects, as we did not propagate this covariate
330 error when estimating uncertainty. In studies where the energetic gains can be more directly measured (e.g.
331 ungulates and vegetation biomass; Brooke et al., 2020), we expect that the corresponding selection parameter
332 may be estimated more precisely, leading to more detailed insights into movement strategies of animals.

333 Our results suggest that movement of the solitary female polar bears in our study was driven by reducing
334 energy expenditure (i.e. cost-minimisation), but we found little evidence of an effect of energetic gains (i.e.
335 gain-maximisation). Cost-minimisation could arise due to high predictability of energetic costs, based on
336 internal factors and mechanical movement constraints, while intake-maximisation would require polar bears
337 to have knowledge of the unpredictable seal distribution (Ramsay & Stirling, 1986). At the landscape level,
338 polar bear distribution correlates positively to seal kill biomass (Pilfold et al., 2014), but we did not observe
339 this at the scale of the movement step, which may be reflective of local variability in the probability of
340 killing a seal. This is similar to the general observation of Fryxell (1997) that “sloppy foragers” (i.e., animals
341 whose movement is primarily determined by cost-minimisation rather than gain-maximisation) tend to do
342 well in situations where the distribution of energetic gains is unpredictable. Although all estimates of β_2
343 were positive, there was some inter-individual variability: for an increase in costs of 1MJ (with fixed gains),
344 the likelihood of taking a step decreased by 24% (i.e., lowest β_2) to 62% (i.e., highest β_2). This variability in
345 selection against costs reveals differences in movement behaviour, suggesting that some bears are more averse
346 to the energetic risk of costly steps. The absence of a statistically clear effect of energetic gains could also
347 be due to temporal variation in foraging behaviour. Polar bears do not enter the main foraging period until
348 mid-April (Pilfold et al., 2012), solitary females forage less when sequestered into less favourable habitats
349 by courting males (for up to 18 days at a time; Stirling et al., 2016), and larger-scale drivers such as site
350 fidelity (Mauritzen et al., 2001) could also dominate movement patterns. However, we did not directly test
351 these hypotheses, which could be investigated in future research.

352 The energetic inferences are fundamentally different from those of the SSF, the latter of which measures
353 selection for environmental features separated from their energetic interpretation. Of the covariates included

354 in the SSF, ice concentration had the most common effect and indicated that bears select for an optimal level
355 of ice cover. However, because ice concentration is detached from energetics, it is unclear to what extent this
356 effect is explained by avoidance of open water (i.e., costs) or selection of seal-rich areas (i.e., gains). Sea ice
357 movement poses an additional challenge for applying a standard SSF, as it is unclear whether the movement
358 kernel Φ should be based on the observed GPS steps or the drift-corrected steps. Both definitions of Φ
359 are flawed: the observed steps (our chosen approach) are poor descriptors of the bear's movement because
360 they include ice drift, and while the drift-corrected steps account for this problem, they cannot be tied to
361 spatial locations where the bear was. This standard SSF formulation separates drift from its contribution
362 to energetic costs, which depends on both speed and directionality, and we therefore lose information about
363 how bears move relative to ice.

364 4.2 General discussion and future directions

365 In our case study, we demonstrated how the ESF can be used in a system where movement and habitat
366 are related to energetics through complex interactions, and derived energetic costs based partially on the
367 effects of a moving environmental substrate. Animal movement in moving habitats is an under-explored area
368 of habitat selection modelling, for which the ESF provides an integrated solution. Without this integrated
369 approach, energetic contributions of movement and habitat are typically modelled separately. Therefore,
370 the ESF provides a parameterisation, with convenient implementation procedures, to obtain energy-based
371 inferences that are conceptually different from the environment-based inferences of SSFs. Since the ESF is
372 a movement-based model, its inferences differ from previous work linking energetics to RSFs that cannot
373 directly incorporate the costs of locomotion (e.g. Long et al., 2014). Eisaguirre et al. (2020) used a two-stage
374 energetic approach to incorporate costs into the SSF availability kernel to estimate the selection for resources
375 once such costs had been accounted for. Therefore, Eisaguirre et al. (2020) can account for bias in habitat
376 selection parameters when animals make energetic trade-offs; for example, in a case where the acquisition of
377 an energy-rich resource requires moving through a highly resistive habitat, ignoring the increased energetic
378 costs may lead to underestimating the resource selection parameter. The ESF can be used to achieve a
379 similar goal, but offers a one-stage integrated solution where gains and costs are combined directly into the
380 selection function. Therefore, in contrast to Eisaguirre et al. (2020), the ESF treats energetic mechanisms as
381 the goal of inference. The approach of Hooten et al. (2019) has a similar motivation of describing the effects
382 of physiological processes on animal movement. In their framework, the effects of environmental features on
383 energetic balance are estimated during model fitting, whereas we assume that they are known from data.

384 Their approach therefore allows for more detailed inferences into underlying physiological mechanisms, and
385 may be more appropriate when the gains and costs cannot be evaluated *a priori*. The ESF offers an alternative
386 to understand the contribution of energy to observed space use patterns in the standard framework of SSFs.

387 Inherently, step selection analyses are sensitive to the spatial and temporal scale of the telemetry and
388 covariate data (Munden et al., 2021). In the ESF, the spatial scale of the energetic covariates needs to be
389 fine enough that it is possible to observe preference at the scale of the observed movement steps. When
390 covariate data is coarse or spatially autocorrelated, contrast between case and control locations may be low
391 and provide little evidence of selection (Northrup et al., 2013). Another feature of step selection models
392 is that the temporal resolution of the tracking data determines the scale at which the animal's behaviour
393 is examined (Bastille-Rousseau et al., 2018). For example, selection for foraging resources at the scale of
394 the landscape (e.g. this case study) or energy accumulation over a long period (e.g. in the case of kill
395 sites) may not be apparent at the scale of finer resolution movement steps. The interpretation of the ESF
396 parameters is therefore tied to the time interval of observation, and lack of evidence for selection at the
397 movement step may not translate to a biologically relevant time-scale. Thoughtful selection of intervals
398 between telemetry locations, continuous-time analogues of SSFs, and high-frequency data may prove useful
399 to overcome these scale dependencies. We hope this study will motivate the collection of more precise data,
400 suited to understand the energetic mechanisms behind animal space use (see Williams et al., 2020, for a
401 review of available technologies).

402 The ESF has great potential for methodological extensions, due to its close theoretical and practical
403 links to existing methods (SSFs and iSSA). For example, we could consider a state-switching ESF model,
404 where an unobserved behavioural state determines the selection parameters for energetic gains and costs.
405 A state-switching ESF model would allow us to assess behaviour-specific energy selection, and could be
406 written as a hidden Markov model, similar to the state-switching SSF model of Nicosia et al. (2017). It may
407 also be possible to incorporate temporal dynamics and energetic state (e.g. satiation or cumulative energy
408 balance; Latombe et al., 2014) to better reflect the physiological demands and constraints of gaining energy
409 (i.e. recharge dynamics; Hooten et al., 2019). Further, it should be straightforward to include non-energetic
410 terms (e.g., associated with predator risk) as interactions with gains and costs to assess how animals make
411 energetic trade-offs with other aspects of survival. Here, we presented a re-imagining of SSFs, in which we
412 use energy to summarise both habitat selection and movement. This approach is widely applicable, flexible
413 enough to include a range of extensions, and can ultimately be used to build on foraging and movement
414 theories from an energetic perspective.

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Conflicts of interests

We declare no conflict of interest.

Author contributions

JR Potts conceived the original idea for the model, with input from L Börger. NJ Klappstein and AE Derocher conceived and designed the polar bear application and energetics modelling. NJ Klappstein conducted the statistical analysis with assistance from T Michelot and input from all co-authors. NW Pilfold produced the seal RSF rasters and AE Derocher provided the polar bear telemetry data. NJ Klappstein wrote the manuscript with contributions from all co-authors.

Data accessibility

If the manuscript is accepted for publication, we will publish our data and accompanying code to Zenodo, where it will be archived with a permanent doi.

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Appendices

A A random walk as a special case of the ESF

The simple isotropic random walk (SRW) is unbiased and uncorrelated, with diffusion coefficient D , such that the density of a step starting at \mathbf{x} and ending at \mathbf{y} over time interval t is normally distributed around the start point: $y \sim N(x, \sigma^2)$, where $\sigma^2 = 4Dt$ (Codling et al., 2008). The likelihood of a step ending at \mathbf{y} given that it started at \mathbf{x} is $f(\mathbf{y}|\mathbf{x}) = \psi(\mathbf{y}|\mathbf{x}, \sigma^2)$, where ψ is the probability density function (PDF) of a normal distribution of \mathbf{y} with mean \mathbf{x} and variance σ^2 .

