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“Ependymal-in” gradient of thalamic damage in progressive multiple sclerosis

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Summary for Social Media

Imaging and neuropathological evidences demonstrated the unique feature of “surface-in” gradient of damage in MS since early pediatric stages, often associated with more severe brain atrophy and disease progression. In particular, increased inflammation in the cerebral meninges has been shown to be strictly associated with a MS-specific gradient of neuronal, astrocyte and oligodendrocyte loss accompanied by microglial activation in subpial cortical layers, which is not directly related to demyelination.

To determine whether a similar gradient of damage occurs in deep grey matter nuclei, we examined the potential neuronal and microglia alterations in the dorsomedial thalamic nuclei from post-mortem secondary progressive MS cases in combination with detailed neuropathological characterization of the inflammatory features and protein profiling of paired CSF samples.

We observed a substantial “sub-ependymal-in” gradient of neuro-axonal loss and microglia activation in active thalamic lesions of progressive MS cases, in particular in presence of increased leptomeningeal and CSF inflammation. This altered graded pathology was found associated with more severe and rapid progressive MS and increased inflammatory degree either in large perivascular sub-ependymal infiltrates, enriched in B cells, or within the paired CSF, in particular with elevated levels of a complex pattern of soluble inflammatory and neurodegeneration factors, including chitinase 3-like-1, TNFR1, parvalbumin, neurofilament light-chains and TNF.

These data support a key role for chronic, intrathecally compartmentalized inflammation in specific disease endophenotypes. CSF biomarkers, together with advance imaging tools, may therefore help to improve not only the disease diagnosis but also the early identification of specific MS subgroups that would benefit of more personalised treatments.

ABSTRACT

Leptomeningeal and perivenular infiltrates are important contributors to cortical grey matter damage and disease progression in multiple sclerosis (MS). While perivenular inflammation induces vasulocentric lesions, leptomeningeal involvement follows a subpial ‘surface-in’ gradient. To determine whether similar gradient of damage occurs in deep grey matter nuclei, we examined the dorsomedial thalamic nuclei and CSF samples from 41 post-mortem secondary progressive MS cases compared to 5 non-neurological controls and 12 controls with other neurological diseases. CSF/ependyma-oriented gradient of reduction in NeuN+ neuron density was present in MS thalamic lesions compared to controls, greatest (26%) in subventricular locations at the ependyma/CSF boundary and least with increasing distance (12% at 10mm). Concomitant graded reduction in SMI31+ axon density was observed, greatest (38%) at 2mm from the ependyma/CSF boundary and least at 10mm (13%). Conversely, gradient of MHC-II+ microglia density increased by over 50% at 2 mm at the ependyma/CSF boundary and only by 15% at 10mm and this gradient inversely correlated with the neuronal ($R=-0.91, p<0.0001$) and axonal ($R=-0.79, p<0.0001$) thalamic changes. Observed gradients were also detected in normal-appearing thalamus and were associated with: rapid/severe disease progression; presence of leptomeningeal tertiary lymphoid-like structures; large subependymal infiltrates, enriched in CD20+ B cells and occasionally containing CXCL13+CD35+ follicular dendritic cells; and high CSF protein expression of a complex pattern of soluble inflammatory/neurodegeneration factors, including chitinase-3-like-1, TNFR-1, parvalbumin, neurofilament-light-chains and TNF. Substantial “ependymal-in” gradient of pathological cell alterations, accompanied by presence of intrathecal inflammation, compartmentalized either in subependymal lymphoid perivascular infiltrates or in CSF, may play a key role in MS progression.

INTRODUCTION

Cortical grey matter (GM) and deep GM (DGM) tissue damage in multiple sclerosis (MS) exhibits significant pathological differences when compared to white matter (WM) lesions, such as a relative paucity of parenchymal inflammatory cells and a prevailing pattern of damage that follows a surface-in gradient, rather than the typical perivascular distribution of focal WM lesions¹⁻³. Neuropathological studies demonstrate a close association between the degree of meningeal inflammation and the severity of subpial cortical damage³⁻⁶. In particular, increased inflammation in the cerebral meninges has been shown to be strictly associated with a gradient of neuronal, astrocyte and oligodendrocyte loss accompanied by microglial activation in subpial cortical layers, which is not directly related to demyelination. Neuronal and glial alterations are greatest in the most external cortical layers (I-III) and decrease in the most innermost ones closest to the WM³.

Recent combined molecular neuropathology studies on progressive MS cases at post-mortem and imaging and cerebrospinal fluid (CSF) analysis in patients with newly diagnosed MS has demonstrated that common intrathecal (meninges and CSF) inflammatory profiles are linked to increased cortical pathology, both at the time of the diagnosis and at death⁵⁻⁷. These results raised the hypothesis that soluble factors produced by meningeal inflammatory cells and/or immune cells circulating in the CSF may be released into the CSF and may diffuse into the grey matter contributing to graded pathological changes, including demyelination, microglial activation and neuronal loss⁸⁻¹⁵. This increased inflammation in the subarachnoid space is also associated with increased gene expression for TNF/TNF receptor 1-mediated cell death signalling pathways in the cortical grey matter of post-mortem brains with meningeal tertiary lymphoid-like structures (TLS)¹⁶. In support of these findings, advanced 7 Tesla MRI methodology has shown the presence of a gradient of subpial cortical alterations^{3, 17-20}, and in addition, the presence of “outside-in” graded abnormalities in all brain surfaces exposed to CSF has been shown using either magnetization transfer ratio (MTR) or diffusion tensor imaging (DTI)¹⁷⁻²⁰.

Several other findings suggest that the mechanisms underlying these progressive changes may manifest early, rather than starting late in the disease course²¹⁻²⁴. The idea that a gradient of injury is an early pathological event in MS is supported by the recent finding of a ‘surface-in’ gradient of thalamic damage already notable in the first year of clinical disease in paediatric MS, which worsened over time²³⁻²⁴. This finding was specific for children with MS, as it was not observed in healthy controls or children with monophasic demyelination.

Thalamic pathology, in particular substantial neuronal loss (30-35% reduction) was an early and prominent involvement in MS²³⁻²⁵. The current study aimed to determine whether a gradient of inflammatory and neurodegenerative tissue pathology, similar to the one previously detected in the motor cortex and linked to meningeal inflammation, can be observed in the thalamus, which has a CSF-interface on the ventricular side. Furthermore, we evaluated any possible correlation between graded thalamic injury and CSF inflammatory profile.

METHODS

Post-mortem tissue sampling

One paraffin embedded 4% paraformaldehyde-fixed block (2cm x 2cm) containing the dorsomedial nucleus of the thalamus (block number 8 obtained at time of brain dissection from the subthalamic nucleus, Fig 1 A, B) was examined from each of 41 post-mortem MS brains (mean age: 58.48 ± 14.83 yrs) (Table 1) and 5 non-neurological controls (mean age: 62.6 ± 17.18). Tissues were obtained from the UK Multiple Sclerosis Society Tissue Bank (UKMSTB) at Imperial College, under ethical approval (08/MRE09/31). The diagnosis of MS was confirmed by neuropathology according to the International Classification of Diseases of the Nervous System criteria (www.ICD9S.org). In addition, 12 age-matched controls with other neurological diseases have been included: a) 4 controls with other non-inflammatory neurodegenerative conditions (2 Parkinson's disease, 1 Lewy body dementia and 1 Alzheimer's disease) were obtained from the Neurology unit of University of Verona (ethical approval 140173, 05/06/2017); b) 3 controls with other inflammatory diseases (1 case of ischaemic encephalopathy, 1 case of cytomegalovirus encephalitis and 1 case of HIV encephalitis, were obtained from the Oxford Brain Bank, supported by the Medical Research Council, Brains for Dementia Research (Alzheimer Society and Alzheimer Research UK), under research ethics committee approval (South West Wales REC #13/WA/0292) (Table 1); c) 5 cases with other inflammatory diseases (1 case with neuromyelitis optica (NMO), 1 case with NMO spectrum disorder (NMOSD)+ myelin oligodendrocyte glycoprotein-antibody-associated disease (MOGAD), 2 cases with MOGAD, 1 case of acute purulent meningoencephalitis) were obtained from the Medical University of Vienna (approved by the institutional review board of the Medical University of Vienna, EK #1123/2015). All the available demographic and clinical data of MS and control cases are reported in Table1.

Immunohistochemistry/Immunofluorescence

Serial paraffin sections (7µm) were de-waxed and rehydrated in phosphate buffered saline (PBS). Immunohistochemistry and immunofluorescence detection of the examined antibodies indicated in Table 2 was performed according to the procedures previously optimized³⁻⁷. Negative controls were included in each experiment and all sections from all cases were stained together in the same experimental run. The presence and classification of the demyelinating activity of each thalamic lesion (TL) was assessed by immunohistochemical detection of myelin oligodendrocyte glycoprotein (MOG) in combination with the major histocompatibility complex (MHC) class II on serial sections, as previously described³⁻⁵: active lesions contained numerous MHC class II+ cells both in the lesion core and at the lesion border; chronic active lesions had mainly a border of MHC class II+ cells and a lower number in the core; chronic inactive lesions had a very low MHC class II+ cell density throughout the lesion. All sections were counterstained with haematoxylin, sealed with Entellan rapid mounting medium, and viewed with a ZEISS Axioscope microscope (ZEISS International, Germany). Images were captured with a Axiocam 208 Colorcamera (ZEISS).

