

Supplementary section C

This section summarizes the analysis on the effect of relationship quality on emotional wellbeing and life satisfaction, individually for each country in the sample. Please note that capital letters indicate the groups from which a mean score was NOT significantly different with (based on the results of post-hoc analysis using Bonferroni). We used the following letters for each group: (I) Single (difficulties in attracting mates), (P) Single (by choice), (B) Single (between relationships), (Br) Bad, (Mr) Moderate, (Gr) Good, (O) Other.

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China

Table 1 China

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.062	.026
Happy	3.14 (1.01) P,B,O,Br,Mr	3.22 (0.93) I,B,O,Br,Mr,Gr	3.35 (1.02) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr	3.40 (0.86) I,P,B,O,Br,Gr	3.83 (1.09) P,B,O,Mr	3.08 (0.93) I,P,B,Br,Mr,Gr	.001	.053
Joyful	2.95 (1.05) P,B,O,Br,Mr	3.07 (1.03) I,B,O,Br,Mr,Gr	3.26 (1.00) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr	3.25 (0.91) I,P,B,O,Br,Gr	3.70 (1.16) P,B,Mr	2.85 (0.97) I,P,B,Br,Mr	.001	.052
Delighted	3.08 (0.95) P,B,O,Br,Mr,Gr	3.20 (1.06) I,B,O,Br,Mr,Gr	3.33 (0.94) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr	3.27 (0.86) I,P,B,O,Br,Gr	3.66 (1.20) I,P,B,O,Mr	3.00 (1.06) I,P,B,Br,Mr,Gr	.008	.041
Cheerful	2.98 (1.10) P,B,O,Br,Mr	3.09 (0.97) I,B,O,Br,Mr,Gr	3.24 (1.06) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr	3.25 (0.90) I,P,B,O,Br	3.72 (1.17) P,B,O	2.88 (1.21) I,P,B,Br,Mr,Gr	.002	.050

Excited	2.54 (0.93) P,B,O,Br,Mr,Gr	2.24 (1.05) I,B,O,Br,Mr,Gr	2.78 (1.03) I,P,O,Br,Mr,Gr	2.00 (0.90) I,P,B,O,Mr,Gr	2.62 (0.94) I,P,B,O,Br,Gr	2.87 (1.26) I,P,B,O,Br,Mr	2.27 (1.18) I,P,B,Br,Mr,Gr	.153	.023
Enthusiastic	2.62 (0.94) P,B,O,Br,Mr,Gr	2.33 (1.02) I,B,O,Br,Mr,Gr	2.72 (0.91) I,P,O,Br,Mr,Gr	1.83 (0.41) I,P,B,O,Mr,Gr	2.85 (0.95) I,P,B,O,Br,Gr	3.13 (1.10) I,P,B,O,Br,Mr	2.81 (1.10) I,P,B,Br,Mr,Gr	.011	.040
Lively	2.73 (1.10) P,B,O,Br,Mr,Gr	2.67 (1.04) I,B,O,Br,Mr,Gr	2.91 (1.07) I,P,O,Br,Mr,Gr	2.00 (0.63) I,P,B,O,Mr,Gr	2.94 (0.97) I,P,B,O,Br,Gr	3.32 (1.18) I,P,B,O,Br,Mr	2.69 (1.09) I,P,B,Br,Mr,Gr	.030	.034
Energetic	2.73 (1.11) P,B,O,Br,Mr,Gr	2.67 (1.00) I,B,O,Br,Mr,Gr	2.87 (1.09) I,P,O,Mr,Gr	1.67 (0.52) I,P,O	2.93 (0.97) I,P,B,O,Br,Gr	3.06 (1.20) I,P,B,O,Mr	2.50 (1.33) I,P,B,Br,Mr,Gr	.031	.033
Self-assurance								.004	.025
Proud	2.22 (1.04) P,B,O,Br,Mr,Gr	2.36 (1.03) I,B,O,Br,Mr,Gr	2.65 (1.14) I,P,O,Br,Mr,Gr	2.17 (0.98) I,P,B,O,Mr,Gr	2.61 (0.99) I,P,B,O,Br,Gr	2.83 (1.31) I,P,B,O,Br,Mr	2.27 (1.22) I,P,B,Br,Mr,Gr	.113	.025
Strong	2.51 (1.00) P,B,O,Br,Mr	2.51 (1.18) I,B,O,Br,Mr,Gr	2.91 (1.01) I,P,O,Br,Mr,Gr	2.17 (0.73) I,P,B,O,Mr,Gr	2.73 (1.07) I,P,B,O,Br	3.40 (1.26) P,B,O,Br	2.73 (1.43) I,P,B,Br,Mr,Gr	.002	.050

Confident	2.49 (1.00) P,B,O,Br,Mr	2.91 (1.16) I,B,O,Br,Mr,Gr	3.09 (0.95) I,P,O,Br,Mr,Gr	2.33 (0.82) I,P,B,O,Mr,Gr	2.82 (0.99) I,P,B,O,Br	3.49 (1.14) P,B,O,Br,Mr	2.73 (1.28) I,P,B,Br,Mr,Gr	<.001	.072
Bold	2.14 (0.98) P,B,O,Br,Mr	2.42 (1.23) I,B,O,Br,Mr,Gr	2.76 (1.06) I,P,O,Br,Mr,Gr	2.17 (0.98) I,P,B,O,Mr,Gr	2.62 (1.09) I,P,B,O,Br	3.17 (1.29) P,B,O,Br	2.50 (1.27) I,P,B,Br,Mr,Gr	.001	.057
Daring	2.63 (1.10) P,B,O,Br,Mr,Gr	2.31 (1.08) I,B,O,Br,Mr,Gr	2.80 (1.05) I,P,O,Br,Mr,Gr	2.00 (0.89) I,P,B,O,Mr,Gr	2.59 (1.08) I,P,B,O,Br,Gr	2.89 (1.22) I,P,B,O,Br,Mr	2.62 (1.13) I,P,B,Br,Mr,Gr	.286	.018
Fearless	2.44 (1.09) P,B,O,Br,Mr,Gr	2.20 (1.12) I,B,O,Br,Mr,Gr	2.67 (0.97) I,P,O,Br,Mr,Gr	2.00 (1.09) I,P,B,O,Mr,Gr	2.61 (1.10) I,P,B,O,Br,Gr	2.87 (1.28) I,P,B,O,Br,Mr	2.38 (0.98) I,P,B,Br,Mr,Gr	.192	.021

Table 2 China

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.061	.020
Guilty	2.56 (1.18) P,B,O,Br,Mr,Gr	1.69 (0.93) I,B,O,Br,Mr,Gr	1.46 (1.22) I,P,O,Br,Mr,Gr	2.17 (0.775) I,P,B,O,Mr,Gr	2.21 (1.02) I,P,B,O,Br,Gr	2.13 (1.21) I,P,B,O,Br,Mr	2.00 (1.10) I,P,B,Br,Mr,Gr	.123	.024