We can write the SRW as a special case of the ESF. The ESF likelihood of a step ending at \mathbf{y} given that it started at \mathbf{x} is

$$f(\mathbf{y}|\mathbf{x}) = S^{-1} \exp[\beta_1 G(\mathbf{x}, \mathbf{y}) - \beta_2 C(\mathbf{x}, \mathbf{y})] \quad (1)$$

where S^{-1} is a normalization constant that ensures it is a PDF of \mathbf{y} . To write it as an SRW, we can set $\beta_1 = 0$ to represent no effect of energetic gains and $C(\mathbf{x}, \mathbf{y}) = (\mathbf{y} - \mathbf{x})^2$. The likelihood then becomes $f(\mathbf{y}|\mathbf{x}) = S^{-1} \exp[-\beta_2(\mathbf{y} - \mathbf{x})^2]$, which can be rewritten as

$$f(\mathbf{y}|\mathbf{x}) = S^{-1} \exp \left[-\frac{(\mathbf{y} - \mathbf{x})^2}{2\sigma^2} \right] \quad (2)$$

where $\beta_2 = \frac{1}{2\sigma^2}$. We recognize this as the PDF of a bivariate normal distribution with variance σ^2 , mean \mathbf{x} , and $S = 2\pi\sigma^2$. This shows that an ESF with no gains and $C(\mathbf{x}, \mathbf{y}) = (\mathbf{y} - \mathbf{x})^2$ (i.e. costs formulated as the step length squared) is equivalent to an SRW model.

B Radius size, R

To approximate Equation 2, we generate controls on a disc (Section 2.3). By using this approximation method, we therefore assume that the probability density function of a step ending at \mathbf{y} given that it started at \mathbf{x} over the area of the disc, is

$$f(\mathbf{y}|\mathbf{x}) = \begin{cases} \exp\{\beta_1 G(\mathbf{x}, \mathbf{y}) - \beta_2 C(\mathbf{x}, \mathbf{y})\} & \text{if } l_{xy} \leq R \\ 0 & \text{if } l_{xy} > R \end{cases} \quad (3)$$

Therefore, for this approximation to be accurate, the disc needs to be large enough so that the probability of a step longer than R is very small (Figure S1). If we define the radius as $R = l_m \times \gamma$, where l_m is the maximum

observed step length, the approximation will improve as γ increases. However, as the size of the disc becomes larger, so does the number of controls needed for the approximation. There is no straightforward way to assess this trade-off (i.e. the optimal size of R), but we can use importance sampling, based on where we expect the ESF to take large values. We explore the effect of the size of R on the approximation using simulated data, as well as comparing individual bear estimates approximated with different values of γ .

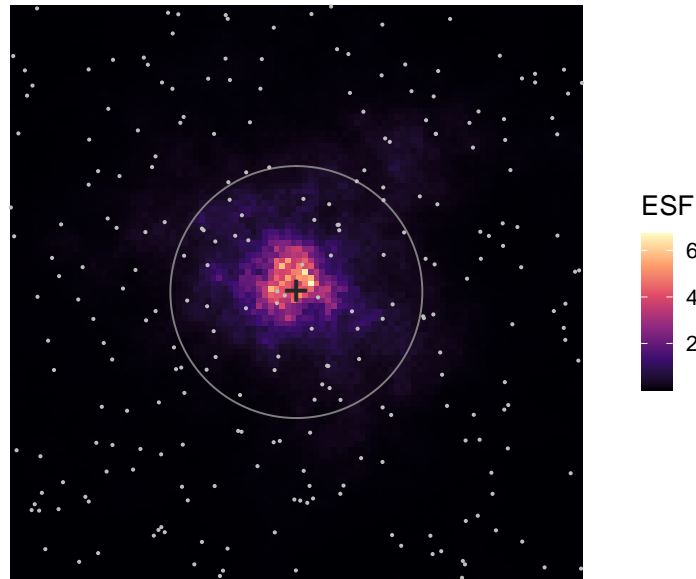


Figure S1: Plot illustrating importance sampling in the ESF. Ideally, we wish to sample uniformly over the entire study area (white dots). However, the ESF will decay with distance from the start point (+), due to the effect of step length on costs, and controls generated outside the disc will contribute very little to the approximation (i.e. their ESF is nearly zero). Therefore, for computational convenience, we can just sample within the disc, as long as the radius is large enough.

Simulated data We simulated 250 movement tracks $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n\}$ of length $n = 250$, as described in Section D. For each step, we generated 50 controls on a disc with a radius of the size $R = l_m \times \gamma$, where $\gamma = 0.5, 1.1, 2$. We fit the ESF for each movement track. As expected, β_2 was estimated with the lowest precision with the smallest radius ($\gamma = 0.5$). It was estimated correctly when $\gamma \geq 1.1$ (Figure S2). However, this represents a simplistic example, where the costs are *only* dependent on step length and $\beta_2 = 15$ is fairly strong selection against costs (i.e. the step length distribution should quickly decay to 0).

Real data We checked the effect of radius size on our polar bear telemetry data. We generated controls on a disc with $R_1 = 1.1 \times l_m$ and $R_2 = 2 \times l_m$ for each individual, fit the models separately, and then

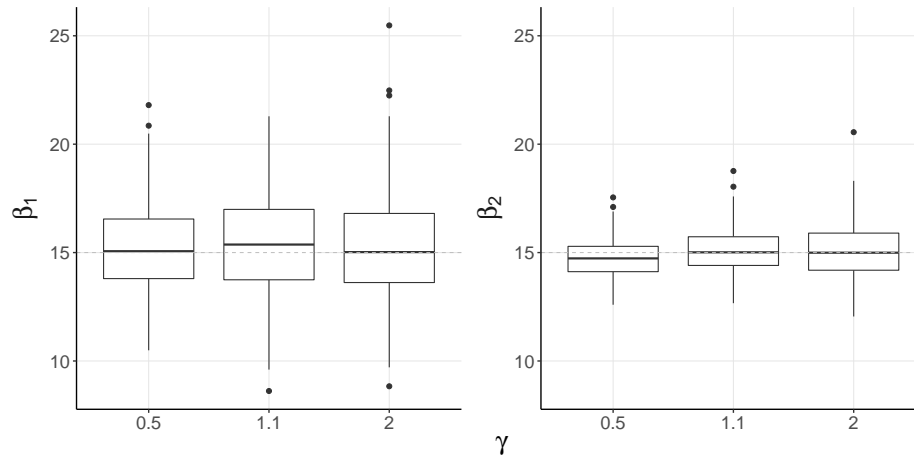


Figure S2: Estimates of β_1 and β_2 with $R = \gamma \times l_m$, where l_m is the maximum observed step length and $\gamma = 0.5, 1.1, 2$. Dashed line represents the true parameter value.

compared parameter estimates. Estimates varied up to ± 0.15 for β_2 (Figure S3), but followed the same general pattern. There was no evidence of systematic bias (i.e. underestimation or overestimation), and variation may be explained by the random generation of controls (which varied between the two trials). β_1 also varied between the two radius sizes, but this is likely attributable to high uncertainty in the estimates (i.e. no clear selection for gains).

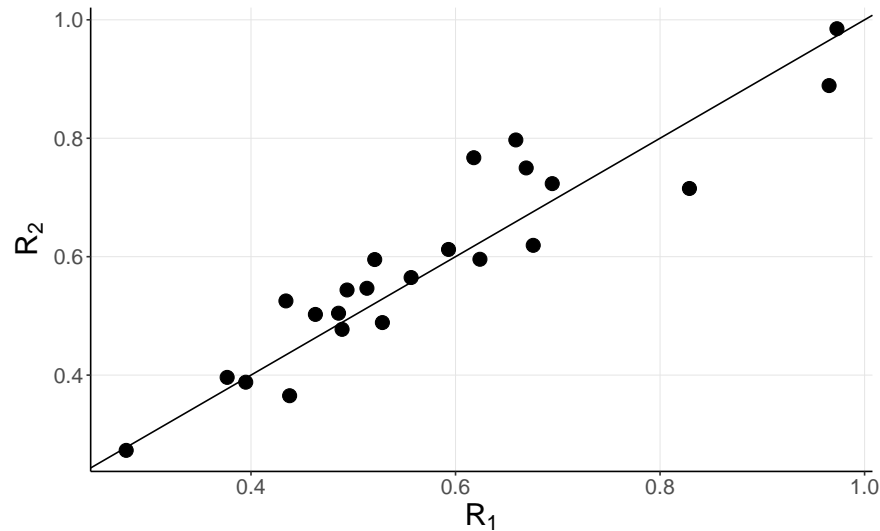


Figure S3: Individual estimates of β_2 with $R_1 = 1.1 \times l_m$ and $R_2 = 2.0 \times l_m$. Each point is an individual polar bear and the straight line represents a 1:1 relationship.