Cell count and morphometric analysis

Cell (neurons and microglia) density and morphometric analysis was performed in 20 out of 41 MS cases, by selecting the 10 MS cases previously characterized for the presence of meningeal tertiary lymphoid-like structures (TLS+; age at onset: 27.1± 4.3 yrs; age at death: 45.4± 7.3 yrs; Table 1) and 10 MS cases without meningeal TLS (TLS-; age at onset: 30.4± 6.9 yrs; age at death: 55.7±9.7 yrs; Table 1). These 20 selected MS cases represent the same MS cohort previously characterized for the presence of a substantial sub-pial gradient of cell and/or molecular alterations in the corresponding motor cortex as well as for the specific CSF protein profile^{3-5,7,16}. For each of the 20 MS cases and of 5 non-neurological controls one paraffin embedded 4% paraformaldehyde-fixed block (2cm x 2cm) containing the dorsomedial nucleus of the thalamus (Fig 1 A-B) was examined. The numerical density of NeuN+ neurons and MHC-II+ microglia/macrophages was determined in both thalamic lesions (TL; characterized as active or chronic active lesions) and in areas of normal appearing thalamus (NAT) of 10 TLS- MS cases (Table 1), 10 TLS+ MS cases (Table 1) and in the 5 non-neurological controls, using previously described optimised protocols^{3,26} (Fig 1, 2). In addition, the number of SMI31+ axons was counted using a morphometric grid (number of immunoreactive axons/mm²). Briefly, five consecutive fields of view (20x objective, ZEISS Axioscope microscope equipped with a Axiocam 208 Color-camera), moving from the CSF-thalamic interface towards the internal capsule for a distance of 10 mm from the CSF/ependyma boundary, were captured, coded for blinding with respect to case and pathology and quantified (Fig 1A). Cells were manually counted in a rectangular grid located away from the edges of the field to avoid double counting between adjacent

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fields (Fig 1A). Counts were repeated on three serial sections for each immunostaining for each MS and control case within the same experiment (in all cases blinded to diagnosis and myelin status). Mean cell counts measured in MS TL and NAT were normalized to the mean values of the corresponding fields in the non-neurological controls and expressed as percentage change. In addition, the “f-circle” function was used as a measure of neuronal shape changes: increasing f-circle values correspond to objects that are increasingly circular rather than elliptical²⁷. Briefly, serial sections were immunostained with the neuronal marker microtubule-associated protein 2 (MAP2) and the same five consecutive fields of view used for neuronal cell count (20x objective) were captured. Neuronal area and perimeter were measured by using open source software for digital pathology image analysis (QuPath) in order to quantify the f-circle, calculated as $4p(\text{area}/\text{perimeter}^2)$.

Qualitative and quantitative analysis of parenchymal and perivascular inflammation

Total microglial/macrophage numbers were evaluated using antibodies to MHC-class II+ antigen, together with TMEM119 for the resident homeostatic microglia, CD68 for activated phagocytic microglia/macrophages, CD11c as marker of antigen presentation by activated microglia/macrophages, CD86 as evidence of co-stimulatory activity and CD163 as a surface marker of alternative microglial/macrophage activation²⁸.

The presence of CD3+ T- and CD20+ B-cells, plasma cells, as well as follicular dendritic markers (CD35+) and of the B-cell chemoattractant chemokine CXCL13, was evaluated in the tissue parenchyma and in sub-ependymal perivascular infiltrates of the active TL, following previously optimized immunohistochemistry and immunofluorescence procedures⁴⁻⁵. All sections used for immunofluorescence were counterstained with DAPI and viewed with a Leica THUNDER Imager Tissue microscope (Leica Microsystem, Germany). In addition, counts of CD3+ T cells and CD20+ B cells were performed for each perivascular infiltrate found in close proximity to the ependymal surface: only large perivenular spaces, with a diameter of 200-500 μm , in close proximity to the ependyma were selected. For each TLS+ and TLS- case one sub-ependymal infiltrate was selected and the CD3+ and CD20+ lymphocyte counts were manually performed in consecutive paraffin sections. All the antibodies used are listed in Table 2.

Post-mortem CSF protein analysis

The levels of 89 inflammatory mediators were determined in the paired CSF samples of each TLS+ and TLS- case, using custom immune-assay multiplex Luminex technology (Bio-Plex X200 System equipped with a magnetic workstation, BioRad, Hercules, CA, USA), following the procedures previously optimized⁷. The levels of neurofilament light-chain proteins were measured using the

Human NF-light ELISA kit (MyBioSource, San Diego, CA, USA) according to the procedures previously optimized⁷. In addition, the protein levels of CSF fibrinogen total antigen (#MBS135523, MyBiosource) were measured by ELISA assay as previously optimized²⁹. Finally, the CSF protein levels of parvalbumin (PVALB), a protein specifically expressed by GABAergic interneurons, which is a marker of cortical GABA-ergic interneurons in MS patients with more severe disease course²⁹, was measured by ELISA assay (MBS2022353, MyBioSource, San Diego, CA, USA) according to previously optimized procedures³⁰. All CSF samples were run in duplicate in the same experiment and blinded to group condition. The complete list of the CSF levels (pg/ml) of each molecule analysed is reported in Supplementary Table 1.

Descriptive Analysis and Statistical Modelling

Descriptive statistics were expressed as mean \pm standard error mean or median (IQR). Differences between two groups were evaluated using the unpaired Mann–Whitney test and Fisher’s exact test. Spearman correlation was used to test for statistically significant correlation between groups (e.g. between the relative changes of microglia density and neuronal/axonal changes) and the Spearman R- and p-values reported in each instance and graph. Statistical significance was considered when $p < 0.05$. Statistical analysis and graphing were performed using GraphPad Prism (Ver. 8.0, GraphPad Inc).

We modelled the gradient of cell count abnormalities with distance from CSF using mixed effects models of the form:

$$\begin{aligned} \text{normalizedCount} = & \beta_0 + \beta_1 \cdot \text{field} + \beta_2 \cdot \text{follicle} + \beta_3 \cdot \text{tissue} + \\ & \beta_4 \cdot \text{distance} \cdot \text{follicle} + \beta_5 \cdot \text{distance} \cdot \text{tissue} + \\ & \beta_6 \cdot \text{follicle} \cdot \text{tissue} + \beta_7 \cdot \text{distance} \cdot \text{follicle} \cdot \text{tissue} + \gamma_{\text{subject}} + \epsilon \end{aligned}$$

where *normalized count* was the MHCII+, neuron, or total cell count divided by the mean count from controls in the corresponding field; *field* was the microscopic field from which the count originated (ranging from 1, nearest the CSF interface, to 5, farthest away); *follicle* was 0 for TLS- and 1 for TLS+; *tissue* was 0 for NAT and 1 for TL. The random effect γ_{subject} was a subject-specific intercept and ϵ the residual error.

To assess the correlation between concentration of CSF molecules and cell counts, we applied a similar mixed effect model with replacement of the *follicle* term with *molecule*, which was the concentration of the specified molecule in CSF. Marginal R^2 (R_m^2) and conditional R^2 (R_c^2) were computed, indicating the proportion of variance explained by the fixed effects, and by the fixed plus random effects, respectively³¹. Data processing and analysis was performed using the lme4 package³²

in R (v.4.0.2) and additional data processing and statistical software (ShadowLab Research) written in Python (v3.6.2).

RESULTS

Frequency and characteristics of demyelination

Demyelination in the dorsomedial nucleus of the thalamus was detected in 37 out of the 41 MS cases (90.24%) (Table 1, Fig 1 A-C, Fig 2 E), but in none of the non-inflammatory neurodegenerative cases, such as dementia with Lewy bodies (Fig 1 D), Alzheimer's disease, Parkinson's disease, or other neurological diseases, such as ischaemic encephalopathy (Fig 1 E), HIV encephalitis (Fig 1 F) and MOGAD (Fig 1 G), or the non-neurological controls (Fig 2 A). Specifically, 15 out of the 37 thalamic lesions were classified as active demyelinating lesions (AL, 40.55%), 13 as chronic active lesions (CAL, 35.13%) and 9 as inactive lesions (IAL, 24.32%) (Table 1). The presence of AL was significantly associated with early age at onset (mean: 27.21 ± 4.28 vs mean: 35.16 ± 6.88 ; $p=0.001$), shorter disease duration (19.21 ± 6.05 vs 30.48 ± 12.78 ; $p=0.0052$) and early age at death (46.43 ± 7.67 vs 65.46 ± 9.68 ; $p=0.0001$), compared to the presence of CAL and IAL.

Qualitative and quantitative assessment of gradient of thalamic neuropathology

Qualitative investigation of neuropathology features of lesions in dorsomedial nucleus of the thalamus (Fig 1 C, H; Fig 2 A, E) of a selected group of 20 MS and 5 non-neurological control cases, previously analysed for the "surface-in" gradient of sub-pial cortical damage³, revealed increased density of MHC-II+ microglia/macrophages close to the CSF/ependyma boundary in MS cases with active thalamic demyelination (Fig 1 H, Fig 2 H) compared to both neurological (Fig 1 H-L) and non-neurologic controls (Fig 2 D). Only rare and scattered MHC-II+ activated microglial cells were identified in other inflammatory neurological disease thalamic tissue samples in the subependymal area, with the majority of microglia/macrophages detected as discreet foci adjacent to parenchymal vessels (Fig 1 J-L). Parallel reduction in the density of NeuN+ neurons (Fig 2 F) and SMI31+ stained axons (Fig 2 G) was observed in the same subependymal thalamic lesions in comparison to controls (Fig 2 B, C).

Quantitative analysis of cell counts in the thalamus from the 20 MS brains, stratified according to the presence/absence of meningeal TLS (10 with and 10 without meningeal TLS), and 5 non-neurological controls demonstrated: significant reduction in total cell density in thalamic lesions (TL, 26%; $p=0.0001$) and in normal appearing thalamus (NAT, 12%; $p=0.0003$); reduction of total number of

NeuN+ neurons in TL (19%; $p=0.0001$) and in NAT (11%; $p=0.0005$); reduction of total SMI31+ axons in TL (23%; $p=0.002$) and in NAT (10%; $p=0.004$); increase in total MHC-class II activated microglia/macrophages in TL (55%; $p=0.0001$) and in NAT (29%; $p=0.0003$), all with respect to controls.