Ashamed	2.51 (1.20) P,B,O,Br,Mr, Gr	1.69 (1.00) I,B,O,Br,Mr, Gr	2.26 (1.16) I,P,O,Br,Mr,Gr	2.00 (0.89) I,P,B,O,Mr,G r	2.01 (1.03) I,P,B,O,Br,Gr	1.98 (1.13) I,P,B,O,Br, Mr	1.88 (1.03) I,P,B, Br,Mr, Gr	1.59	.022
Blameworthy	2.25 (1.05) P,B,O,Br,Mr	1.42 (0.81) I,B,O,Br,Mr, Gr	2.22 (1.26) I,P,O,Br,Mr	1.83 (0.98) I,P,B,O,Mr,G r	1.78 (0.94) I,P,B,O,Br,Gr	1.51 (0.93) P,O,Br,Mr	1.62 (1.10) I,P,B, Br,Mr, Gr	.001	.051
Angry at self	2.67 (1.19) P,B,O,Br,Mr, Gr	1.87 (1.14) I,B,O,Br,Mr, Gr	2.57 (1.33) I,P,O,Br,Mr,Gr	2.67 (1.03) I,P,B,O,Mr,G r	2.19 (1.06) I,P,B,O,Br,Gr	1.96 (1.02) I,P,B,O,Br, Mr	2.19 (1.33) I,P,B, Br,Mr, Gr	.024	.035
Disgusted with self	2.29 (1.18) P,B,O,Br,Mr, Gr	1.76 (1.19) I,B,O,Br,Mr, Gr	2.13 (1.26) I,P,O,Br,Mr,Gr	2.50 (1.05) I,P,B,O,Mr,G r	1.77 (0.98) I,P,B,O,Br,Gr	1.55 (1.08) I,P,B,O,Br, Mr	2.08 (1.32) I,P,B, Br,Mr, Gr	.049	.030
Dissatisfied with self	2.73 (1.17) P,B,O,Br,Mr, Gr	1.98 (1.16) I,B,O,Br,Mr, Gr	2.50 (1.28) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr,G r	2.21 (1.112) I,P,B,O,Br,Gr	2.09 (1.14) I,P,B,O,Br, Mr	2.42 (1.27) I,P,B, Br,Mr, Gr	.149	.023
Sadness								<.00 1	.032
Sad	2.22 (1.01) P,B,O,Br,Mr, Gr	1.84 (1.11) I,B,O,Br,Mr, Gr	2.50 (1.21) I,P,O,Br,Mr,Gr	2.33 (0.82) I,P,B,O,Mr,G r	2.14 (0.96) I,P,B,O,Br,Gr	1.85 (1.04) I,P,B,O,Br, Mr	2.27 (1.31) I,P,B, Br,Mr, Gr	.043	.031
Blue	2.33 (1.05) P,B,O,Br,Mr, Gr	2.13 (1.25) I,B,O,Br,Mr, Gr	2.35 (1.27) I,P,O,Br,Mr,Gr	2.33 (1.03) I,P,B,O,Mr,G r	2.10 (1.02) I,P,B,O,Br,Gr	1.72 (0.95) I,P,B,O,Br, Mr	2.50 (1.36) I,P,B,	.058	.029

								Br,Mr, Gr		
Downhearted		2.33 (1.08) P,B,O,Br,Mr, Gr	2.13 (1.29) I,B,O,Br,Mr, Gr	2.24 (1.29) I,P,O,Br,Mr,Gr	2.50 (0.84) I,P,B,O,Mr,G r	2.08 (1.01) I,P,B,O,Br,Gr	1.66 (0.89) I,P,B,O,Br, Mr	2.23 (1.37) I,P,B, Br,Mr, Gr	.078	.027
Alone		2.63 (1.21) P,B,O,Br	1.98 (1.22) I,B,O,Br,Mr, Gr	2.52 (1.30) I,P,O,Br,Mr	2.00 (0.89) I,P,B,O,Mr,G r	1.99 (0.98) P,B,O,Br	1.53 (0.86) P,O,Br	2.27 (1.37) I,P,B, Br,Mr, Gr	<.00 1	.073
Lonely		2.43 (1.15) P,B,O,Br,Mr	1.98 (1.22) I,B,O,Br,Mr, Gr	2.48 (1.28) I,P,O,Br,Mr	1.83 (0.75) I,P,B,O,Mr,G r	1.91 (0.99) I,P,B,O,Br	1.38 (0.80) P,O,Br	2.00 (1.33) I,P,B, Br,Mr, Gr	<.00 1	.068

Table 3 China

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.84 (1.74) P, B, O, Br, Mr	7.22 (1.81) I, B, O, Br, Mr, Gr	7.17 (1.68) I, P, O, Br, Mr	5.83 (2.14) I, P, B, O, Mr	7.41 (1.60) I, P, B, O, Br	8.34 (1.61) P	6.85 (1.93) I, P, B, Br, Mr	<.001	.068
Happy	38.32 (21.46) P, B, O, Br, Mr, Gr	45.44 (24.63) I, B, O, Br, Mr, Gr	45.00 (22.11) I, P, O, Br, Mr, Gr	40.00 (25.50) I, P, B, O, Mr, Gr	45.74 (22.16) I, P, B, O, Br, Gr	49.73 (25.27) I, P, B, O, Br, Mr	40.19 (24.06) I, P, B, Br, Mr, Gr	.329	.017

Unhappy	26.23 (15.07) P, B, O, Br, Mr, Gr	25.96 (16.34) I, B, O, Br, Mr, Gr	24.13 (17.87) I, P, O, Br, Mr, Gr	46.00 (20.74) I, P, B, O, Mr	23.36 (12.46) I, P, B, O, Br, Gr	18.36 (12.58) I, P, B, O, Mr	26.54 (18.15) I, P, B, Br, Mr, Gr	.009	.041
Neutral	36.47 (20.90) P, B, O, Br, Mr, Gr	29.04 (19.11) I, B, O, Br, Mr, Gr	33.91 (17.92) I, P, O, Br, Mr, Gr	44.00 (13.42) I, P, B, O, Mr, Gr	35.11 (19.50) I, P, B, O, Br, Gr	31.91 (20.56) I, P, B, O, Br, Mr	33.46 (19.17) I, P, B, Br, Mr, Gr	.316	.017
Life satisfaction	3.83 (1.15) P, B, O, Br, Mr	4.03 (1.26) I, B, O, Br, Mr	4.42 (1.17) I, P, O, Mr, Gr	2.70 (.87) I, P, O	5.35 (1.19) I, P, B, O	5.26 (1.07) B	3.91 (1.49) I, P, B, Br, Mr	<.001	.121
Meaning in life	3.69 (.69) P, B, O, Br, Mr, Gr	3.84 (.91) I, B, O, Br, Mr, Gr	3.93 (.82) I, P, O, Br, Mr, Gr	3.79 (.75) I, P, B, O, Mr, Gr	4.12 (.72) I, P, B, O, Br, Gr	4.15 (.77) I, P, B, O, Br, Mr	4.13 (.94) I, P, B, Br, Mr, Gr	.140	.023
Optimism	3.84 (.51) P, B, O, Br, Mr, Gr	3.99 (.56) I, B, O, Br, Mr, Gr	3.95 (.63) I, P, O, Br, Mr, Gr	3.79 (.47) I, P, B, O, Mr, Gr	4.05 (.53) I, P, B, O, Br, Gr	4.18 (.58) I, P, B, O, Br, Mr	3.88 (.70) I, P, B, Br, Mr, Gr	.131	.024