C Examples of gains and costs formulations

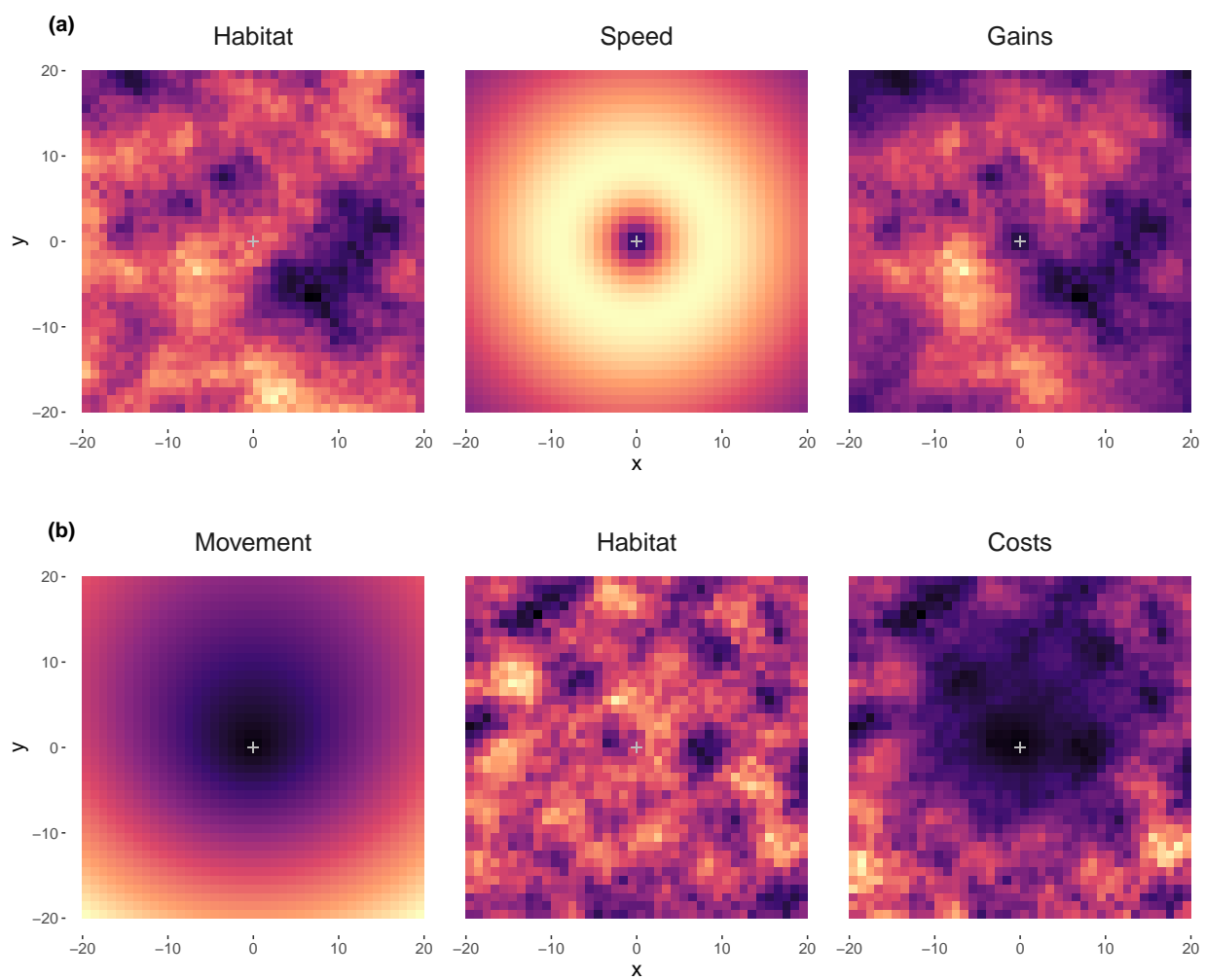


Figure S4: Example energetic gain G (a) and energetic cost C (b) formulations. In all panels, higher values are lighter in colour. In both (a) and (b), the third panel is a product of the first two panels, which represent movement and habitat components. In (a), energetic gains are composed of an energetically beneficial habitat covariate (e.g. forage biomass) scaled to the speed travelled. In this case, the effect of movement speed is gamma distributed ($k = 2$, $\theta = 2.2$) about the start point to represent decreased foraging potential at low and high speeds. In (b) the energetic costs are defined by the distance and turning angle from the start point (+; assuming movement up the y-axis), combined with a habitat covariate in which higher values increase energy expenditure.

D Simulation study

We ran simulations to assess the performance of the ESF inference method under different scenarios (i.e. to test the accuracy of the approximation; Section 2.3). The main objective was to recover model parameters from movement tracks simulated directly from the ESF, with known parameter values. For all simulations, G was defined as a random covariate field and C was calculated as the step length, both from $[0, 1]$ and assumed to be in the same units.

Algorithm We generated n locations $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n\}$, with \mathbf{x}_1 selected randomly from the study area Ω . For each iteration $i = 1, \dots, n - 1$, we followed these steps to generate \mathbf{x}_{i+1} :

1. Simulate possible endpoints $\{\mathbf{z}_1, \mathbf{z}_2, \dots, \mathbf{z}_K\}$ uniformly on a disc centred on \mathbf{x}_i , with a radius $R = 1$ and $K = 10,000$. We chose a very large value of K to ensure any bias was the result of the approximation, rather than the simulation itself.
2. Evaluate G and C at each endpoint.
3. For $k \in 1, 2, \dots, K$, sample x_{i+1} from $\{\mathbf{z}_1, \mathbf{z}_2, \dots, \mathbf{z}_K\}$, with probabilities defined by

$$p_k = \frac{w(\mathbf{x}_i, \mathbf{z}_k)}{\sum_{j=1}^K w(\mathbf{x}_i, \mathbf{z}_j)}, \quad (4)$$

where w is the ESF (Equation 2 of the main text).

Scenarios First, we assessed whether the selection strength affected our ability to estimate the parameters, and subsequently, whether certain foraging strategies may be harder to identify. For both β_1 and β_2 , we considered 15 as a high parameter value. We considered low parameter values to be 0 for β_1 (no selection for gains), and 5 for β_2 (very weak selection against costs). We could not use 0 for β_2 , as the ESF simulation algorithm would artificiality constrain the step length through the radius model. We tested different values of β_2 and found that 5 was the lowest parameter value where the size of the radius no longer affected the simulated step lengths. We combined these parameter values to represent the following movement patterns: i) optimal movement (high values of both parameters), ii) intake maximization (high β_1 , low β_2), iii) cost minimization (low β_1 , high β_2), and iv) movement nearly free of energetic considerations (low values of both parameters). Next, we altered the level of spatial autocorrelation in G . We simulated the study area Ω as a 1000×1000 raster with a resolution of 0.25, and assigned each grid cell a random value $[\sim U(0, 1)]$. We

calculated the covariate field for G by using a circular moving average window with diameter ρ (measured in grid units) to control the degree of spatial autocorrelation (Avgar et al., 2016; Michelot, 2019). We created random rasters of G with $\rho = 1, 5, 10, 25$ to reflect four levels of spatially autocorrelated habitat. For each of the 16 scenarios (parameter sets and spatial autocorrelation), we generated 250 movement tracks $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n\}$ of length $n = 250$. For each track, we tested the inference method using 20 and 200 control locations in the Monte Carlo integration procedure (Section 2.3). All parameters were estimated using MLE.

Results In most cases, the parameters were estimated accurately, although β_2 was generally estimated more precisely than β_1 (Figure S5). The median (min, max) difference between estimated and known parameter values was -0.04 ($-65, 27$) for β_1 and 0.04 ($-4.8, 4.7$) for β_2 . Spatial autocorrelation in G had a noticeable effect on the precision of β_1 estimates, but not β_2 . When β_1 was high, there was a pattern of decreased precision with increased autocorrelation. When β_1 was low, precision was lowest when spatial autocorrelation was very low ($\rho = 1$) and very high ($\rho = 50$). Spatial autocorrelation is a documented issue in resource selection analyses, which can lead to biased parameter estimates (Northrup et al., 2013). In SSFs and ESFs, high spatial autocorrelation decreases the range of the covariate space that may be explored for each movement step, which may decrease the ability to infer selection, particularly when the number of control locations is low (Northrup et al., 2013). However, in our simulations, the number of control locations used in Monte Carlo integration had negligible effects on the precision or accuracy of parameter estimations. Therefore, in most cases, 20 control locations should be adequate to approximate the likelihood, although we still recommend caution when working with highly spatially autocorrelated environmental covariates. As noted in Fortin et al. (2005), more controls may also be necessary when covariates are rare.