When cell counts were measured in MS TLs according to the distance from the CSF surface, a gradient of cell loss was found, highest close to the ventricular surface (mean reduction $23\pm 15\%$, standard error mean) and decreasing up to 10mm inwards (mean reduction $12\pm 4\%$), with respect to control (Fig 2 I). In particular, neuronal densities were decreased by $26\pm 16\%$ at 2 mm from the thalamic ventricular surface and by $12\pm 10\%$ at 10 mm (Fig 2 J). Similarly, graded reduction in SMI31+ axon density was observed in MS thalamic lesions compared to controls, greatest ($38\pm 12\%$) at 2 mm from the ependyma/CSF boundary and least with increasing distance ($13\pm 11\%$) at 10mm (Fig 2 K). This gradient was reversed for activated (MHC-II+) microglia/macrophages, quantified as an increase of $55\pm 36\%$ at 2 mm from the thalamic ventricular surface up to $15\pm 17\%$ at 10 mm from the ventricular surface (Fig 2 L). In MS NAT regions, a similar gradient of total cell loss was found that was highest close to the ventricular surface ($12\pm 9\%$ reduction) with respect to the more internal areas ($4\pm 6\%$ reduction) (Fig 2 I). Neuron densities were significantly decreased by $13\pm 14\%$ at 2 mm from the ventricular surface and non-significantly increased by $2\pm 18\%$ at 10 mm (Fig 2 J). Similar significant decreased axon density was observed only at 2 mm from the ependyma ($12\pm 10\%$) (Fig 2 K). On the contrary, the density of activated (MHC-II+) microglia/macrophages were significantly increased at 2 mm from CSF surface ($30\pm 35\%$) and decreasing to $5\pm 10\%$ at 10 mm from the CSF surface (Fig 2 L).

The gradient of thalamic pathology is greater in cases characterized by tertiary lymphoid-like structures

When SPMS cases were stratified according to the presence or absence of meningeal inflammation, more pronounced cell changes were observed in TLS+MS cases with respect to TLS-MS (Fig 2 M). The highest reduction in neuron density with respect to controls was observed in TL ($41\pm 4\%$) and NAGM ($26\pm 5\%$) of TLS+MS cases in comparison to TL ($11\pm 6\%$) and NAT ($1\pm 5\%$ increase) of TLS-SPMS cases at 2 mm from CSF surface (Fig 2 N). Similarly, highest reduction in axon density with respect to controls was observed in TL ($52\pm 9\%$) and NAGM ($21\pm 8\%$) of TLS+MS cases in comparison to TL ($22\pm 9\%$) and NAT ($4\pm 3\%$ increase) of TLS-SPMS cases at 2 mm from CSF surface (Fig 2 O). The largest increase in microglial density was observed in TL ($88\pm 15\%$) and NAT ($62\pm 16\%$) of TLS+MS cases in comparison to TL ($21\pm 7\%$) and NAT ($2\pm 3\%$ decrease) of TLS-MS cases at 2 mm from CSF surface (Fig 2 P).

As reported in detail in the Supplementary Material, the results of mixed effect models fitted to the cell counts confirmed the presence of significantly steeper slopes (indicating greater cell abnormalities in proximity to the ventricular interface) in TLS+ vs TLS- participants (total cells: $2.5 \pm 0.78\%$, $p=0.0014$; neurons: $2.3 \pm 1.0\%$, $p=0.026$; MHCII+: $-13 \pm 1.8\%$, $p<0.0001$).

In addition to neuronal cell loss, morphometric analysis of MAP2+ neuronal cell shape and morphology revealed significant increase in neuronal f-circle (cell circularity) only in the most external fields 1 ($p=0.027$) and 2 ($p=0.016$), up to 6mm from the CSF/ependyma boundary, in the thalamic lesions of TLS+MS cases, but not in TLS-MS ones, with respect to controls (Fig 2 insets R, T; Table 3). Combined analysis of haematoxylin-eosin staining confirmed enlargement and rounding of neuronal cell body, peripheral localization of the nucleus and enlargement of the nucleolus in MS with respect to controls (Fig 2 Q-V) in the same external portion of the thalamic lesions.

Specific CSF inflammatory protein levels associate with the gradient of thalamic pathology

We then assessed the relationship between the concentration of markers of inflammation and axonal damage in the CSF and the gradient of cell counts in the same individuals (Table 4). We observed an inverse correlation ($p<0.001$) between the neuronal count in proximity to the ventricular surface (intercept) and the CSF levels of several inflammatory markers, including chitinase-3-L1, parvalbumin, sTNFR1, Nf-L, TNF, fibrinogen and IFN γ (Table 4). Interestingly, most of these molecules showed a significant positive correlation with the slope of the trajectory of neuronal cell counts as a function of the distance from the CSF, hence correlating with the greater decrease in neuronal counts moving from the thalamic inner fields toward the ventricular ones (Table 4).

The concentration of several CSF molecules also showed significant ($p<0.001$) positive correlations with the MHC-II cell count on the thalamic ventricular side (intercept): these included Nf-L, chitinase-3-L1, parvalbumin, CCL21, sTNFR1, TNF, CCL19, CCL22, CXCL10, CXCL13 and IFN γ . A significant correlation ($p < 0.05$) was also observed for sCD163, fibrinogen, IL2, IL10, osteopontin and BAFF. These molecules also showed a negative correlation with the slope of MHC-II counts from the superficial to the inner portions of the thalamus, indicating that their increase was associated with a steeper gradient of MHC-II cell abnormalities (Table 4).

For most of these molecules, there was no significant difference in their correlation with the neuronal and MHC-II+ cell counts in TLs or NAT. The only exceptions were CCL19, which was associated with a modest additional decrease in neuronal count in TL (-0.0150 , $p < 0.05$), and fibrinogen, which was associated with further increase in MHCII+ count in TL ($+2.310$, $p < 0.05$). The complete list of molecules tested, the mixed effect models estimates, R^2 and p values are reported in Supplementary Material.

Characterization of the microglial phenotype in thalamic lesions

Immunohistochemical characterization of the microglia/macrophage markers expressed in the active TL (Fig 4 A, inset a) of the examined MS cases revealed that MHC-II+ microglia in the most external fields 1 and 2, close to the CSF surface, mainly expressed TMEM119 (mean percentage= 72%; Fig 4 B, C) and in smaller proportion the marker of antigen presentation CD11c (mean percentage= 56%; Fig 4 D). Only limited numbers of CD68+ microglia/macrophages (Fig 4 E) and P2Ry12+ resting resident microglia (Fig 4 F) were observed in the same portions of the lesions. On the contrary, macrophages expressing CD68, CD86 or CD163 (Fig 4 G-I) were detected in the Virchow-Robin space of large sub-ependymal infiltrates within the thalamic lesions.

Characterization of sub-ependymal infiltrates in thalamic lesions revealed an increase in B-cell numbers

In addition to an elevated number of macrophages, large perivascular sub-ependymal infiltrates within thalamic lesions included a variable number of scattered CD3+ T-cells (Fig 5 B, F, J), elevated numbers of CD20+ B cells, which often occurred as aggregates, (Fig 5 C, G, K) and scattered Ig-expressing plasma cells (Fig 5 D, H). In addition, CD35+ follicular dendritic cells were observed within the Virchow-Robin of the sub-ependymal infiltrates of 5 out of the 10 TLS+MS cases (Fig 5 E, I, L), but not in TLS-MS. The expression of CXCL13 was detected in some of the B-cell enriched sub-ependymal infiltrates (Fig 5 M). The presence of such large sub-ependymal infiltrates was a major characteristic of TLS+ MS cases (7 out of the 10 examined), while only a minor fraction of TLS- cases (2 out of the 10 examined) presenting similar large (diameter: 200-500 μ m) sub-ependymal infiltrates (Fig 5 N). The number of CD3+ T-cells (mean = 31.1 ± 13.5 ; range=15-54) and CD20+ B-cells (mean= 73.5 ± 11.7 ; range=34-120) per sub-ependymal infiltrate per case demonstrated a substantially increased proportion of B-cells in TLS+ MS cases (Fig 5 O).

DISCUSSION

Neuropathological, clinical and imaging evidence has demonstrated a significant involvement of the thalamus from the earliest stages of MS^{23, 24}, and greater volume loss, as compared to cortical and deep grey matter, in subjects with clinically and radiologically isolated syndromes³³⁻³⁴. In our study, we report that the presence of active inflammatory demyelinating thalamic lesions, observed in 40% of the cohort of post-mortem progressive MS cases, was associated with a younger age at onset, a

more rapid and severe disease course, shorter disease duration and younger age at death compared to MS cases with chronic active or inactive thalamic lesions. Surprisingly, a substantial proportion of thalamic lesions detected in our study (40%) were still active at time of death, mainly at the level of the CSF-ependymal boundary, despite a mean disease duration of 25 years. While previous neuropathology studies have reported a very low frequency of active lesions in patients with chronic multiple sclerosis³⁵, our findings further support the hypothesis that lesion activity and inflammation may persist throughout disease progression, at least in a subgroup of chronic MS cases with more rapid and severe progression. In addition, we revealed that thalamic MS pathology occurs according to a “surface-in” gradient from the CSF-ependymal boundary into the deep grey matter and includes neuronal and axonal loss and morphological neurodegenerative changes, accompanied by a substantial increase in microglial density. This is in agreement with recent data obtained from both MRI and PET imaging studies^{17-20, 36-38} even at early stages in paediatric MS patients^{23-24,33}. In particular, this ‘ependymal-in’ pattern of injury appears to occur independently of demyelination and is higher in MS brains with increased inflammation, either in the meninges (TLS+) or as large subependymal infiltrates.

A surface-in gradient of cortical damage, in particular subpial, has been described in post-mortem MS cases and suggested as an important pathologic substrate of clinical progression in MS^{3,17}. Increasing evidence supports a relationship between periventricular and subpial abnormalities²⁰. Despite being suggested to be linked to progressive disease biology, the abnormalities at the brain/CSF interfaces are already seen early in the course of paediatric and adult-onset MS^{20, 23-24,33}. The gradient of damage in the thalamus, like that in the cortical layers, appears to be substantially influenced and intensified by the presence of meningeal TLS enriched in B-cells, suggesting that intrathecal inflammation may play a crucial role in prevalence of MS lesion distribution in the outermost subpial and subependymal (periventricular) GM regions and in exacerbating neurodegeneration, either directly or indirectly by releasing inflammatory and/or cytotoxic factors into the CSF^{8-14, 39-42}. Interestingly, our data showing that the graded thalamic injury persist up to the time of death, in the presence of diffuse microglial activation and perivascular inflammatory infiltrates, support the hypothesis that chronic inflammation persists throughout the disease course⁴²⁻⁴³.