Egypt

Table 1 Egypt

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.395	.022
Happy	3.03 (1.01) P,B,O,Br,Mr,Gr	3.14 (1.00) I,B,O,Br,Mr,Gr	2.79 (1.01) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.22 (0.70) I,P,B,O,Br,Gr	4.08 (0.95) I,P,B,Br,Mr	2.90 (1.11) I,P,B,Br,Mr	.036	.036
Joyful	3.08 (1.16) P,B,O,Br,Mr,Gr	3.20 (1.11) I,B,O,Br,Mr,Gr	3.14 (1.38) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.26 (0.94) I,P,B,O,Br,Gr	3.69 (0.95) I,P,B,O,Br,Mr	3.21 (1.27) I,P,B,Br,Mr,Gr	.257	.021
Delighted	2.82 (1.05) P,B,O,Br,Mr,Gr	3.06 (1.03) I,B,O,Br,Mr,Gr	2.79 (1.01) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,Gr	3.15 (0.82) I,P,B,O,Br,Gr	3.77 (0.93) I,P,B,O,Br,Mr	2.85 (1.30) I,P,B,Br,Mr,Gr	.039	.035
Cheerful	3.32 (1.26) P,B,O,Br,Mr,Gr	3.47 (1.11) I,B,O,Br,Mr,Gr	3.41 (1.27) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	3.52 (0.80) I,P,B,O,Br,Gr	3.62 (1.12) I,P,B,O,Br,Mr	3.35 (1.41) I,P,B,Br,Mr,Gr	.815	.008

Excited	3.60 (1.22) P,B,O,Br,Mr,Gr	3.37 (1.19) I,B,O,Br,Mr,Gr	3.31 (1.23) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.37 (1.15) I,P,B,O,Br,Gr	3.69 (1.18) I,P,B,O,Br,Mr	3.35 (1.23) I,P,B,Br,Mr,Gr	.652	.011
Enthusiastic	3.05 (1.25) P,B,O,Br,Mr,Gr	3.25 (1.28) I,B,O,Br,Mr,Gr	2.97 (1.15) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.48 (0.93) I,P,B,O,Br,Gr	4.15 (0.90) I,P,B,O,Br,Mr	3.29 (1.41) I,P,B,Br,Mr,Gr	.153	.025
Lively	2.89 (1.31) P,B,O,Br,Mr,Gr	3.20 (1.23) I,B,O,Br,Mr,Gr	2.93 (1.10) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.00 (1.00) I,P,B,O,Br,Gr	4.00 (1.15) I,P,B,O,Br,Mr	3.33 (1.29) I,P,B,Br,Mr,Gr	.418	.016
Energetic	3.10 (1.26) P,B,O,Br,Mr,Gr	3.24 (1.17) I,B,O,Br,Mr,Gr	2.72 (1.10) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.33 (1.04) I,P,B,O,Br,Gr	4.08 (0.86) I,P,B,O,Br,Mr	3.29 (1.37) I,P,B,Br,Mr,Gr	.521	.014
Self-assurance								.209	.019
Proud	3.24 (1.24) P,B,O,Br,Mr,Gr	3.48 (1.21) I,B,O,Br,Mr,Gr	3.28 (1.19) I,P,O,Br,Mr,Gr	2.50 (.071) I,P,B,O,Mr,Gr	3.41 (1.15) I,P,B,O,Br,Gr	3.29 (1.26) I,P,B,O,Br,Mr	3.25 (1.39) I,P,B,Br,Mr,Gr	.276	.020
Strong	3.31 (1.18) P,B,O,Br,Mr,Gr	3.45 (1.17) I,B,O,Br,Mr,Gr	3.31 (1.14) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,Gr	3.33 (1.21) I,P,B,O,Br,Gr	4.08 (0.95) I,P,B,O,Br,Mr	3.13 (1.26) I,P,B,Br,Mr,Gr	.115	.027

Confident	3.40 (1.15) P,B,O,Br,Mr,Gr	3.76 (1.11) I,B,O,Br,Mr,Gr	3.28 (1.36) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,Gr	3.52 (0.97) I,P,B,O,Br,Gr	3.69 (1.44) I,P,B,O,Br,Mr	3.52 (1.29) I,P,B,Br,Mr,Gr	.184	.024
Bold	2.97 (1.16) P,B,O,Br,Mr,Gr	3.07 (1.06) I,B,O,Br,Mr,Gr	3.07 (0.92) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.15 (0.81) I,P,B,O,Br,Gr	3.31 (1.03) I,P,B,O,Br,Mr	2.69 (1.13) I,P,B,Br,Mr,Gr	.063	.032
Daring	3.05 (1.38) P,B,O,Br,Mr,Gr	3.04 (1.20) I,B,O,Br,Mr,Gr	3.28 (1.13) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.00 (1.14) I,P,B,O,Br,Gr	3.31 (1.55) I,P,B,O,Br,Mr	2.73 (1.20) I,P,B,Br,Mr,Gr	.498	.014
Fearless	2.79 (1.23) P,B,O,Br,Mr,Gr	2.99 (1.19) I,B,O,Br,Mr,Gr	2.69 (1.17) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,Gr	3.04 (0.94) I,P,B,O,Br,Gr	3.15 (1.40) I,P,B,O,Br,Mr	2.71 (1.13) I,P,B,Br,Mr,Gr	.135	.026

Table 2 Egypt

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.570	.015
Guilty	3.55 (1.28) P,B,O,Br,Mr,Gr	3.43 (1.27) I,B,O,Br,Mr,Gr	3.69 (1.23) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,Gr	3.52 (1.12) I,P,B,O,Br,Gr	3.15 (1.57) I,P,B,O,Br,Mr	3.37 (1.51) I,P,B,Br,Mr,	.842	.007

							Gr			
Ashamed	3.60 (1.21) P,B,O,Br,Mr, Gr	3.67 (1.18) I,B,O,Br,Mr, Gr	3.45 (1.24) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,G r	3.22 (1.12) I,P,B,O,Br,Gr	3.92 (1.04) I,P,B,O,Br, Mr	3.58 (1.27) I,P,B, Br,Mr, Gr	.555	.013	
Blameworthy	2.81 (1.30) P,B,O,Br,Mr, Gr	2.66 (1.21) I,B,O,Br,Mr, Gr	2.86 (1.27) I,P,O,Br,Mr,Gr	2.50 (0.71) I,P,B,O,Mr,G r	2.93 (1.00) I,P,B,O,Br,Gr	2.85 (1.46) I,P,B,O,Br, Mr	2.67 (1.31) I,P,B, Br,Mr, Gr	.982	.003	
Angry at self	3.29 (1.29) P,B,O,Br,Mr, Gr	2.76 (1.28) I,B,O,Br,Mr, Gr	2.90 (1.37) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,G r	2.96 (0.98) I,P,B,O,Br,Gr	2.31 (1.25) I,P,B,O,Br, Mr	2.85 (1.46) I,P,B, Br,Mr, Gr	.145	.026	
Disgusted with self	2.35 (1.40) P,B,O,Br,Mr, Gr	2.08 (1.21) I,B,O,Br,Mr, Gr	2.28 (1.46) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	2.15 (1.13) I,P,B,O,Br,Gr	1.54 (0.97) I,P,B,O,Br, Mr	2.33 (1.36) I,P,B, Br,Mr, Gr	.293	.020	
Dissatisfied with self	2.94 (1.42) P,B,O,Br,Mr, Gr	2.45 (1.28) I,B,O,Br,Mr, Gr	2.14 (1.43) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	2.44 (1.01) I,P,B,O,Br,Gr	1.85 (1.21) I,P,B,O,Br, Mr	2.58 (1.44) I,P,B, Br,Mr, Gr	.156	.025	
Sadness								.406	.017	
Sad	3.23 (1.21) P,B,O,Br,Mr, Gr	3.09 (1.22) I,B,O,Br,Mr, Gr	3.38 (1.29) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,G r	3.15 (0.91) I,P,B,O,Br,Gr	2.62 (1.33) I,P,B,O,Br, Mr	2.98 (1.44) I,P,B, Br,Mr, Gr	.848	.007	
Blue	3.00 (1.37) P,B,O,Br,Mr, Gr	2.89 (1.30) I,B,O,Br,Mr, Gr	3.52 (1.27) I,P,O,Br,Mr,Gr	4.00 (1.41) I,P,B,O,Mr,G r	2.81 (1.18) I,P,B,O,Br,Gr	2.23 (1.48) I,P,B,O,Br, Mr	2.65 (1.42) I,P,B,	.339	.018	