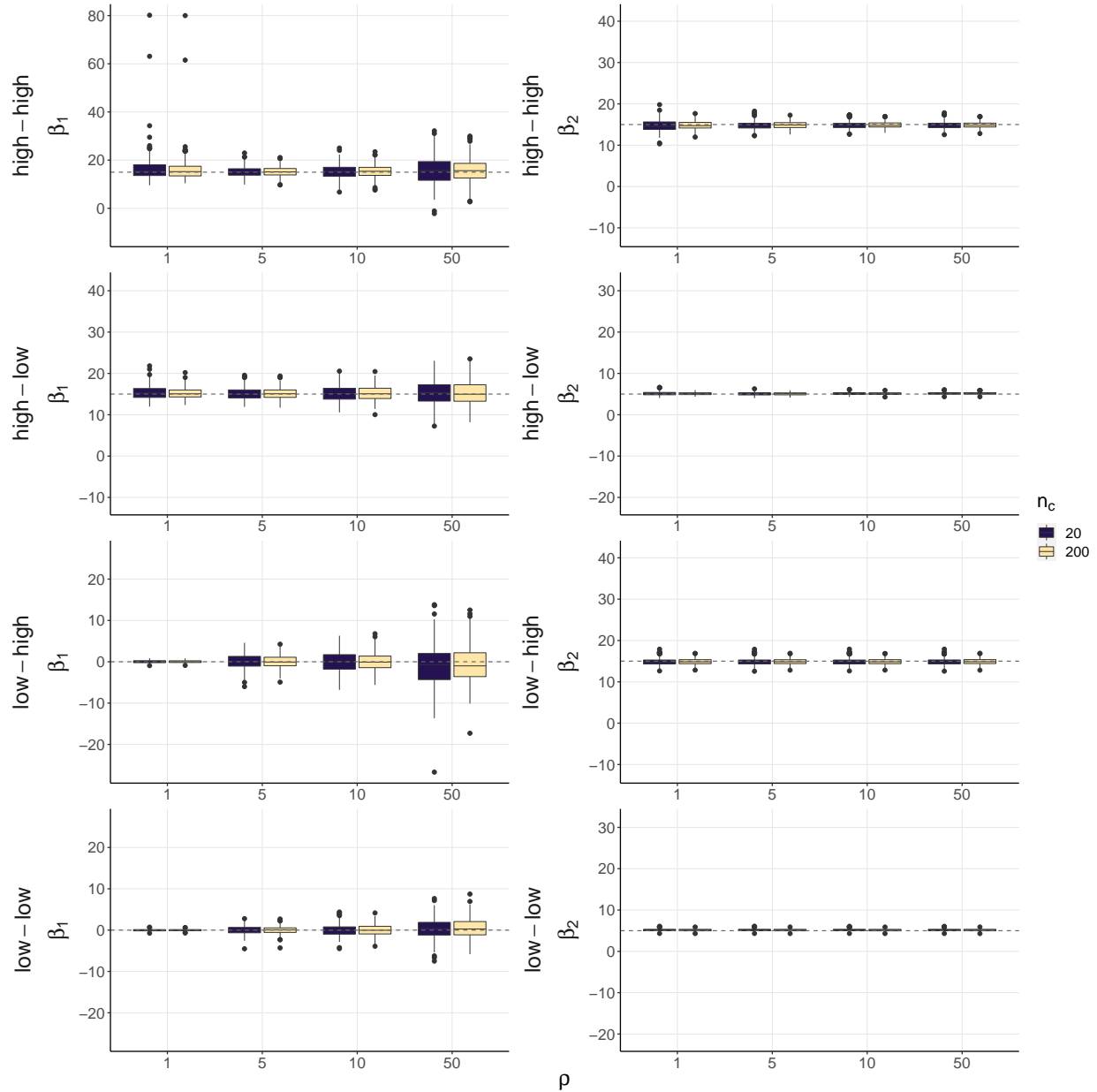


Figure S5: Parameter estimates from the simulations, under 32 different scenarios. Tracks were simulated either of four sets of parameters: “high-high” ($\beta_1 = 15$, $\beta_2 = 15$), “high-low” ($\beta_1 = 15$, $\beta_2 = 5$), “low-high” ($\beta_1 = 0$, $\beta_2 = 15$), and “low-low” ($\beta_1 = 0$, $\beta_2 = 5$). ρ refers to the level of spatial autocorrelation in the energetic gain covariate G , and n_c is the number of controls used in Monte Carlo integration. Dashed line is the true parameter value.

E Case study

E.1 Study area, field sampling, and data processing

Field sampling was done in Beaufort Sea, Canada (Figure S6). Sea ice in the area is mostly annual, with a flaw lead that separates near-shore areas of stable landfast ice and off-shore drifting pack ice (Carmack & Macdonald, 2002). The lead widens in spring and forms an active sea ice zone with high productivity (Pilfold et al., 2014), before most ice disappears by mid-summer (Stern & Laidre, 2016). Sea ice drift is characterized by the clockwise Beaufort Gyre, which is strengthening with climate change (Hutchings & Rigor, 2012; Petty et al., 2016), and increasing the energetic expenditure of polar bears in the area (Durner et al., 2017). Following standard capture procedures (Stirling et al., 1989), polar bears were sighted and immobilized in April-May of 2007-2011. Bears were fitted with GPS collars (Telonics, Mesa, AZ) set to collect locations at a 4-hour resolution (relayed via the Argos satellite system; CLS America, Lanham, MD), and programmed to release after 1-2 years. The age of each bear was determined by analysing cementum growth layers of an extracted vestigial premolar (Calvert & Ramsay, 1998), and sex was determined in the field. The weight of each bear was calculated as

$$Weight(kg) = 0.00010309 \times AXG^{1.729} \times SLEN^{1.179} \quad (5)$$

where AXG is axillary girth (cm) and SLEN is straight body length (cm) taken at the time of capture (Thiemann et al., 2011). Capture and handling was approved by the University of Alberta BioSciences Animal Care and Use Committee following guidelines from the Canadian Council on Animal Care.

We omitted GPS locations from dropped collars or deceased bears, following Togunov et al. (2020). We defined a movement burst as a sequence of locations with no gaps > 24 hours and only kept bursts with ≥ 10 locations. We calculated step length as the Euclidean distance between projected GPS locations (NAD83 UTM Zone 9N, EPSG:3156), and removed unrealistic locations where the step speed was > 5.4 km/h (Whiteman et al., 2015). Then, we imputed missing locations of each burst with a continuous-time correlated random walk model (Johnson et al., 2008), implemented in *momentuHMM* (McClintock & Michelot, 2018).

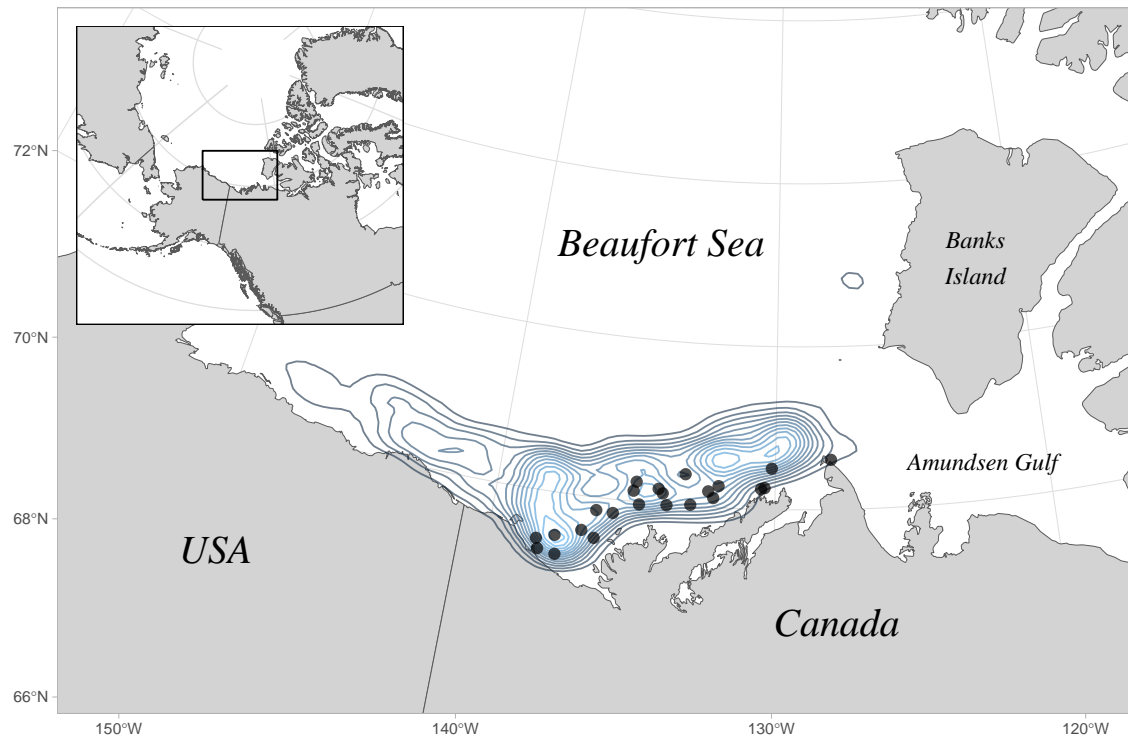


Figure S6: Study area in the Beaufort Sea, Canada. Circle points are polar bear collar deployment locations, and contour lines show the density of satellite telemetry data for all individuals (once regularised and limited to the spatiotemporal extent of the energetic gains raster).

E.2 Polar bear cost modelling

In this appendix, we present high-resolution complements to Figure 3 of the main text (Figures S7, S8), as well as a comparison of our cost model to doubly labelled water (Figure S9). In figure S9, we compared the estimated movement costs from our cost model (described in Section 3.2) with estimates of energy expenditure from doubly labelled water (Pagano & Williams, 2019). We estimated mean daily movement speeds and energy expenditure for adult female polar bears with > 6 locations per day for ≥ 25 days. We used linear regression to estimate the relationship between mean bear speed and daily energetic costs and compared this to the same relationship modelled in Pagano & Williams (2019). Our modelled costs were closely related to those from field DLW measurements, although slightly underestimated (Figure S9).