The strong association of thalamic pathology with the presence of cortical meningeal ectopic TLS, enriched in B cells, further substantiates the hypothesis that meningeal lymphoid-neogenesis and increased intrathecal inflammation have a fundamental role, not only in subpial GM pathology but also in the deep grey matter. Inflammatory/cytotoxic factors produced by meningeal infiltrates,

possibly related to the elevated B cell activity and released into the CSF, could cause damage not only to the regions adjacent to the meningeal TLS, but also diffusely across all the brain²⁰ and spinal cord⁴⁴⁻⁴⁵ surfaces. It was previously suggested that B cells from patients with MS but not controls, in addition to secretion of pro-inflammatory molecules, such as TNF, lymphotoxin- α , IL-6 and GM-CSF, may also secrete one or more factors toxic to oligodendrocytes and neurons that can possibly directly contribute to demyelination in MS patients^{8-11, 16, 44-46}. Here we indeed found that, among a large panel of inflammatory mediators examined in the CSF from the same MS cases used for thalamic cell counts, only a specific subgroup of molecules related to both innate immune activity and lymphoid neogenesis (CCL19, CXCL10, CXCL13) and major inflammatory factors (including sTNFR1, fibrinogen, IFN- γ , IL2 and IL10), strongly associated with the gradient of increased microglial density in the thalamus of progressive MS cases. As previously suggested¹⁶, CSF levels of TNF and its pro-inflammatory soluble receptor, sTNFR1, appear to represent good surrogate correlates of the “surface-in” GM pathology. In addition, CSF levels of markers of neurodegeneration, such as neurofilament light-chains and parvalbumin (PVALB), were found correlated with neuronal loss in the thalamus. CSF parvalbumin, a GABAergic neuronal marker recently found associated with grey matter atrophy³⁰, showed the highest correlation with neuronal loss when compared to NfL levels, supporting the idea that this molecule may represent a potential MS-specific biomarker of neuronal injury. All the correlations were also characterized by a slope reflecting steeper changes with increasing distance away from the ventricular surface, in agreement with the idea that CSF inflammatory/cytotoxic factors may induce diffuse pathological cell alterations directly, by mediating neuroaxonal injury, and/or indirectly, by activating tissue resident microglia and astrocytes. The observed significant association observed in MS thalamic lesions between gradient of microglia activation and gradient of neuro-axonal decreased density strongly support this hypothesis. Moreover, this idea is supported by a recent longitudinal, prospective study of relapsing-remitting MS patients at time of diagnosis showing that CXCL13 and sCD163 CSF protein levels were independent predictors of thalamic ($R^2_{\text{model}}=0.80$; $P<0.001$) and hippocampal ($R^2_{\text{model}}=0.47$; $P<0.001$) volume change after 2-year follow-up⁴⁶. In addition, chronically elevated TNF and IFN γ cytokine concentrations in the CSF in vivo in a rat model have been demonstrated able to induce microglial activation, subpial demyelination and neuronal loss in the cortical layers underlying the subarachnoid space^{12,15}. These data strongly suggest a key role of intrathecal inflammation in the slow build-up of diffuse grey matter pathology, in particular in neuronal loss and aberrant rounding morphology, that as previously shown may be mediated by TNF/TNFR1-mediated necroptosis (rather than apoptosis), possibly related to chronic meningeal inflammation⁴⁷.

The “surface-in” gradient and the correlation with CSF inflammation were found in both active thalamic lesions and normal appearing thalamus (NAT), indicating that microglial activation and neuro-axonal degeneration are likely to be partially independent of myelin loss, as has also been shown in cortical GM^{1,3,47,48}. Pathological changes in NAT were particularly evident in MS brains with elevated meningeal inflammation, but not in MS brains without, which showed measures of cell density similar to non-neurological controls. These findings strongly support a key role of intrathecal inflammation in the slow build-up of diffuse pathology and may have important clinical implications possibly explaining long-term MS worsening, independent of relapse activity, also known as “silent disease activity”.⁴⁹

We found an elevated presence of immune perivascular infiltrates in periventricular large veins in the active thalamic lesions. These veins are found close to the ependymal surface and drain towards the periventricular surface. Perivascular spaces have been shown to increase in size and number in MS brains⁵⁰ and this event may also influence the inflammatory conditions. Interestingly, we found that the inflammatory infiltrates in active thalamic lesions were particularly rich in CD20+ B-cells, often closely aggregated and accompanied by the presence of CD35+ follicular dendritic cells (FDC), particularly in MS cases also characterized by presence of TLS in the meninges. This suggests that the accumulation of inflammatory cells in the Virchow-Robyn spaces, which are characterized by increased amounts of connective tissue, may contribute to the persistence of compartmentalized intracerebral inflammation and, in turn, to disease exacerbation in the deep grey matter⁵¹⁻⁵⁴. Our data gives an insight into the CNS-wide extent of compartmentalized inflammation that can possibly occur both in the leptomeningeal and in the brain perivenular infiltrates, possibly in a proportion of MS cases with increased B cell involvement, indicating one of the rationales of the success of existing and new anti-B cell treatments. In support of this, related B-cell clones have been previously found in both the cerebral meningeal and in parenchymal perivascular infiltrates⁵⁵.

This study is not without limitations including the lack of larger and independent cohorts of post-mortem MS and control (other neurological conditions) groups, as well as the assessment of further components of tissue alterations. In addition, more in depth assessment and understanding of the exact molecular mechanisms involved in surface-in pathology in progressive MS need to be still achieved.

Conclusions

Thalamic pathology is a relatively common feature of progressive MS and we have shown that it follows a “surface-in” gradient of neuronal and axonal loss and microglial activation from the

CSF/ependymal boundary towards the deep grey matter. In a specific MS subgroup, characterized by more rapid and severe disease progression, the extent of the gradients correlated with the presence of compartmentalized inflammation within meningeal TLS structures and large sub-ependymal perivascular lymphoid-like infiltrates, both enriched in B cells, and with elevated level of CSF inflammation. These data support a key role for intrathecal B-cell immunity in MS-specific brain superficial cortical and periventricular injury, possibly related to intrathecally compartmentalized inflammation and to a specific disease endophenotype. CSF biomarkers, together with advance imaging tools, may therefore help to improve not only the disease diagnosis but also the early identification and stratification of specific MS subgroups that would benefit of more personalised treatments.

Additional work will be needed to determine the exact molecular functions/mechanisms involved in the “surface-in” damage in MS that could be targeted by future MS therapies.

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Author Contribution

RM, SM and RR contributed to the conception and design of the study; RM, GF, RB, OH, SH and RN contributed to the acquisition and analysis of data; RM, ABO, OWH, SH, DM, AP, RN, MC, SM and RR contributed to drafting and revision of the manuscript.

Potential conflicts of interest:

The authors declare no conflicts of interest related to this study.

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Legends

Figure 1

Schematic illustration of the thalamic tissue block examined from post-mortem MS and control cases (A, B) and of the thalamic area examined for cell density according to the adjacent layers within a 10 mm-distance from the CSF/ependymal boundary (A). Immunohistochemistry detection of myelin oligodendrocyte glycoprotein (MOG) and of the major histocompatibility complex class II molecules (MHC-II) on serial sections of post-mortem thalamic tissues from patients with multiple sclerosis (C), Lewy body dementia (D), ischaemic encephalopathy (E), HIV encephalitis (F), MOG antibody mediated disease (G). Sub-ependymal demyelination (underlined by arrowheads) was evident in multiple sclerosis cases (C) but not in the other neurological controls (D-G). Parallel increased density of MHC-II⁺ microglia/macrophages close to the CSF/ependyma boundary in MS cases with active thalamic demyelination (H) but not in the other examined neurological conditions (I-L). Only rare and scattered MHC-II⁺ activated microglial cells were identified in other inflammatory neurological disease thalamic tissue samples in the subependymal area, with the majority of microglia/macrophages detected as discrete foci adjacent to parenchymal vessels (Fig 1 J-L). Scale bar: 1000 μ m (C-L).

Figure 2

Neuropathological characterization of thalamic lesions in MS compared to non-neurological control: immunohistochemical detection of myelin oligodendrocyte glycoprotein (MOG; A, E), neuronal nuclei (NeuN; B, F), and axons (SMI31, C, G) and major histocompatibility complex class II molecules (MHC-II; D, H) in post-mortem thalamic medial nuclei from age matched healthy control (A-D) and SPMS (E-H) cases. Demyelination (underlined by arrowheads) was observed in subependymal thalamic cortical area of MS case (E) but not in individuals without any neurological

conditions, control (Ctrl, A). Reduction in number of NeuN+ neuronal cells (F) and SMI31+ axons (G) axons was observed in the superficial periventricular portion of thalamic MS lesions but not in correspondent controls (B, C). Substantial increase in the density of MHC-II+ microglia/macrophages was detected in the same areas close to the ependymal/CSF boundary (arrows) of thalamic lesion (H) of an SPMS case.

Quantitative analysis of total cell counts (I, M), NeuN+ neurons (J, N), SMI-31 axons (K, O) and MHC class-II+ microglia/macrophages (L, P) in thalamic lesions (TL, blue line) and in normal appearing thalamus (NAT, green line) of 20 post-mortem MS cases and 5 non-neurological controls within five consecutive fields of view (20x objective), moving from the CSF-thalamic interface towards the internal capsule for a distance of 10 mm from the CSF/ependyma boundary. All graphs report mean cell counts (density expressed as number of cells /mm²) normalized with respect to the cell counts in the controls, according to the distance from CSF. Shaded areas represent 95% confidence intervals. Graphs M-P report the cell density changes in MS brains stratified according to the presence (TLS+, dashed lines) or absence (TLS-, solid lines) of meningeal TLS.

Q-V: Morphological analysis of haematoxylin-eosin staining or MAP2 immunostaining (insets R, T) describes enlargement and rounding of neuronal cell body, peripheral localization of the nucleus and enlargement of the nucleolus in MS (IS, inset T, V) respect to controls (Q, inset R, U) in the external fields 1 and 2 of the thalamic lesions. Scale bar: 500 μ m (A - H), 20 μ m (Q-V).

Figure 3

A-B: Spearman correlation analysis between microglia density (density expressed as number of cells /mm² and normalized with respect to the cell counts in the controls) and neuron density (A, B, normalized respect to microglia density measured in the controls) or axon density (C, D, normalized respect to microglia density measured in the controls). Graphs report the correlation analysis at the most external measured area close to the CSF/ependyma boundary, 2 mm, A, C) and at the most internal area (8 mm, B, D). Spearman correlation index R and p value is reported for each graph.