								Br,Mr, Gr		
Downhearted		3.08 (1.43) P,B,O,Br,Mr, Gr	2.75 (1.42) I,B,O,Br,Mr, Gr	3.90 (1.26) I,P,O,Br,Mr,Gr	3.50 (0.71) I,P,B,O,Mr,G r	2.85 (1.03) I,P,B,O,Br,Gr	2.15 (1.41) I,P,B,O,Br, Mr	2.83 (1.48) I,P,B, Br,Mr, Gr	.511	.014
Alone		2.69 (1.40) P,B,O,Br,Mr, Gr	2.98 (1.36) I,B,O,Br,Mr, Gr	2.69 (1.37) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	3.07 (1.21) I,P,B,O,Br,Gr	2.31 (1.44) I,P,B,O,Br, Mr	2.67 (1.48) I,P,B, Br,Mr, Gr	.343	.018
Lonely		2.63 (1.50) P,B,O,Br,Mr, Gr	2.32 (1.38) I,B,O,Br,Mr, Gr	3.03 (1.30) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,G r	2.30 (1.14) I,P,B,O,Br,Gr	1.92 (1.32) I,P,B,O,Br, Mr	2.23 (1.45) I,P,B, Br,Mr, Gr	.207	.023

Table 3 Egypt

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.61 (2.31) P, B, O, Br, Mr, Gr	5.59 (2.25) I, B, O, Br, Mr, Gr	5.03 (2.84) I, P, O, Br, Mr, Gr	3.50 (2.12) I, P, B, O, Mr, Gr	6.19 (1.50) I, P, B, O, Br, Gr	6.92 (2.33) I, P, B, O, Br, Mr	5.02 (2.79) I, P, B, Br, Mr, Gr	.123	.027

Happy	42.98 (20.19) P, B, O, Br, Mr, Gr	44.32 (21.39) I, B, O, Br, Mr, Gr	37.07 (16.50) I, P, O, Br, Mr, Gr	30.00 (.00) I, P, B, O, Mr, Gr	49.26 (15.61) I, P, B, O, Br, Gr	51.15 (22.56) I, P, B, O, Br, Mr	41.78 (21.23) I, P, B, Br, Mr, Gr	.039	.035
Unhappy	40.79 (19.37) P, B, O, Br, Mr, Gr	41.73 (21.98) I, B, O, Br, Mr, Gr	46.21 (18.98) I, P, O, Br, Mr, Gr	40.00 (14.14) I, P, B, O, Mr, Gr	35.37 (16.10) I, P, B, O, Br, Gr	29.62 (24.79) I, P, B, O, Br, Mr	39.03 (23.05) I, P, B, Br, Mr, Gr	.259	.021
Neutral	34.35 (21.99) P, B, O, Br, Mr, Gr	36.38 (21.15) I, B, O, Br, Mr, Gr	39.97 (21.86) I, P, Br, Mr, Gr	25.00 (7.07) I, P, B, O, Mr, Gr	32.59 (15.02) I, P, B, O, Br, Gr	30.77 (14.84) I, P, B, O, Br, Mr	32.36 (21.12) I, P, Br, Mr, Gr	.068	.031
Life satisfaction	3.98 (1.28) P, B, O, Br, Mr, Gr	4.05 (1.13) I, B, O, Br, Mr, Gr	3.62 (1.12) I, P, O, Br, Mr, Gr	2.70 (.71) I, P, B, O, Mr, Gr	4.07 (1.03) I, P, B, O, Br, Gr	4.91 (1.32) I, P, B, O, Br, Mr	3.79 (1.39) I, P, B, Br, Mr, Gr	.110	.028
Meaning in life	3.65 (1.03) P, B, O, Br, Mr, Gr	3.80 (.80) I, B, O, Br, Mr, Gr	3.82 (.88) I, P, O, Br, Mr, Gr	3.81 (.09) I, P, B, O, Mr, Gr	4.09 (.63) I, P, B, O, Br, Gr	4.00 (.93) I, P, B, O, Br, Mr	3.76 (.90) I, P, B, Br, Mr, Gr	.754	.009
Optimism	3.75 (.71) P, B, O, Br, Mr, Gr	3.80 (.59) I, B, O, Br, Mr, Gr	3.76 (.58) I, P, O, Br, Mr, Gr	3.50 (.18) I, P, B, O, Mr, Gr	3.91 (.45) I, P, B, O, Br, Gr	3.93 (.65) I, P, B, O, Br, Mr	3.69 (.73) I, P, B, Br, Mr, Gr	.864	.007

Greece

Table 1 Greece

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								<.001	.034
Happy	2.88 (1.13) Br,O	3.38 (1.08) B,O,Mr	3.62 (1.07) P,O,Mr	2.29 (1.01) I	3.41 (0.94) P,B,O	4.08 (0.92)	3.33 (1.05) I,P,B,Mr	<.001	.136
Joyful	3.03 (1.18) O,Br	3.56 (1.08) B,O,Mr	3.74 (1.08) P,O,Mr,Gr	2.62 (1.08) I,O	3.58 (0.97) P,B,O,Gr	4.05 (0.92) B,Mr	3.42 (1.13) I,P,B,Br,Mr	<.001	.107
Delighted	3.04 (1.14) O,Br	3.49 (0.91) B,O,Mr,Gr	3.70 (1.07) P,O,Mr,Gr	2.52 (1.17) I,O	3.45 (0.98) P,B,O	3.92 (1.00) P,B	3.29 (1.12) I,P,B,Br,Mr	<.001	.087
Cheerful	3.08 (1.18) P,O,Br	3.31 (1.05) I,B,O,Br,Mr	3.57 (1.62) P,O,Br,Mr,Gr	2.76 (1.41) I,P,B,O,Mr	3.43 (1.05) P,B,O,Br,Gr	3.79 (1.00) B,O,Mr	3.40 (1.10) I,P,B,Br,Mr,Gr	<.001	0.48