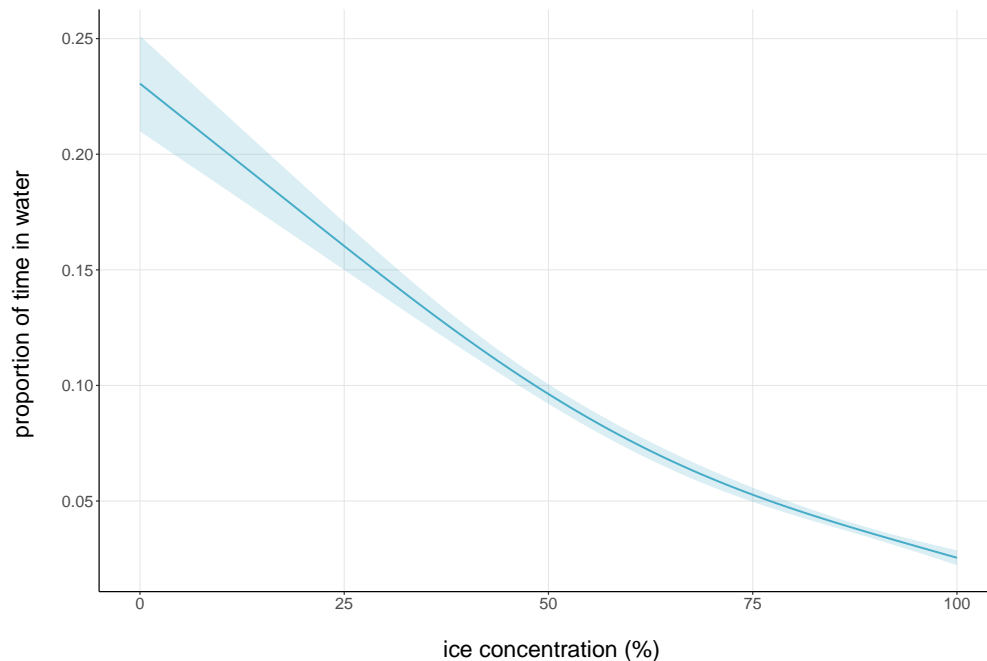


Figure S7: Estimated proportion of time spent in water relative to ice concentration, modelled with a generalized additive model (GAM). Data from Lone et al. (2018). Shaded area represents the standard error of the model fit.

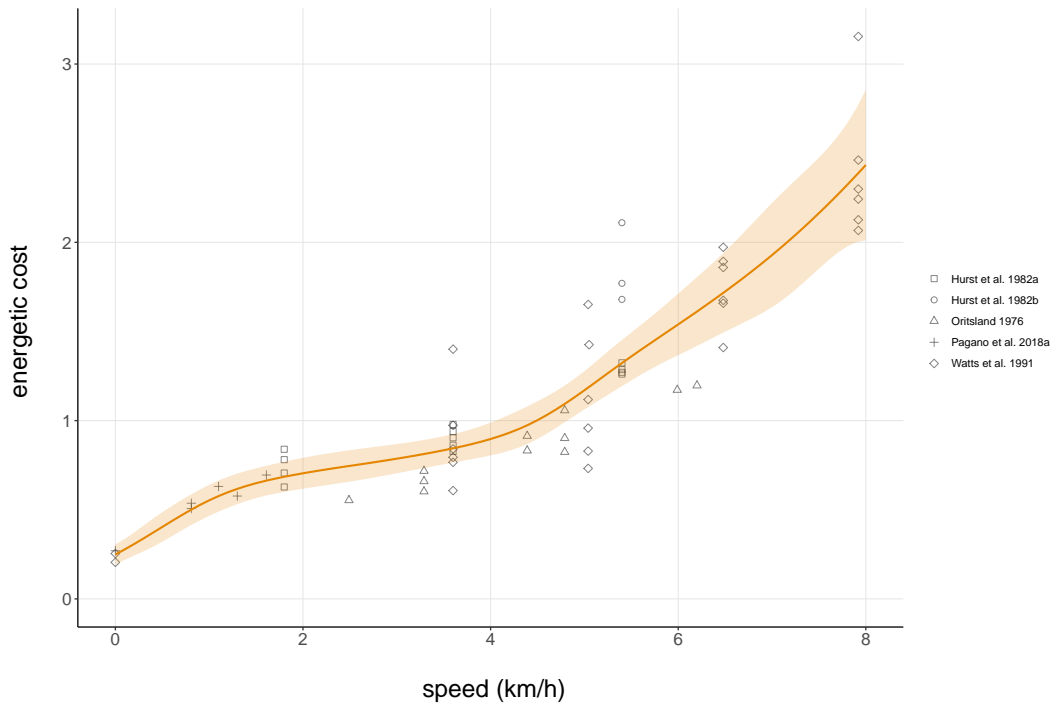


Figure S8: Relationship between polar bear walking speed (km/h) and energy expenditure (oxygen consumption; mL O₂/g/hr) from six reference studies. Solid line is the predicted relationship from a monotonically constrained generalized additive model (gamma distribution, logit link function). Shaded area represents the standard error of the model fit.

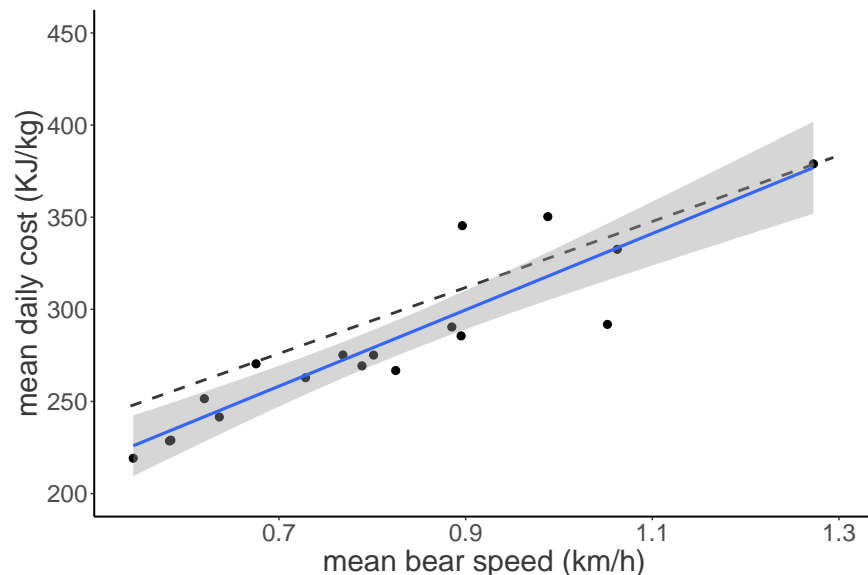


Figure S9: Relationship between mean daily movement speed (km/h) and daily energy expenditure (kJ/kg) for individuals with more than 25 days of locations with 6 locations (blue line; this study) compared to the estimated relationship from doubly-labelled water (dashed line; Pagano & Williams, 2019). Data from this study was from March - June of 2007-2011; data from Pagano & Williams (2019) was from April 2014 - 2016.

F ESF with turning angle, ESF_θ

Many animals display directional persistence at the time resolution of modern telemetry data, and this results in a non-uniform distribution of turning angles. Turning angles are therefore important predictors of an animal's movement, and there is incentive to model their contribution in movement and habitat selection models. For this reason, some recent SSF studies have proposed including turning angles as a covariate (Avgar et al., 2016; Brooke et al., 2020). In an ESF analysis, the turning angles can in principle be included through their contribution to the energetic costs directly (e.g., large turning angle requires high energy expenditure). However, this might only be possible when high-resolution data are available, as low-resolution turning angles cannot capture an animal's fine-scale movement tortuosity. In coarser data, one can adopt a hybrid approach where the turning angle (θ) is included as an additional covariate in ESF, to assess the contribution of directional persistence. Following (Avgar et al., 2016), we propose including the cosine of θ , so the ESF formula becomes $w(\mathbf{x}, \mathbf{y}) = \exp\{\beta_1 G(\mathbf{x}, \mathbf{y}) - \beta_2 C(\mathbf{x}, \mathbf{y}) + \beta_3 \cos(\theta)\}$. The cosine of θ ranges from -1 (for $\theta = \pm\pi$) to 1 (for $\theta = 0$), where a higher value corresponds to stronger directional persistence (smaller angle). A large coefficient β_3 therefore suggests strong selection for small angles, i.e., strong directional persistence. We fit this model to the polar bear tracking data, following the same procedures described in Section 3.3. We found that all bears showed selection for $\cos(\theta)$ (i.e. positive β_3), indicating that all individuals show directional persistence in their movement (Figure S10).