E-Q: Neuropathological characterization of microglial activation in thalamic lesions. Active thalamic demyelination (E, inset F) was revealed by the immunostaining of major histocompatibility complex class II molecule (MHC-II) combined with the myelin staining Luxol Fast Blue (LFB). Abundant presence of TMEM119+ microglia was evident in the parenchyma of thalamic lesions particularly close to the ependymal/CSF boundary (G, H), where concomitant expression of the antigen presentation marker CD11 was also observed (I). Only a limited number of CD68+ microglia/macrophages (J) and P2Ry12+ resting resident microglia (K) were observed in the same external portions of the lesions. On the contrary, the Virchow-Robin space of sub-ependymal vessels

observed in active thalamic lesions contained macrophages mainly expressing CD68 (L), CD86 (M) or CD163 (N). Scale bars: μm (L-N), 500 μm (E-K), 20 μm (inset F).

Figure 4

Neuropathological characterization of subependymal perivascular infiltrates (S.E.I.) in thalamic lesions. Numerous, large perivascular inflammatory infiltrates are detected in thalamic MS lesions (A, underlined by arrowheads) in close proximity to the ependyma (A, B, C, F, G, I, J, K). These infiltrates contained a variable number of scattered CD3+ T cells (B, F, J) and an elevated number of CD20+ B cells (C, G, K), often aggregated in a compact cluster. Within the B-cell enriched portion of the sub-ependymal infiltrates, CD35+ follicular dendritic cells (FDC) were also found (E, I, L), in combination with the expression of CXCL13 (M) and the presence of a substantial number of Ig-producing plasma cells (D, H). Scale bars: 1000 μm (A), 200 μm (B, C, F, G, J, K, L); 20 μm (D, E, H, M).

The frequency of large sub-ependymal infiltrates (S.E.I.) in TLS+ SPMS cases (7 out of the 10 examined) and in TLS-SPMS cases (2 out of the 10 examined) are reported in graph N; the number of CD3+ T cells and CD20+ B cells for each of the detected large SEI in TLS+ and TLS- SPMS examined cases are reported in graph O.

Table 1

Demographic and clinical details of post-mortem MS cases.

Tertiary lymphoid-like structures negative MS (green rows); tertiary lymphoid-like structures positive MS (blue rows)

AL= active lesion; CAL= chronic active lesion; IAL= inactive lesion

Table 2

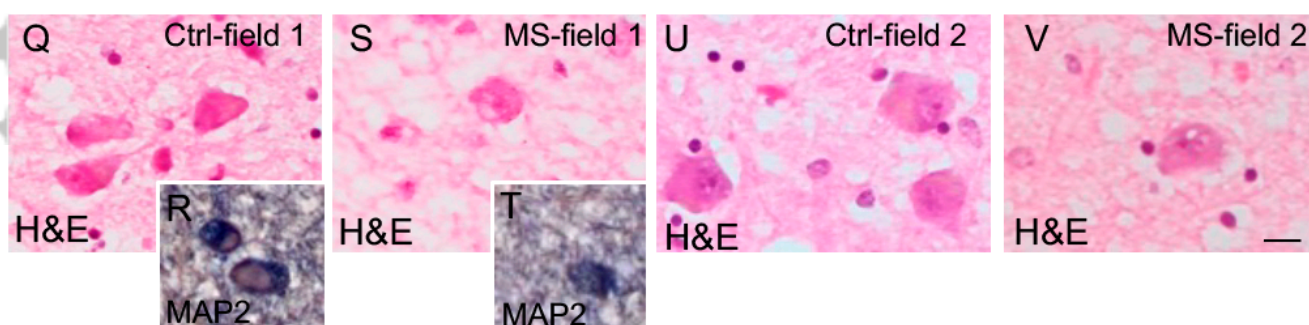
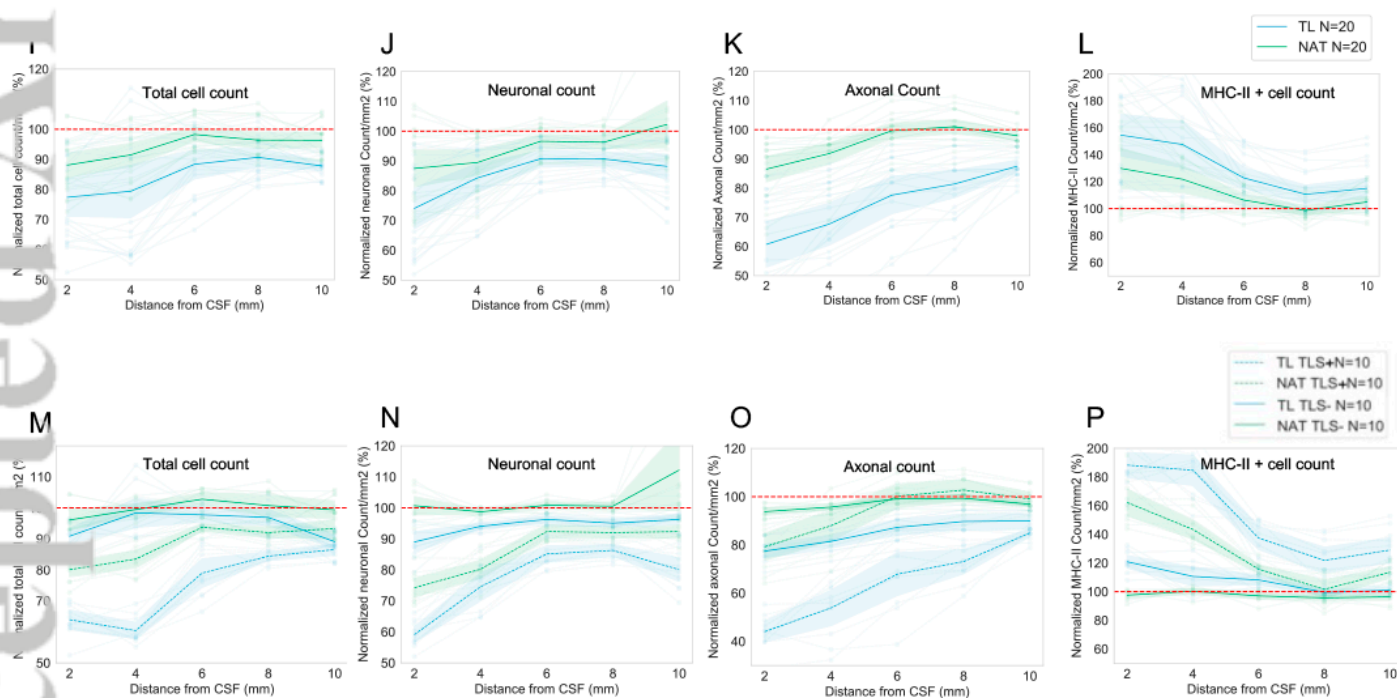
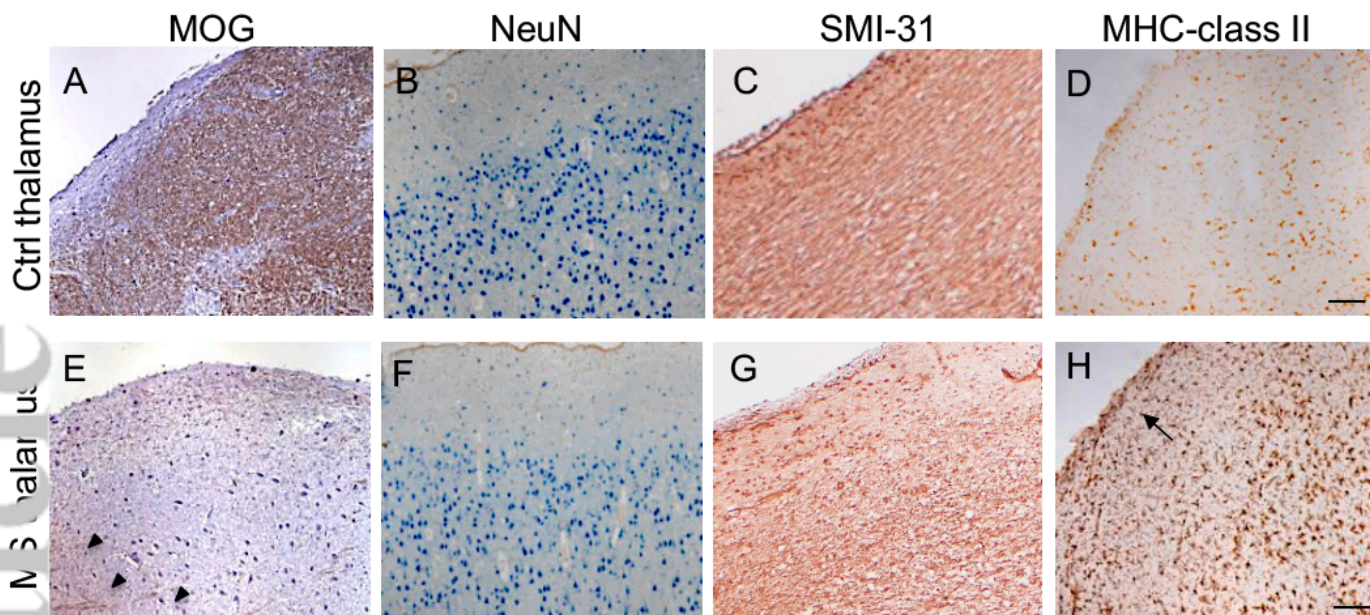
Primary antibodies used for immunohistochemistry/immunofluorescence