Excited	2.92 (1.24) P,O,Br	3.19 (1.10) I,B,O,Mr,	3.56 (1.15) P,O,Mr,Gr	2.33 (1.02) I	3.27 (1.06) P,B,O	3.77 (1.06) B,O	3.38 (1.15) I,P,B, Mr,Gr	<.001	0.78
Enthusiastic	3.26 (1.25) P,B,O,Mr	3.39 (1.05) I,B,O,Mr,Gr	3.74 (1.16) I,P,O,Mr,Gr	2.52 (1.25)	3.40 (1.14) I,PB,O,Gr	3.75 (1.08) P,B,O,Mr	3.56 (1.15) I,P,B, Mr,Gr	<.001	.047
Lively	2.95 (1.29) P,B,O,Br,Mr,Gr	3.06 (1.17) I,B,O,Br,Mr,Gr	3.29 (1.27) I,P,O,Mr,Gr	2.29 (1.06) I,P,B,Mr,Gr	3.13 (1.18) I,P,Mr,	3.32 (1.24) I,P,B,O, Br,Gr	3.49 (1.09) I,P,BO, Mr	.003	.027
Energetic	3.32 (1.27) P,B,O,Br,Mr,Gr	3.37 (1.08) I,B,O,Br,Mr,Gr	3.76 (1.20) I,P,O,Mr,Gr	3.10 (1.26) I,P,O,Mr	3.45 (1.13) I,P,B,O,Br,Gr	3.76 (1.07) I,P,B,O, Mr	3.51 (1.10) I,P,B, Br,Mr, Gr	.002	.028
Self-assurance								<.001	.018
Proud	3.31 (1.25) P,B,O,Br,Mr	3.59 (1.10) I,B,O,Br,Mr,Gr	3.69 (1.25) I,P,O,Br,Mr,Gr	3.62 (1.12) I,P,B,O, Mr,Gr	3.60 (1.06) I,P,B,O,Br,Gr	3.94 (1.08) P,B,O,Br,Mr	3.65 (1.22) I,P,B, Br,Mr, Gr	.004	.026
Strong	3.37 (1.26) P,B,O,Br,Mr	3.70 (1.04) I,B,O,Br,Mr,Gr	3.89 (1.09) I,P,O,Br,Mr,Gr	3.00 (1.45) I,P,B,O, Mr,Gr	3.60 (1.07) I,P,B,O,Br,Gr	4.01 (1.01) P,B,O,Br,Mr	3.80 (1.24) I,P,B, Br,Mr, Gr	<.001	.048
Confident	3.05 (1.22) P,B,O,Br,Mr,Gr	3.39 (1.11) I,B,O,Br,Mr,Gr	3.57 (1.09) I,P,O,Br,Mr,Gr	2.48 (1.12) I,P,B,O, Mr,Gr	3.37 (0.99) I,P,B,O,Br,Gr	3.73 (1.01) I,P,B,O, Br,Mr	3.40 (1.27) I,P,B, Br,Mr, Gr	<.001	.061

Bold	3.15 (1.20) P,B,O,Br,Mr,Gr	3.25 (1.22) I,B,O,Br,Mr,Gr	3.64 (1.19) I,P,O,Br,Mr,Gr	2.38 (0.92) I,P,B,O,Mr,Gr	3.20 (1.15) I,P,B,O,Br,Gr	3.44 (1.21) I,P,B,O,Br,Mr	3.31 (1.23) I,P,B,Br,Mr,Gr	.001	.029
Daring	2.56 (1.38) P,B,O,Br,Mr,Gr	2.47 (1.21) I,B,O,Br,Mr,Gr	3.01 (1.33) I,P,O,Br,Mr,Gr	2.00 (1.09) I,P,B,O,Mr,Gr	2.62 (1.29) I,P,B,O,Br,Gr	2.62 (1.35) I,P,B,O,Br,Mr	2.96 (1.28) I,P,B,Br,Mr,Gr	0.38	.018
Fearless	2.87 (1.21) P,B,O,Br,Mr,Gr	3.09 (1.15) I,B,O,Br,Mr,Gr	3.35 (1.15) I,P,O,Br,Mr,Gr	1.90 (0.70) I,P,B,O,Mr,Gr	2.98 (1.19) I,P,B,O,Br,Gr	3.25 (1.25) I,P,B,O,Br,Mr	3.22 (1.08) I,P,B,Br,Mr,Gr	<.001	.046

Table 2 Greece

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								<.001	.017
Guilty	2.27 (1.35) B,O,Br,Mr,Gr	1.5 (1.09) B,O,Br,Mr,Gr	1.99 (1.19) I,P,O,Br,Mr,Gr	2.48 (1.72) I,P,B,O,Mr,Gr	1.92 (1.09) I,P,B,O,Br,Gr	1.84 (1.11) I,P,B,O,Br,Mr	1.93 (1.14) I,P,B,Br,Mr,Gr	.006	.024
Ashamed	2.09 (1.35) P,B,O,Br,Mr,Gr	.180 (1.10) I,B,O,Br,Mr,Gr	1.76 (1.01) I,P,O,Br,Mr,Gr	2.14 (1.35) I,P,B,O,Mr,Gr	1.76 (1.08) I,P,B,O,Br,Gr	1.65 (0.98) I,P,B,O,Br,Mr	1.93 (1.20) I,P,B,	.026	.020

								Br,Mr, Gr		
Blameworthy	2.33 (1.23) P,B,O,Br,Mr, Gr	1.93 (1.14) I,B,O,Br,Mr, Gr	2.13 (1.13) I,P,O,Br,Mr,Gr	2.62 (1.50) I,P,B,O,Mr,Gr	2.19 (1.12) I,P,B,O,Br,Gr	1.98 (1.13) I,P,B,O,Br, Mr	2.38 (1.24) I,P,B, Br,Mr, Gr	.017	.021	
Angry at self	3.02 (1.37) O,Br,Mr	2.21 (1.17) B,O,Mr,Gr	2.33 (1.31) P,O,Br,Mr,Gr	3.10 (1.64) I,B,O,Mr	2.57 (1.25) I,P,B,O,Br,Gr	2.09 (1.25) P,B,O,Mr	2.54 (1.29) I,P,B, Br,Mr, Gr	<.00 1	.061	
Disgusted with self	1.96 (1.29) B,O,Br,Mr	1.43 (0.91) B,O,Mr,Gr	1.62 (1.00) I,P,O,Br,Mr,Gr	2.14 (1.71) I,B,O,Mr	1.62 (1.10) I,P,B,O,Br	1.39 (0.89) P,B,O,Mr	1.93 (1.19) I,P,B, Br,Mr	<.00 1	.044	
Dissatisfied with self	2.89 (1.23) O,Br,Mr	2.21 (1.20) B,O,Mr,Gr	2.26 (1.25) P,O,Mr,Gr	3.33 (1.35) I	2.51 (1.22) I,P,B,O,Gr	2.11 (1.19) P,B,O,Mr	2.38 (1.26) I,P,B, Mr,Gr	<.00 1	.061	
Sadness								<.00 1	.057	
Sad	3.20 (1.28) O,Br	2.39 (1.14) B,O,Mr,Gr	2.67 (1.28) P,O,Mr,Gr	3.86 (1.24) I	2.75 (1.15) P,B,O,Gr	2.43 (1.24) P,B,O,Mr	2.80 (1.33) I,P,B, Mr,Gr	<.00 1	.071	
Blue	3.41 (1.35) P,B,Br	2.94 (1.29) B,O,Br,Mr	2.90 (1.26) I,P,O,Br,Mr	3.62 (1.24) I,P,B	2.97 (1.18) P,B,O	2.31 (1.20) O	2.70 (1.36) P,B,M r,Gr	<.00 1	.081	
Downhearted	3.05 (1.24) B,O,Br,Mr	2.43 (1.17) B,O,Mr,Gr	2.63 (1.31) I,P,O,Br,Mr,Gr	3.33 (1.46) I,B,O,Mr	2.70 (1.24) I,P,B,O,Br,Gr	2.44 (1.19) P,B,O,Mr	2.54 (1.22) I,P,B, Br,Mr, Gr	<.00 1	.042	

Alone	3.66 (1.43) O,Br	2.93 (1.38) B,O,Br	3.01 (1.31) P,O,Br	3.38 (1.32) I,P,B,O,	2.31 (1.28) Gr	1.86 (1.22) Mr	3.04 (1.51) ,I,P,B	<.00 1	.178
Lonely	3.58 (1.35) P,B,O,Br	3.13 (1.31) I,B,O,Br	3.15 (1.31) I,P,O,Br	3.57 (1.36) I,P,B,O,	2.55 (1.28) Br,Gr	2.03 (1.20) Mr	3.21 (1.41) I,P,B, Br	<.00 1	.145