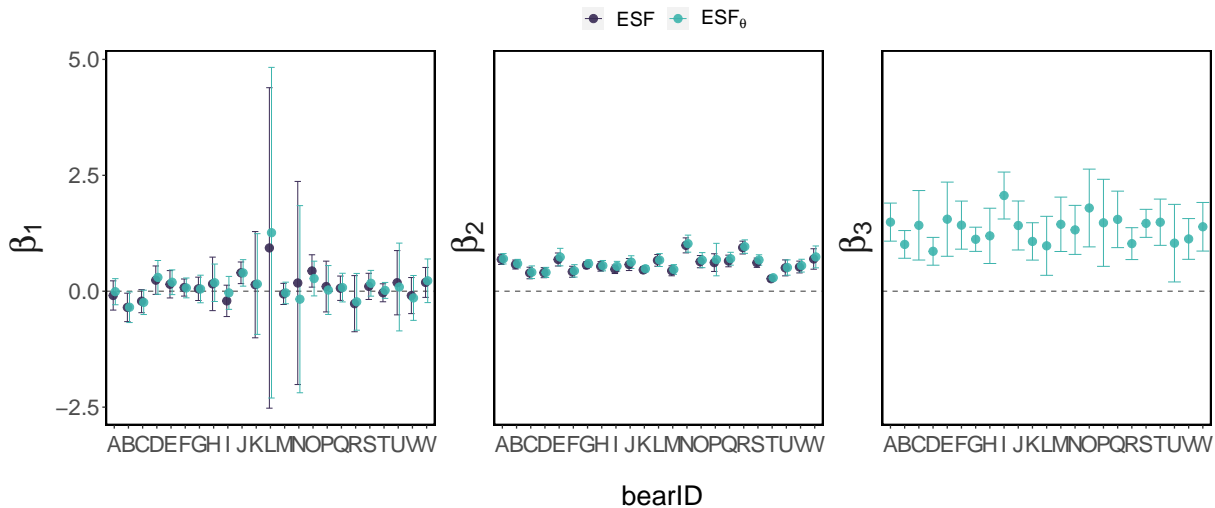


Figure S10: Estimated β coefficients of lone adult female polar bears ($N = 23$) for the ESF and ESF_θ . β_1 represents selection for gains, β_2 selection against costs, and β_3 selection for directional persistence.

G Robust uncertainty estimation

In step selection analyses, the standard error of selection parameters can be underestimated due to autocorrelation in the data (Fortin et al., 2005; Forester et al., 2009). This problem may also arise with the ESF, and we used the method described by Forester et al. (2009) to obtain robust standard errors.

1. Fit ESF model using either `clogit` or (equivalently) `coxph` in the survival R package.
2. Evaluate deviance residuals of the fitted model using the `residuals` function.
3. Sum the residual of each observed location with the residuals of the corresponding control locations, to get one residual for each stratum.
4. Use `acf` to plot the autocorrelation function of the residuals.
5. Visually determine the time lag over which the autocorrelation function decays to zero.
6. Split the data set into chunks of length that time lag, i.e., add a column ‘cluster’ in the data set to index the chunks.
7. Create two data sets: one containing chunks with even indices, and one containing chunks with odd indices. The chunks within each of the two data sets are approximately uncorrelated. If we denote as n the number of data points, and as p the time lag of autocorrelation, then this defines n/p clusters (rounded up), half of which go into the first sub-data set, and half into the second one.
8. Fit the ESF to each of the two data sets with the function `coxph`, using the option ‘cluster’ to specify that robust standard errors are required. (This automatically sets the ‘robust’ option to `TRUE`.)
9. Extract variance estimates from the two fitted models (i.e., diagonal elements of the robust covariance matrix returned by `coxph`), and take their mean to obtain the overall robust variance estimates.
10. Calculate Wald-type confidence intervals based on the robust variance estimates, i.e.,

$$\text{CI}(\hat{\beta}_j) = \left[\hat{\beta}_j \pm 1.96 \times \text{SE}(\hat{\beta}_j) \right],$$

for a 95% confidence interval, where $\hat{\beta}_j$ is the estimate for the parameter β_j , and $\text{SE}(\hat{\beta}_j)$ is the corresponding robust standard error.

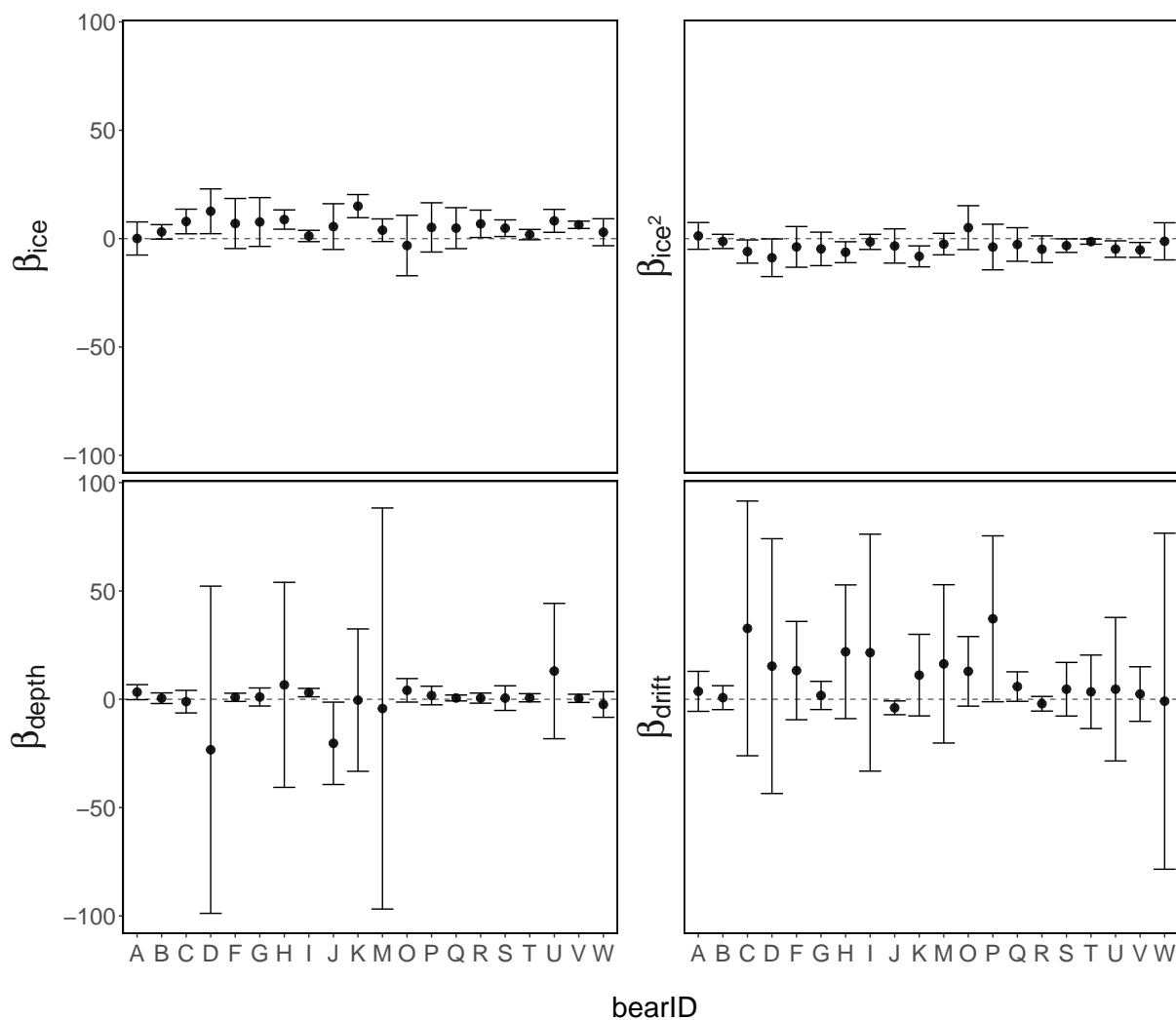


Figure S11: Estimated β coefficients of lone adult female polar bears ($N = 23$) for ice concentration (*ice*) and its square (*ice*²), ocean depth (*depth*), and ice drift speed (*drift*). Error bars are robust 95% CIs. Three bears (E, L, N) were omitted for data visualization purposes. Coefficients \pm SE for bears E, L, N (in order) are: $\beta_{ice} = 20.6 \pm 79.2$, 875 ± 1382 , 44.8 ± 119 , $\beta_{ice^2} = -15.0 \pm 45.6$, -454 ± 707 , -22.9 ± 66.1 , $\beta_{depth} = -37.8 \pm 66.2$, 0.08 ± 1.23 , 0.69 ± 1.90 , $\beta_{drift} = 7.0 \pm 19.9$, -6.51 ± 8.07 , 9.13 ± 8.63

H Model checking using cross-validation

Monte Carlo cross-validation is the most common method to investigate goodness-of-fit of habitat selection models (Boyce et al., 2003). The idea is to assess how good the model is at correctly predicting which step, from the set of the observed and control steps, was selected at each time point. We followed the procedure suggested by Fortin et al. (2009), summarised below.

1. Randomly select a given proportion of strata in the data (e.g., 80%) to create a training data set. All other strata go into the validation data set.
2. Fit the ESF model to the training data set to obtain estimates of the selection parameters β_1 and β_2 .
3. Evaluate the ESF w based on the estimated parameters, for each observed and control location in the validation data set.
4. For each stratum, compute the rank of the ESF score of the observed location (compared to ESF scores of control locations for that stratum). For example, the rank would be 21 if the observed location had a higher score than the 20 control locations, or it would be 1 if the ESF score of the observed location was the lowest. This returns n ranks (where n is the number of observations, or of strata in the data).
5. Evaluate Spearman's rank correlation between the ranks and their frequencies. This correlation measures how monotonic the relationship is, i.e., whether the frequency consistently increases with the rank.
6. Repeat steps 1-5 a large number (K) of times, with different random partitions for the training and validation data.