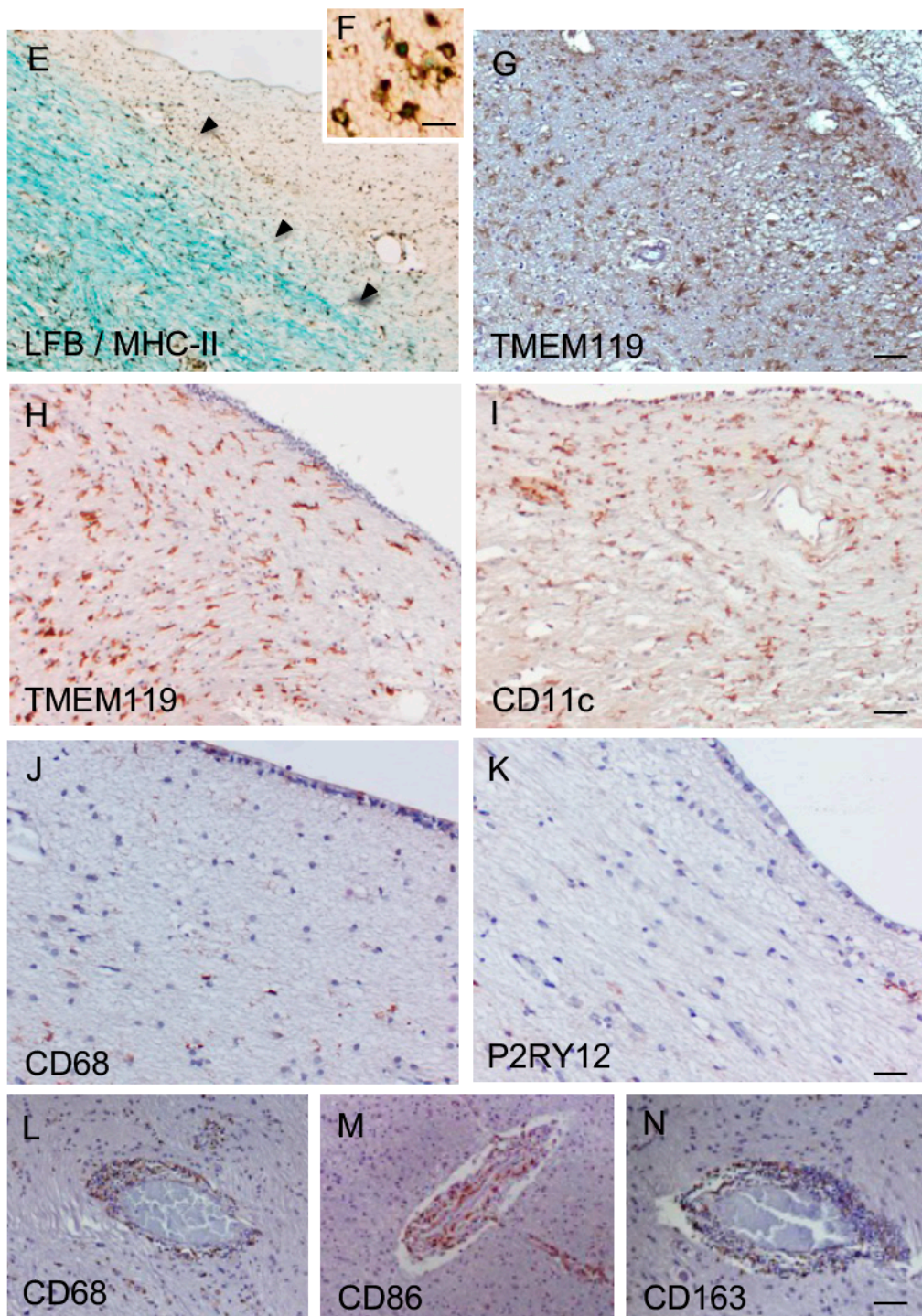
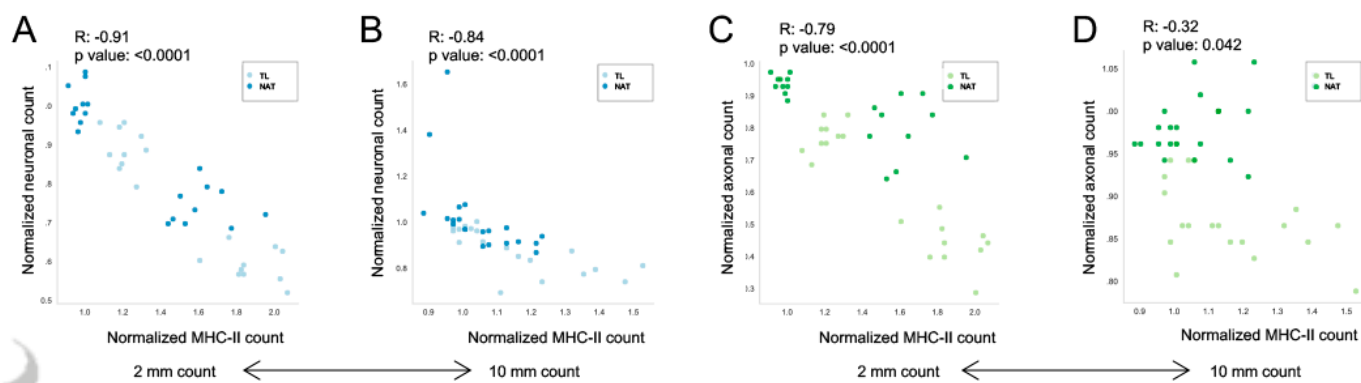
Table 3

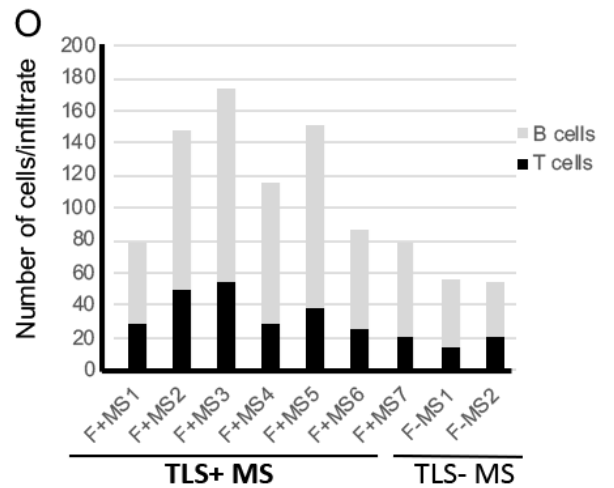
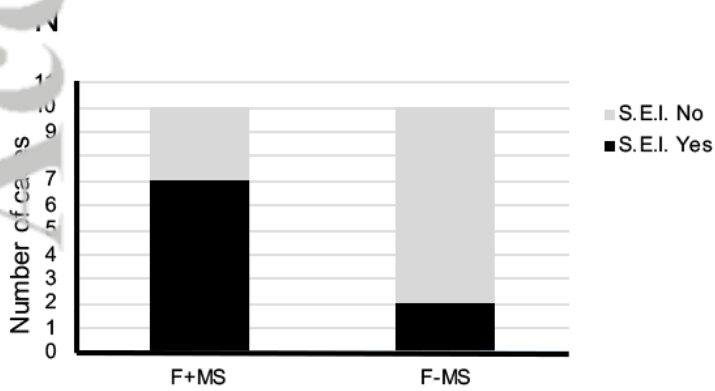
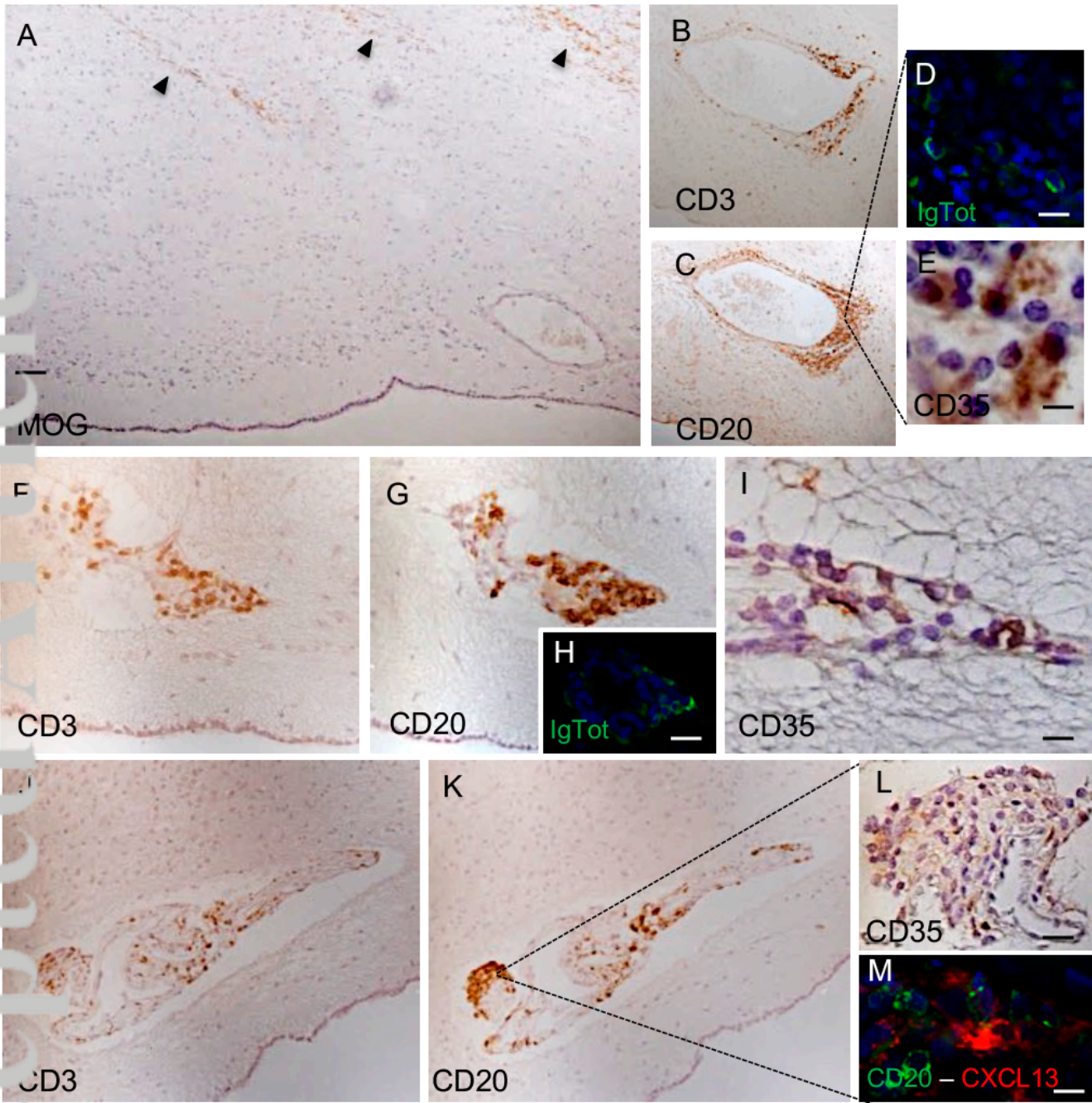
Measures of neuronal f-circle in thalamic lesions (TL, blue line) and in normal appearing thalamus (NAT, green line) of 20 post-mortem MS cases and 5 non-neurological controls within five consecutive fields of view (20x objective), moving from the CSF-thalamic interface towards the internal capsule for a distance of 10 mm from the CSF/ependyma boundary. * indicates significant increase ($p < 0.05$) in the comparison between pathological condition and control one in the same examined thalamic field.