Table 3 Greece

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.53 (2.36) Br	6.52 (2.14) B, O, Mr	6.78 (2.29) P, O, Mr	4.71 (2.78) I	6.70 (2.03) P, B, O, Gr	7.53 (1.78) O, Mr	6.68 (2.16) P, B, Mr, Gr	<.001	.106
Happy	36.92(23.36) O, Br	48.01(26.28) B, O, Br, Mr	55.20 (25.03) P, O, Mr, Gr	33.10 (24.82) I, P, O, Mr	47.76 (23.96) P, B, O, Br, Gr	57.31 (25.70) P, B, O, Mr	46.57 (27.16) I, P, B, Br, Mr, Gr	<.001	.081
Unhappy	36.21 (25.01) B, O, Br	25.12 (20.18) B, O, Br, Mr, Gr	27.11 (21.97) I, P, O, Br, Mr, Gr	39.86 (27.59) I, P, B, O, Mr	27.47 (20.45) P, B, O, Br, Gr	19.51 (17.84) P, B, Mr	32.32 (24.45) I, P, B, Br, Mr	<.001	.067
Neutral	42.07 (23.93) P, B, O, Br, Mr	41.40 (21.77) I, B, O, Br, Mr	34.31 (21.25) I, P, O, Br, Mr, Gr	33.19 (24.54) I, P, B, O, Mr, Gr	38.23 (22.92) I, P, B, O, Br, Gr	31.73 (19.67) B, Br, Mr	43.47 (23.60) I, P, B, Br, Mr	<.001	.035
Life satisfaction	3.90 (1.35) O, Br	4.46 (1.16) B, O, Mr, Gr	4.63 (1.23) P, O, Mr, Gr	3.48 (1.34) I, O	4.55 (1.09) P, B, O, Gr	5.00 (1.20) P, B, Mr	4.34 (1.31) I, P, B, Br, Mr	<.001	.088

Meaning in life	3.82 (1.24) P, O, Br	4.17 (1.10) I, B, O, Br, Mr	4.43 (1.14) P, O, Br, Mr, Gr	4.24 (.96) I, P, B, O, Mr,	4.36 (1.07) P, B, O, Br	4.90 (1.23) B	4.23 (1.14) I, P, B, Br, Mr	<.001	.078
Optimism	3.58 (0.78) P, O, Br, Mr	3.85 (0.75) I, B, O, Br, Mr, Gr	3.95 (0.71) P, O, Br, Mr, Gr	3.66 (.70) I, P, B, O, Mr, Gr	3.79 (.63) I, P, B, O, Br, Gr	3.95 (.72) P, B, O, Br, Mr	3.77 (0.65) I, P, B, Br, Mr, Gr	.002	.028

Japan

Table 1 Japan

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.035
Happy	2.13 (1.08) P,B,O,Br	2.37 (1.19) I,B,O,Br,Mr	2.51 (1.17) I,P,O,Br,Mr	1.85 (0.87) I,P,B,O	2.76 (0.86) P,B,O	3.12 (1.23)	2.32 (1.21) I,P,B,Br,Mr	<.001	.118
Joyful	2.32 (0.98) P,B,O,Br,Mr	2.64 (1.22) I,B,O,Br,Mr	2.62 (0.98) I,P,O,Br,Mr,Gr	2.17 (0.91) I,P,B,O	2.75 (0.89) I,P,B,O	3.10 (1.08) B	2.40 (1.19) I,P,B,Br,Mr	<.001	0.75
Delighted	2.28 (0.97) P,B,O,Br,Mr	2.60 (1.21) I,B,O,Br,Mr,Gr	2.54 (0.91) I,P,O,Br,Mr,Gr	2.17 (0.95) I,P,B,O,Mr	2.70 (0.87) I,P,B,O,Br,Gr	3.02 (1.10) P,B,Mr	2.28 (1.10) I,P,B,Br,Mr	<.001	0.67

Cheerful	2.25 (0.98) P,B,O,Br,Mr	2.44 (1.23) I,B,O,Br,Mr	2.51 (1.02) I,P,O,Br,Mr,Gr	2.17 (0.86) I,P,B,O,Mr	2.68 (0.88) I,P,B,O,Br	3.06 (1.07) B,O	2.48 (1.26) I,P,B,Br,Mr,Gr	<.001	.077
Excited	2.01 (0.93) P,B,O,Br,Mr	2.27 (1.22) I,B,O,Br,Mr	2.57 (1.09) I,P,O,Br,Mr,Gr	1.79 (0.68) I,P,B,O	2.42 (0.96) I,P,B,O,Gr	2.73 (1.17) B,O,Mr	2.32 (1.31) I,P,B,Br,Mr,Gr	<.001	0.62
Enthusiastic	1.77 (0.93) P,B,O,Br,Mr,Gr	1.76 (1.07) I,B,O,Br,Mr,Gr	2.35 (1.06) I,P,O,Mr,Gr	1.54 (0.99) I,P,O,Mr,Gr	2.03 (1.02) I,P,B,O,Br,Gr	1.83 (1.07) I,P,B,O,Br,Mr	1.68 (1.07) I,P,B,Br,Mr,Gr	.007	.029
Lively	2.11 (1.09) P,B,O,Br,Mr,Gr	2.15 (1.16) I,B,O,Br,Mr,Gr	2.51 (1.12) I,P,O,Br,Mr,Gr	1.81 (0.84) I,P,B,O	2.44 (0.98) I,P,B,O,Gr	2.42 (1.14) I,P,B,O,Mr	2.16 (1.25) I,P,B,Br,Mr,Gr	.005	.030
Energetic	1.94 (0.92) P,B,O,Br,Mr,Gr	1.83 (1.07) I,B,O,Br,Gr	2.38 (1.14) I,P,O,Br,Mr,Gr	1.62 (0.79) I,P,B,O,Gr	2.27 (0.96) I,B,O,Gr	2.14 (1.11) I,P,B,O,Br,Mr	2.12 (1.30) I,P,B,Br,Mr,Gr	.001	.037
Self-assurance								.021	.015
Proud	1.76 (0.96) P,B,O,Br,Gr	1.94 (1.07) I,B,O,Br,Mr,Gr	2.43 (1.01) I,P,O,Br,Mr,Gr	1.65 (0.81) I,P,B,O	2.26 (0.99) P,B,O,Gr	2.23 (1.10) I,P,B,O,Mr	1.88 (0.93) I,P,B,Br,Mr,Gr	.001	.039

Strong	1.75 (0.91) P,O,Br,Mr, Gr	1.91 (1.07) I,B,O,Br ,Mr,Gr	2.46 (0.96) P,O,Mr,G r	1.58 (0.87) I,P,O	2.14 (0.94) I,P,B,O,Gr	2.13 (1.08) I,P,B,O, Mr	2.04 (1.14) I,P,B, Br,Mr, Gr	.001	.038
Confident	1.86 (0.91) P,B,O,Br,G r	1.99 (1.12) I,B,O,Br ,Mr,Gr	2.41 (1.07) I,P,O,Mr, Gr	1.60 (0.96) I,P,O	2.36 (0.99) P,B,O,Gr	2.25 (1.03) I,P,B,O, Mr	2.04 (1.10) I,P,B, Br,Mr, Gr	<.001	.043
Bold	1.76 (0.92) P,B,O,Br,M r,Gr	1.69 (0.96) I,B,O,Br ,Mr,Gr	2.35 (0.89) I,P,O,Mr, Gr	1.48 (0.80) I,P,O,Gr	2.07 (0.94) I,P,B,O,Gr	1.91 (1.10) I,P,B,O, Br,Mr	1.84 (1.07) I,P,B, Br,Mr, Gr	.001	.036
Daring	1.62 (0.76) P,O,Br,Gr	1.72 (1.06) I,O,Br, Mr,Gr	2.54 (1.19) O,Mr,Gr	1.62 (0.94) I,P,O,Mr ,Gr	2.11 (0.94) P,B,O,Br,Gr	1.93 (1.10) I,P,B,O, Br,Mr	1.84 (1.03) I,P,B, Br,Mr, Gr	<.001	.045
Fearless	1.76 (0.95) P,B,O,Br,M r,Gr	1.65 (0.91) I,B,O,Br ,Mr,Gr	2.35 (0.95) I,P,O ,Mr,Gr	1.58 (0.89) I,P,OMr, Gr	1.94 (0.90) I,P,B,O,Br, Gr	1.85 (1.03) I,P,B,O, Br,Mr	1.88 (1.20) I,P,B, Br,Mr, Gr	.030	.023