The Spearman's rank correlation is defined between -1 and 1 . A correlation close to 1 indicates that the model consistently predicts that the observed location is the most likely, whereas a correlation close to -1 suggests that the model often ranks the observed location as unlikely (compared to control locations). Step 6 returns K correlation values, and their distribution must be inspected to assess the predictive power of the model. The approach proposed by Fortin et al. (2009) is to compare summary statistics (e.g., quantiles) of that distribution to those of the distribution of correlations obtained from chance alone (i.e., by running steps 1-6 on the control steps only, excluding the observed steps).

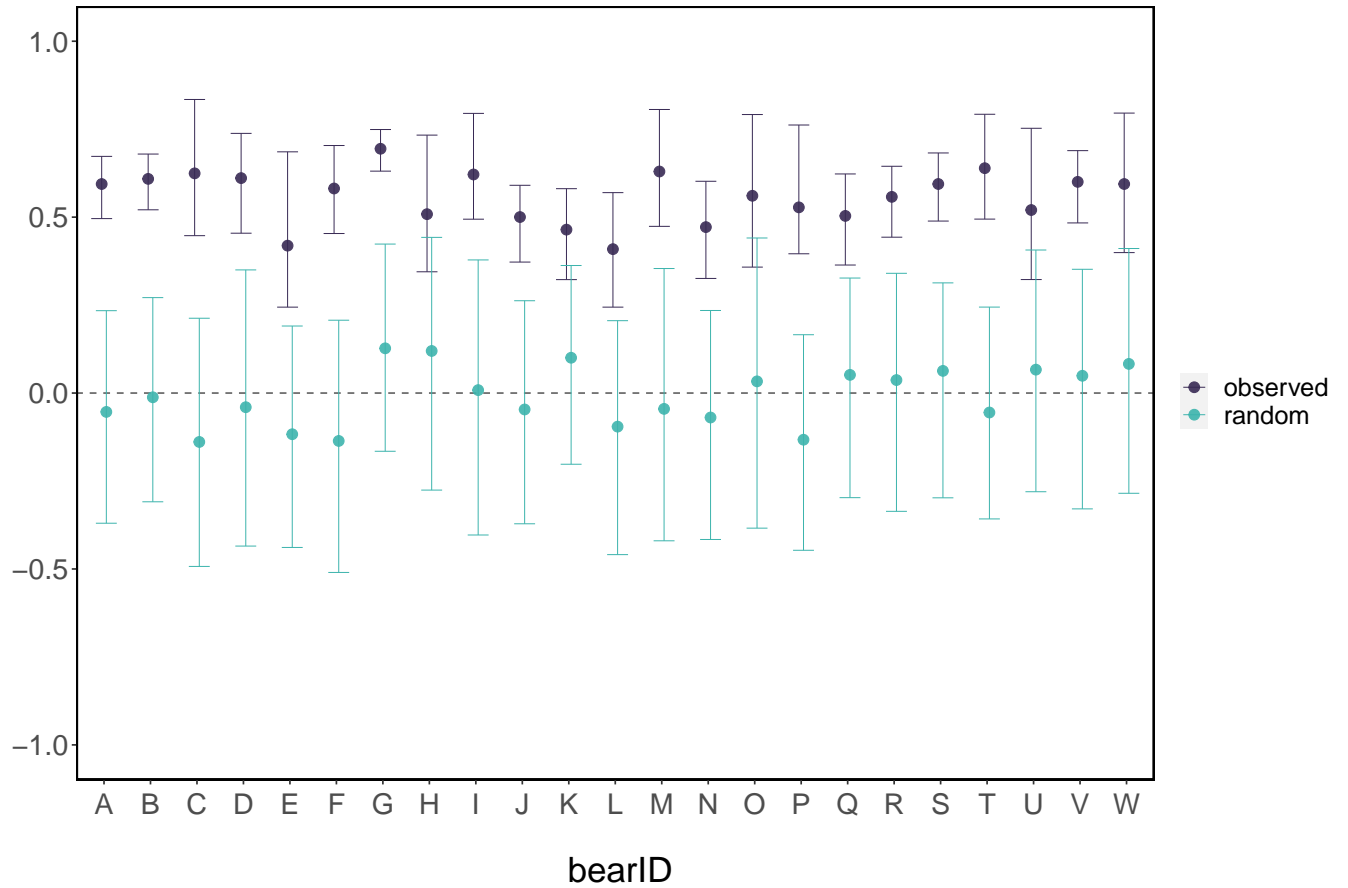


Figure S12: Monte Carlo cross-validation results for the ESF, performed with $K = 250$ data partitions for each individual (bearID). Each point is the mean Spearman rank correlation coefficient r_s for that individual and the error bars represent the range of 95% of the estimates. Observed refers to the cross-validation of the case locations, and random refers to cross-validation assessed on only control locations (i.e. by chance alone).

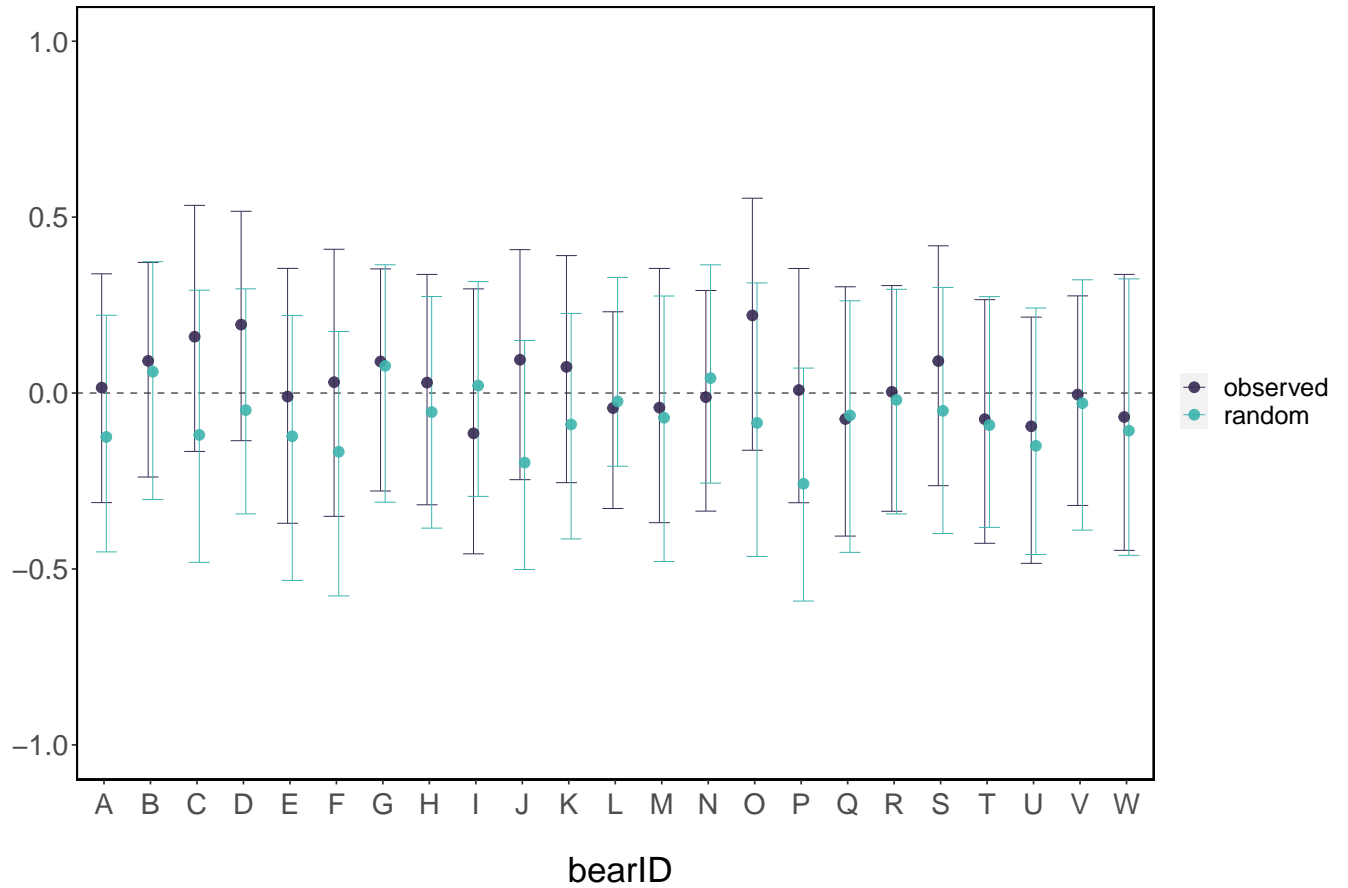


Figure S13: Monte Carlo cross-validation results for the SSF of Section 3.5, performed with $K = 250$ data partitions for each individual (bearID). Each point is the mean Spearman rank correlation coefficient r_s for that individual and the error bars represent the range of 95% of the estimates. Observed refers to the cross-validation of the case locations, and random refers to cross-validation assessed on only control locations (i.e. by chance alone).