Table 4

Correlation of the levels of CSF molecules with the gradients of normalized neuronal and MHC-II cells counts. The table reports the CSF molecules showing significant correlations with the intercept (indicating the cell count in closest proximity to the ventricular interface) and the slope of the gradient of neuronal (A) and MHC-II cells (B) densities. Red and blue colors indicate significant positive and negative estimates, respectively, with darker colours indicating significance of $p < 0.001$, and lighter colours of $p < 0.05$.







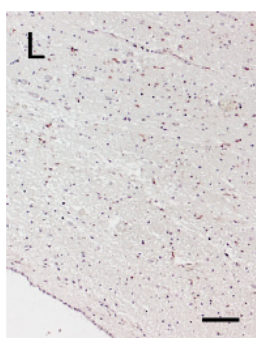
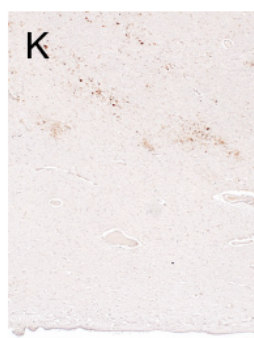
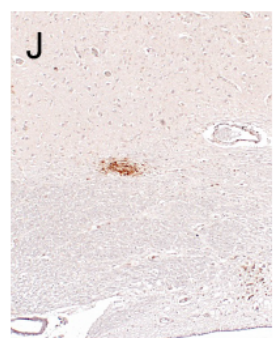
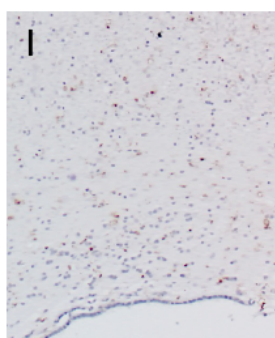
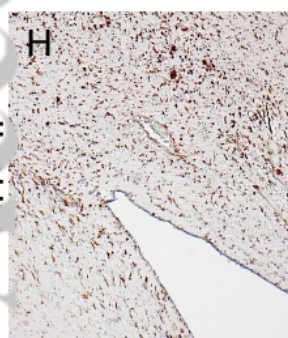
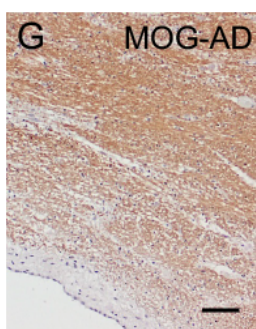
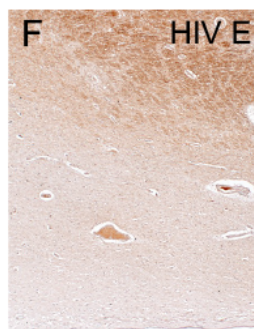
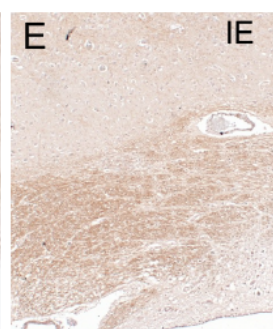
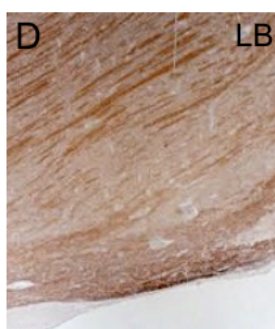
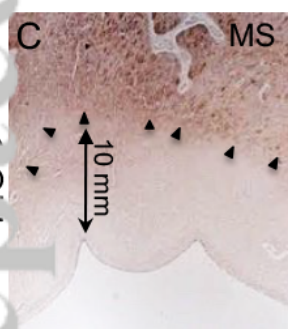
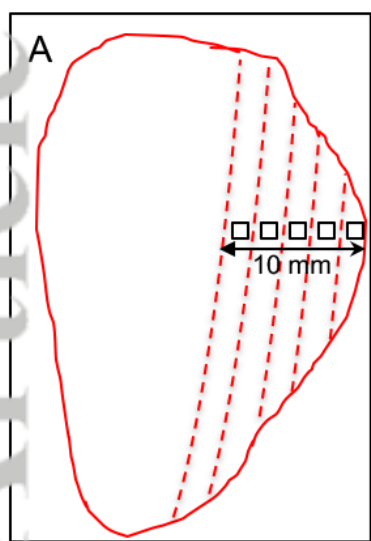
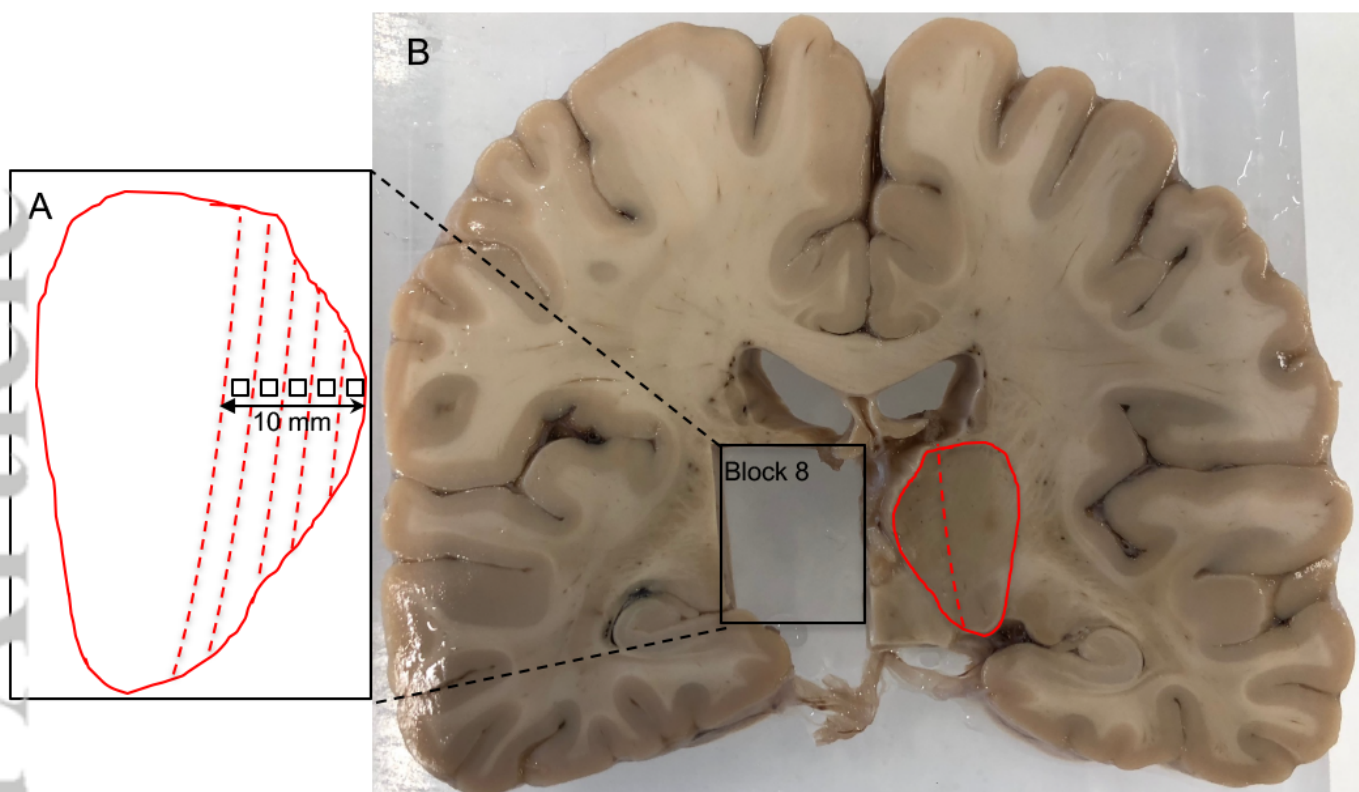


Table 1
Demographic and clinical details of examined post-mortem MS and control cases

MS	MS category	Sex	Cause of death	Age at onset	Age at death	Disease duration (years)	PM delay (hrs)	CSF availability and ph	TAL	TAL activity
86	RR	F	Cancer of the bladder, chest infection, multiple sclerosis	51	81	30	15	-	-	-
90	2	M	Septicaemia, pneumonia, multiple sclerosis	23	62	39	17	6,5	1	CAL
93	2	F	Aspiration pneumonia, multiple sclerosis	31	57	26	25	-	1	IAL
94	PP	F	Bronchopneumonia, multiple sclerosis	36	42	6	11	-	1	CAL
97	2	M	Bronchopneumonia, multiple sclerosis	33	55	22	31	-	1	IAL
99	2	F	Multiple sclerosis	40	81	41	23	-	1	IAL
100	2	M	Pneumonia	38	46	8	7	-	1	AL
104	2	M	Multiple sclerosis, urinary tract infection	42	53	11	12	6,55	1	CAL
105	2	M	Bronchopneumonia, infection	27	73	46	8	6,47	1	CAL
111	PP	M	Old age	38	92	54	9	6,45	1	IAL
114	2	F	Pneumonia, sepsis, pulmonary embolism	37	52	15	12	6,5	1	CAL
121*	RR	F	Septicaemia, pneumonia, multiple sclerosis	35	49	14	24	6,8	1	AL
124	2	F	Septicaemia, bronchopneumonia, multiple sclerosis	24	30	6	65	-	1	AL
125	2	F	Septicaemia, multiple sclerosis	45	76	31	13	7	-	-
126	2	M	Pneumonia	43	75	32	22	7,25	1	CAL
127	2	M	Multiple sclerosis, bronchopneumonia	28	51	23	21	7,5	1	CAL
128	2	F	Small bowel obstruction, pneumonia	28	78	50	22	7	1	CAL
129	PP	F	Metastatic carcinoma of lung, multiple sclerosis	42	66	24	8	7,5	-	-
133	2	M	Metastatic carcinoma of lung, multiple sclerosis	35	63	28	20	7	-	-