Table 2 Japan

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2

Sad	2.69 (1.34) P,B,O,Br,Mr, Gr	2.29 (1.29) I,B,O,Br,Mr, Gr	2.70 (1.05) I,P,O,Br,Mr,Gr	2.75 (1.38) I,P,B,O,Mr,Gr	2.44 (1.08) I,P,B,O,Br	2.05 (1.10) I,P,B,O,Br	2.6 (1.25) I,P,B, Br,Mr, Gr	.003	.032
Blue	2.73 (1.33) P,B,O,Br,Mr	2.49 (1.38) I,B,O,Br,Mr	2.32 (0.97) I,P,O,Br,Mr,Gr	2.81 (1.36) I,P,B,O,Mr	2.32 (1.09) I,P,B,O,Br	1.90 (1.01) B,O	2.28 (1.34) I,P,B, Br,Mr, Gr	<.00 1	.050
Downhearted	2.63 (1.33) P,B,O,Br,Mr	2.35 (1.35) I,B,O,Mr,Gr	2.43 (1.09) I,P,O,Br,Mr,Gr	3.04 (1.35) I,B,O	2.41 (1.07) I,P,B,O	1.91 (1.05) P,B,O	2.36 (1.29) I,P,B, Br,Mr, Gr	<.00 1	.064
Alone	2.93 (1.31) P,B,O,Br	2.64 (1.47) I,B,O,Br,Mr	2.81 (1.29) I,P,O,Br,Mr	2.73 (1.14) I,P,B,O,Mr	2.26 (1.03) P,B,O,Br	1.63 (0.90) O	2.32 (1.11) I,P,B, Br,Mr, Gr	<.00 1	.137
Lonely	2.76 (1.28) P,B,O,Br,Mr	2.38 (1.45) I,B,O,Br,Mr	2.65 (1.23) I,P,O,Br,Mr	2.52 (1.19) I,P,B,O,Mr	2.25 (1.04) I,P,B,O,Br	1.70 (0.99) O	2.40 (1.26) I,P,B, Br,Mr, Gr	<.00 1	.075

Table 3 Japan

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2

Happiness	4.38 (2.26) P, O, Br	5.15 (2.49) I, B, O, Br, Mr	5.89 (2.61) P, O, Mr, Gr	4.10 (2.00) I, P, O	5.97 (1.88) B, O	7.03 (1.40) B	5.20 (2.90) I, P, B, Br, Mr	<.001	.174
Happy	25.77 (20.17) P, B, O, Br, Mr	32.04 (27.30) I, B, O, Br, Mr	38.14 (31.86) I, P, O, Br, Mr, Gr	21.98 (16.72) I, P, B, O	38.48 (26.15) I, P, B, O	54.54 (28.15) B	34.20 (33.06) I, P, B, Br, Mr	<.001	.132
Unhappy	33.70 (23.31) P, B, O, Br, Mr	25.90 (26.34) I, B, O, Mr	30.16 (30.63) I, P, O, Mr	45.94 (27.78) I, O	23.74 (22.95) I, P, B, O	11.44 (13.21)	28.20 (28.35) I, P, B, Br, Mr	<.001	.148
Neutral	40.52 (25.83) P, B, O, Br, Mr, Gr	42.06 (28.94) I, B, O, Br, Mr, Gr	31.70 (31.07) I, P, O, Br, Mr, Gr	32.08 (23.74) I, P, B, O, Mr, Gr	37.78 (27.50) I, P, B, O, Br, Gr	34.02 (27.07) I, P, B, O, Br, Mr	37.60 (35.86) I, P, B, Br, Mr, Gr	.380	.011
Life satisfaction	2.60 (1.13) P, O, Br	3.19 (1.40) I, B, O, Br, Mr	3.61 (.99) P, O, Mr, Gr	2.58 (1.26) I, P, O	3.58 (1.11) P, B, O	4.31 (1.21) B	3.06 (1.42) I, P, B, Br, Mr	<.001	.186
Meaning in life	3.60 (.93) P, B, O, Br, Mr	3.75 (.89) I, B, O, Br, Mr	3.94 (.80) I, P, O, Br, Mr, Gr	3.61 (.68) I, P, B, O, Mr	3.93 (.55) I, P, B, O, Br, Gr	4.12 (.77) B, O, Mr	3.83 (.84) I, P, B, Br, Mr, Gr	<.001	.054
Optimism	3.43 (.91) P, O, Br, Mr	3.63 (1.09) I, O, Br, Mr	4.14 (.73) O, Mr, Gr	3.39 (.97) I, P, O	3.95 (.73) I, P, B, O	4.29 (.88) B, O	3.92 (.99) I, P, B, Br, Mr, Gr	<.001	.099

Oman

Table 1 Oman

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.558	.027
Happy	3.42 (0.95) P,B,O,Br,Mr,Gr	3.51 (1.00) I,B,O,Br,Mr,Gr	3.25 (1.00) I,P,O,Br,Mr,Gr	3.00 (-) I,P,B,O,Mr,Gr	4.14 (0.69) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.74 (0.89) I,P,B,Br,Mr,Gr	.068	.040
Joyful	3.32 (0.96) P,B,O,Br,Mr,Gr	3.54 (0.93) I,B,O,Br,Mr,Gr	3.50 (1.09) I,P,O,Br,Mr,Gr	2.00 (-) I,P,B,O,Mr,Gr	4.00 (0.58) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.60 (0.86) I,P,B,Br,Mr,Gr	.074	.040