H.1 Predictive power of gains and costs

Using the same Monte Carlo cross-validation procedure (described above), we also assessed the predictive power of a gains-only model $w(x, y) = \exp\{\beta G(x, y)\}$, and a cost-only model $w(x, y) = \exp\{\beta C(x, y)\}$. Figure S14 shows the range of Spearman rank correlation coefficients r_s obtained from cross-validation for each bear, which measures predictive performance. The figure contrasts the coefficients obtained based on the fitted model to those that would be obtained from chance alone. In the gain-only model, there is great overlap between the range of coefficients for the fitted model and the random experiment, suggesting that the model predictions are no better than chance alone (for most bears). Conversely, the cost-only model leads to consistently higher coefficients r_s , indicating better predictive performance. This is consistent with the observation made in the main text that, for this data set, there is strong evidence that movement is driven by avoidance of costly steps (whereas there is no evidence of selection of energetic gains).

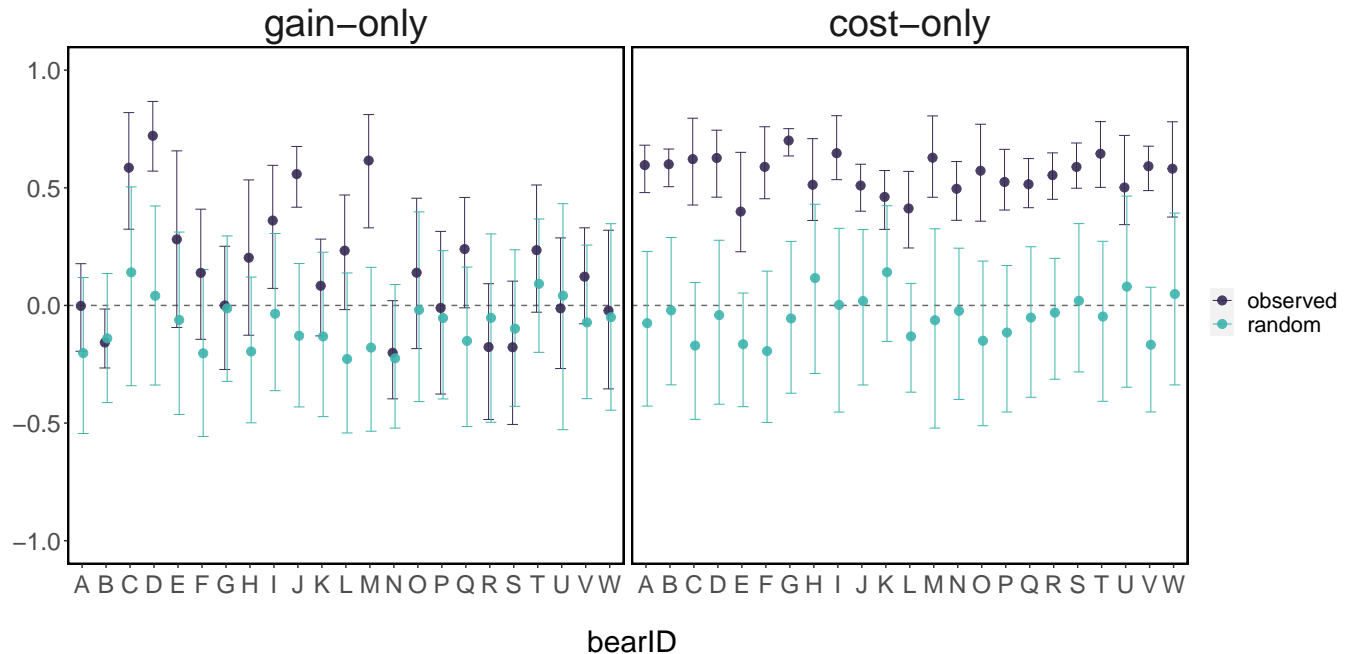


Figure S14: Monte Carlo cross-validation results for a gains-only and a cost-only model, performed with $K = 250$ data partitions for each individual (bearID). Each point is the mean Spearman rank correlation coefficient r_s for that individual and the error bars represent the range of 95% of the estimates. Observed refers to the cross-validation of the case locations, and random refers to cross-validation assessed on only control locations (i.e. by chance alone).

I Comparison to other models

In this appendix, we compare the model fit of the ESF (Section 2.1) to several other models: i) a null model given as a simple random walk (SRW), ii) the ESF with turning angle presented in Appendix F, and iii) an SSF with non-energetic covariates. We compared the models using the Akaike Information Criterion (AIC), defined as $AIC = 2 \times nllk + 2k$ where $nllk$ is the negative log-likelihood and k is the number of parameters in each model. Comparison using AIC requires the same data, and so we used the same case-control data set for each model. This required excluding locations for which any of the covariates were missing, to ensure that those locations were not included in some models are excluded from others. Following Sections 2.2 and 4.1, we fitted each model separately for each individual using the *survival* R package. We note that AIC might be unreliable in the presence of residual autocorrelation, and future work could focus on developing an alternative, such as the QIC used for generalised estimating equations.

1. **Simple random walk (null model):** We compared the ESF to a null model, given by the simple random walk (SRW) described in Appendix A. Costs were defined as l^2 , where l is the ice drift-corrected bear step length (km), and ranged from 0 – 509 km².
2. **ESF with turning angle, ESF_θ :** See Appendix F.
3. **SSF with movement covariates:** Comparing ESF and SSF models using AIC requires not only the case locations to be identical, but also the control locations. Lastly, we therefore compared the ESF to an SSF with uniform control locations over a disc, for which step length and turning angle were included as covariates (similarly to Brooke et al., 2020), in addition to the environmental covariates described in Section 3.5.

Results The ESF_θ or the SSF were indicated to be the best models in all cases: ESF_θ was the best model for 7 bears, the SSF was the best in 9 cases, and 7 cases had no clear best model between the two (i.e. the ΔAIC of the closest competing model was between 0 and 5). The SRW was most commonly the worst fitting model, and was better than the ESF in 5 cases. The best models always have turning angle θ included, which indicates that the ESF_θ may be useful in cases where θ cannot easily be integrated into C .

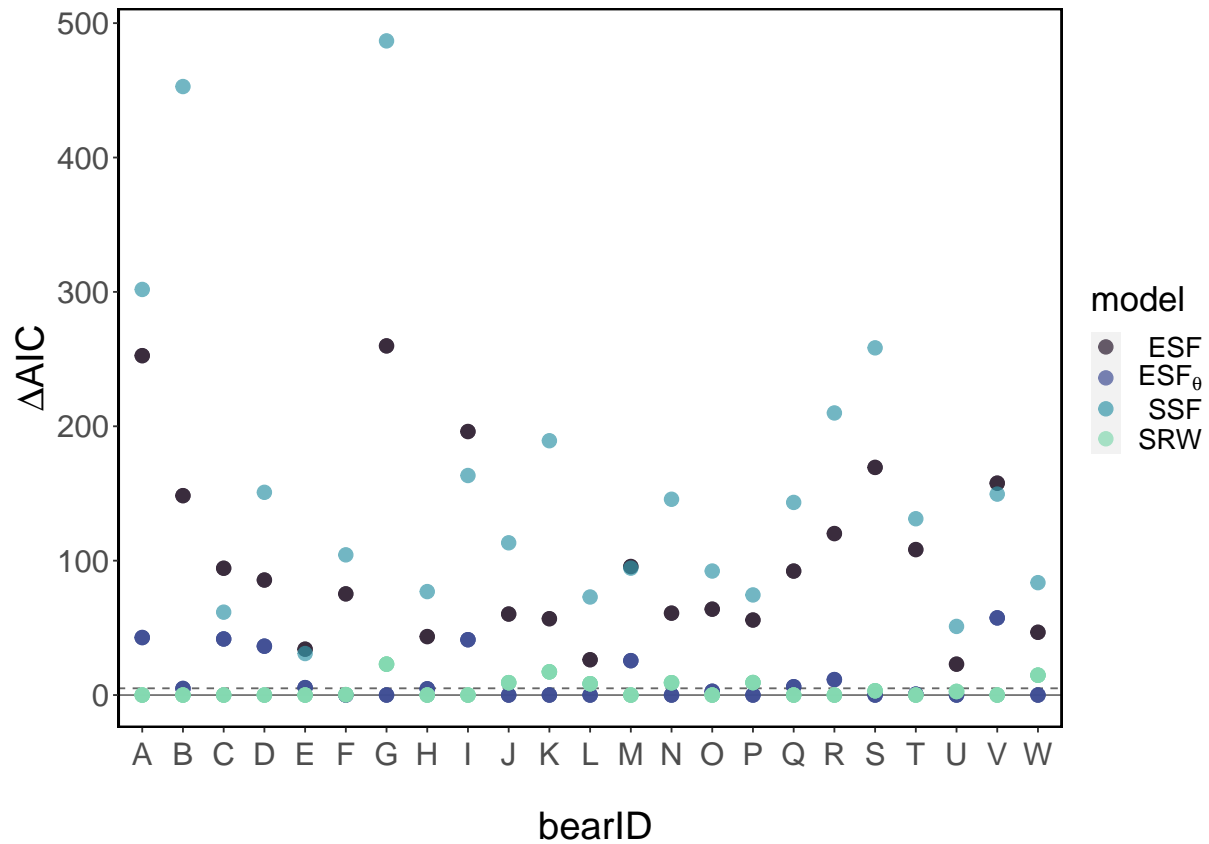


Figure S15: ΔAIC scores of each model for each individual (bearID). Solid line at 0 indicates the best model, dashed line at 5 is the threshold for strong support (i.e. any competing models within this threshold are also plausible).

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