141	2	M	Carcinomatosis rectum	29	66	37	20	6,9	1	IAL
143	2	F	Pulmonary embolism, multiple sclerosis	43	62	19	13	7,2	1	IAL
146	2	F	Right lower lobe pneumonia due to multiple sclerosis	32	63	31	16	-	1	CAL
155	2	F	Small bowel obstruction, pleurisy, heart problem, multiple sclerosis	43	80	37	13	7	1	CAL
180*	2	F	Septicaemia, pneumonia, multiple sclerosis	26	44	18	9	6,5	1	AL
197*	2	F	Bronchopneumonia, multiple sclerosis	24	51	27	10	7,1	1	AL
230*	2	F	Multiple sclerosis, exhaustion	22	42	20	31	6,6	1	AL
234*	RR	F	Pulmonary embolism, aspiration pneumonia	24	39	15	15	-	1	AL
237	2	M	Pneumonia, heart attack	38	77	39	19	6,8	1	CAL
241	2	F	Septicaemia, bronchopneumonia, MS type 2, diabetes mellitus	43	83	40	15	6,7	1	IAL
256*	2	F	Aspiration pneumonia, multiple sclerosis	29	53	24	21	6,8	1	AL
286*	2	M	Septicaemia, pneumonia, multiple sclerosis	29	45	16	7	10,2	1	AL
311	2	M	Pneumonia, multiple sclerosis.	28	45	17	22		1	CAL
330	2	F	Pneumonia, multiple sclerosis.	20	59	39	21	7	1	AL
331	2	M	Bronchopneumonia, multiple sclerosis	33	57	24	25	7,2	1	AL
336	2	F	Respiratory failure, multiple sclerosis	31	57	26	24	7,5	1	AL
342	2	F	Septicaemia, pneumonia, multiple sclerosis	30	35	5	9	6,7	1	AL
354	2	F	Septicaemia, multiple sclerosis	20	46	26	9		1	CAL
356	2	F	Pneumonia, multiple sclerosis	29	45	16	10	6,5	1	AL
407	2	F	Septicaemia, pneumonia	25	44	19	22	6,7	1	AL
445	2	F	Lower respiratory tract infection, multiple sclerosis	24	62	38	13	9,4	1	IAL

506	2	F	Pneumonia, multiple sclerosis	-	61	>50	21	-	1	IAL
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Controls	Sex	Age	Clinical diagnosis
Non-neurological controls			
14	64	M	Cardiac failure, myocardial infarction
22	69	F	Lung Cancer
25	35	M	Carcinoma of the tongue
64	63	F	Acute renal failure, pneumonia
65	82	F	bronchial pneumonia, dementia
Other neurological controls			
PD1	61	M	Parkinson's disease
PD2	65	F	Parkinson's disease
LB1	67	M	Lewy body dementia
AD1	71	F	Alzheimer's disease
C4178	59	M	Ischaemic encephalopathy
C3727	41	M	Cytomegalovirus encephalitis
C2342	17	M	HIV encephalitis
158-20	9	M	MOG-AD
44-18	67	F	MOG-AD
187-15	78	F	NMO-SD
8-14	71	M	NMO-SD
154-14	62	F	Meningitis

Cases examined for cell count are highlighted in dark grey (with meningeal tertiary lymphoid structures, TLS+) and light grey (without meningeal tertiary lymphoid structures, TLS-). *Case previously examined for the gradient of cell alterations in the motor cortex. Abbreviations: thalamic lesion (TAL), chronic active lesion (CAL), inactive lesion (IAL), active lesion (AL).

Table 2

Primary antibodies used for immunohistochemistry / immunofluorescence

ANTIGEN	SPECIFICITY	CLONE	DILUTION	SOURCE
MOG[§]	Myelin oligodendrocyte glycoprotein	Z12	1:50	<i>In house, R. Reynolds, Imperial College London, UK</i>
MHC-CLASS II	Antigen presenting cells	CR3/43	1:50	Dako, Carpinteria, CA, USA
NeuN	Neuronal nuclei	Rabbit polyclonal	1:1000	Millipore/Merck, Merck KGaA, Darmstadt, Germania
MAP2	Microtubule-associated protein 2	Rabbit polyclonal	1:200	Dako
SMB1	Neurofilament heavy polypeptide	Mouse	1:200	Biolegend, San Diego, USA
CD68	Activated microglia/macrophages	KP1	1:50	Dako
TMEM119	Transmembrane protein 119	Rabbit polyclonal	1:100	Sigma-Aldrich, Burlington, MA, USA
CD86	Co-stimulatory T cell signal	Goat polyclonal	1:100	R&D Systems, Minneapolis, MN, USA
CD163	Haemoglobin-haptoglobin scavenger receptor	10D6	1:500	Novocastra, Leica Biosystem, Wetzlar, Germany
CD11c	Integrin alpha X (ITGAX)	KB90	1:50	Dako
CD3[†]	T lymphocytes	EP449E	1:125	ThermoFischer, Waltham, MA, (USA)
CD20[†]	B lymphocytes	L26	1:250	ThermoFischer
CD35[‡]	Follicular dendritic cells	Ber/MAC/DRC	1:50	Dako
CXCL13[‡]	CXCL13/BCA1 chemokine	Goat polyclonal	1:50	R&D System,
Fluorescein-conjugated Ig-A,-G, -M	Plasma cells/ Plasma blasts	Rabbit polyclonal	1:500	Dako

Antigen retrieval procedures used in this study:

† 30 minutes in steamer in sodium citrate buffer pH 6.

‡ 30 minutes in steamer in Dako target retrieval solution pH 9.

§ Permeabilization with cold methanol.

Table 3 Measures of neuronal f-circle

	Controls	TL TLS+	NAT TLS+	TL TLS-	NAT TLS-
Field	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
1	0.733 (0.03)	0.782 (0.05) *	0.752 (0.04)	0.755 (0.05)	0.746 (0.04)
2	0.758 (0.04)	0.798 (0.03) *	0.771 (0.04)	0.770 (0.03)	0.762 (0.06)
3	0.784 (0.07)	0.801 (0.04)	0.795 (0.03)	0.773 (0.04)	0.787 (0.05)
4	0.792 (0.04)	0.809 (0.03)	0.797 (0.06)	0.796 (0.04)	0.791 (0.03)
5	0.756 (0.06)	0.769 (0.03)	0.761 (0.04)	0.762 (0.05)	0.761 (0.05)

Table 4

CSF Molecule	Intercept NAT	Slope NAT	Intercept TL	Slope TL
	Neuronal cell counts			
Chitinase-3-like-1	-1.2674e-03	1.0091e-04	-1.6604e-03	2.3765e-04
sTNF-R1	-6.0639e-03	8.9050e-04	-6.4063e-03	8.6601e-04
PVALB	-4.5302e-01	7.4909e-02	-4.7689e-01	7.4905e-02
NF-L	-1.9941e-01	1.8342e-02	-2.6173e-01	3.4811e-02
TNF-alpha	-2.3651e+00	3.1561e-01	-2.7172e+00	4.3264e-01
sCD163	-4.6058e-05	4.6066e-06	-6.6890e-05	1.0671e-05
CCL21	-7.5644e-03	4.7281e-04	-1.1328e-02	1.5520e-03
Fibrinogen	-1.3619e+00	1.9618e-01	-1.5779e+00	2.5801e-01
CCL19	-1.8801e-02*	1.4673e-03	-3.3764e-02*	5.5991e-03
IL-2	-6.9683e-01	9.2707e-02	-7.4687e-01	1.0183e-01
BAFF	-1.6370e-03	3.0289e-04	-1.2165e-03	1.3235e-04
CXCL10	-3.0348e-03	2.3338e-04	-5.1040e-03	7.7514e-04
IFNγ	-1.0657e-01	1.2213e-03	-1.7946e-01	2.5524e-02
	MHC-II+ cell count			
NF-L	6.9119e-01	-1.3191e-01	7.7885e-01	-1.2949e-01
Chitinase-3-like-1	3.8585e-03	-7.1654e-04	3.7771e-03	-4.6497e-04
CCL21	2.6217e-02	-5.0357e-03	3.2627e-02	-5.0695e-03
PVALB	1.0088e+00	-1.9494e-01	1.0787e+00	-1.3730e-01
sTNF-R1	1.3332e-02	-2.4313e-03	1.7834e-02	-2.6763e-03
TNF-alpha	5.6823e+00	-1.1088e+00	6.8719e+00	-9.8644e-01
CCL19	6.4723e-02	-1.2396e-02	8.0151e-02	-1.3391e-02
CCL22	1.0391e+00	-2.0050e-01	1.1084e+00	-1.4463e-01
CXCL10	1.1324e-02	-2.1216e-03	1.3160e-02	-2.2257e-03
CXCL13	1.0335e+00	-2.0308e-01	1.2564e+00	-1.8533e-01
IFNγ	3.7935e-01	-6.9188e-02	3.5126e-01	-3.4123e-02
sCD163	1.0791e-04	-1.9157e-05	1.5372e-04	-2.3121e-05
Fibrinogen	3.1042e+00*	-6.2587e-01	5.4140e+00*	-9.4240e-01
IL-2	1.7682e+00	-3.4171e-01	2.0161e+00	-2.9482e-01
IL-10	4.1074e+00	-8.1181e-01	3.0764e+00	-1.9105e-01
IL-12-p70	-8.6644e+01	1.6676e+01	-1.0201e+02	1.7659e+01
IL-5	-6.4402e+01	1.2815e+01	-7.0779e+01	1.0996e+01
Osteopontin	1.9276e-03	-3.7657e-04	2.3841e-03	-3.9523e-04
BAFF	3.7817e-03	-7.2672e-04	4.5562e-03	-7.3216e-04

Correlation of CSF molecules with gradient of normalized neuronal and MHC-II cells counts. The table report the CSF molecules showing significant correlations with the intercept (indicating the cell count in closest proximity to the ventricular interface) and the slope of the gradient of neuronal (A) and MHC-II cells (B) densities. Red and blue colors indicate significant positive and negative estimates, respectively, with darker colors indicating significance of $p < 0.001$, and lighter colors of $p < 0.05$.