Proud	3.46 (1.09) P,B,O,Br,Mr,Gr	3.65 (1.09) I,B,O,Br,Mr,Gr	3.63 (0.96) I,P,O,Br,Mr,Gr	3.00 (-) I,P,B,O,Mr,Gr	4.14 (0.90) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.73 (1.18) I,P,B,Br,Mr,Gr	.371	.022
Strong	3.36 (1.08) P,B,O,Br,Mr,Gr	3.50 (1.15) I,B,O,Br,Mr,Gr	3.69 (1.11) I,P,O,Br,Mr,Gr	5.00 (-) I,P,B,O,Mr,Gr	3.71 (1.11) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.69 (1.11) I,P,B,Br,Mr,Gr	.157	.032
Confident	3.54 (1.20) P,B,O,Br,Mr,Gr	3.77 (0.97) I,B,O,Br,Mr,Gr	3.75 (1.06) I,P,O,Br,Mr,Gr	5.00 (-) I,P,B,O,Mr,Gr	4.14 (0.90) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.67 (1.14) I,P,B,Br,Mr,Gr	.380	.022
Bold	3.34 (1.04) P,B,O,Br,Mr,Gr	3.45 (0.90) I,B,O,Br,Mr,Gr	3.38 (1.09) I,P,O,Br,Mr,Gr	1.00 (-) I,P,B,O,Mr,Gr	3.43 (0.98) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.41 (1.07) I,P,B,Br,Mr,Gr	.122	.035
Daring	3.34 (1.04) P,B,O,Br,Mr,Gr	3.46 (0.98) I,B,O,Br,Mr,Gr	3.31 (1.08) I,P,O,Br,Mr,Gr	4.00 (-) I,P,B,O,Mr,Gr	3.86 (1.07) I,P,B,O,Br,Gr	3.00 (-) I,P,B,O,Br,Mr	3.35 (1.12) I,P,B,Br,Mr,Gr	.574	.017
Fearless	3.20 (1.11) P,B,O,Br,Mr,Gr	3.21 (1.01) I,B,O,Br,Mr,Gr	3.69 (1.01) I,P,O,Br,Mr,Gr	3.00 (-) I,P,B,O,Mr,Gr	3.14 (1.07) I,P,B,O,Br,Gr	5.00 (-) I,P,B,O,Br,Mr	3.28 (0.97) I,P,B,Br,Mr,Gr	.237	.028

Table 2
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
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	<i>in attracting mates)</i>								
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.127	.026
Guilty	3.50 (1.11) P,B,O,Br,Mr,Gr	3.29 (1.16) I,B,O,Br,Mr,Gr	3.56 (1.21) I,P,O,Br,Mr,Gr	4.00 (.) I,P,B,O,Mr,Gr	3.14 (1.35) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br,Mr	3.39 (1.11) I,P,B,Br,Mr,Gr	.854	.009
Ashamed	3.04 (1.09) P,B,O,Br,Mr,Gr	2.98 (1.07) I,B,O,Br,Mr,Gr	3.25 (1.24) I,P,O,Br,Mr,Gr	3.00 (.) I,P,B,O,Mr,Gr	3.14 (1.07) I,P,B,O,Br,Gr	3.00 (.) I,P,B,O,Br,Mr	2.92 (1.15) I,P,B,Br,Mr,Gr	.969	.005
Blameworthy	2.92 (1.10) P,B,O,Br,Mr,Gr	2.57 (1.22) I,B,O,Br,Mr,Gr	2.88 (1.20) I,P,O,Br,Mr,Gr	1.00 (.) I,P,B,O,Mr,Gr	3.14 (1.46) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br,Mr	2.42 (1.06) I,P,B,Br,Mr,Gr	.239	.028
Angry at self	3.14 (1.05) B,O,Br,Mr,Gr	2.53 (1.19) B,O,Br,Mr,Gr	3.44 (1.32) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.86 (1.07) I,P,B,O,Br,Gr	1.00 (.) I,P,B,O,Br,Mr	2.80 (1.25) I,P,B,Br,Mr,Gr	.044	.044
Disgusted with self	2.66 (1.17) P,B,O,Br,Mr,Gr	2.12 (1.18) I,B,O,Br,Mr,Gr	2.63 (1.20) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	1.86 (0.69) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	2.07 (1.15) I,P,B,Br,Mr,Gr	.232	.028
Dissatisfied with self	2.90 (1.22) P,B,Br,Mr,Gr	2.42 (1.19) I,B,O,Br,Mr,Gr	2.94 (1.34) I,P,O,Br,MR,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.43 (1.27) I,P,B,O,Br,Gr	1.00 (.) I,P,B,O,Br,Mr	2.38 (1.19) P,B,Br,Mr,Gr	.052	.043
Sadness								.017	.033

Sad	2.82 (1.00) P,B,O,Br,Mr,Gr	2.53 (1.11) I,B,O,Br,Mr,Gr	3.13 (1.20) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	3.00 (1.41) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	3.36 (1.07) I,P,B,Br,Mr,Gr	.316	.004
Blue	2.78 (1.25) P,B,Br,Mr,Gr	2.29 (1.21) I,B,O,Br,Mr,Gr	2.75 (1.24) I,P,O,Br,Mr,Gr	1.00 (.) I,P,B,O,Mr,Gr	2.43 (1.27) I,P,B,O,Br,Gr	2.00 (.) I,P,B,O,Br,Mr	2.00 (1.14) P,B,Br,Mr,Gr	.364	.003
Downhearted	2.62 (1.34) P,B,O,Br,Mr,Gr	2.22 (1.18) I,B,O,Br,Mr,Gr	3.25 (1.34) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.57 (1.40) I,P,B,O,Br,Gr	5.00 (.) I,P,B,O,Br,Mr	2.13 (1.25) I,P,B,Br,Mr,Gr	.701	.001
Alone	2.78 (1.42) P,B,O,Br,Mr,Gr	2.56 (1.40) I,B,O,Br,Mr,Gr	3.25 (1.39) I,P,O,Br,Mr,Gr	2.00 (.) I,P,B,O,Mr,Gr	2.86 (1.77) I,P,B,O,Br,Gr	4.00 (.) I,P,B,O,Br,Mr	2.51 (1.27) I,P,B,Br,Mr,Gr	.051	.013
Lonely	1.94 (1.15) P,B,O,Br,Mr,Gr	1.83 (1.07) I,B,O,Br,Mr,Gr	2.88 (1.41) I,P,O,Br,Mr,Gr	1.00 (.) I,P,B,O,Mr,Gr	2.29 (1.60) I,P,B,O,Br,Gr	5.00 (.) I,P,B,O,Br,Mr	1.87 (1.09) I,P,B,Br,Mr,Gr	.383	.003

Table 3

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2

Happiness	6.66 (2.02) P, B, O, Br, Mr, Gr	6.81 (1.89) I, B, O, Br, Mr, Gr	7.25 (1.92) I, P, O, Br, Mr, Gr	5.00 (.) I, P, B, O, Mr, Gr	6.71 (3.15) I, P, B, O, Br, Gr	8.00 (.) I, P, B, O, Br, Mr	7.27 (1.84) I, P, B, Br, Mr, Gr	.461	.020
Happy	47.60 (21.15) P, B, Br, Mr, Gr	53.15 (21.65) I, B, O, Br, Mr, Gr	45.31 (23.91) I, P, O, Br, Mr, Gr	80.00 (.) I, P, B, O, Mr, Gr	49.57 (19.27) I, P, B, O, Br, Gr	90.00 (.) I, P, B, O, Br, Mr	59.19 (23.59) P, B, Br, Mr, Gr	.026	.049
Unhappy	31.34 (20.69) P, B, O, Br, Mr, Gr	25.44 (17.13) I, B, O, Br, Mr, Gr	32.19 (16.22) I, P, O, Br, Mr, Gr	20.00 (.) I, P, B, O, Mr, Gr	27.43 (17.69) I, P, B, O, Br, Gr	40.00 (.) I, P, B, O, Br, Mr	25.16 (18.13) I, P, B, Br, Mr, Gr	.446	.020
Neutral	38.24 (22.01) P, B, O, Br, Mr, Gr	30.94 (18.94) I, B, O, Br, Mr, Gr	30.31 (12.04) I, P, O, Br, Mr, Gr	50.00 (.) I, P, B, O, Mr, Gr	36.71 (16.38) I, P, B, O, Br, Gr	1.00 (.) I, P, B, O, Br, Mr	33.75 (20.89) I, P, B, Br, Mr, Gr	.508	.018
Life satisfaction	4.13 (1.27) P, B, O, Br, Mr, Gr	4.41 (1.05) I, B, O, Br, Mr, Gr	4.04 (1.28) I, P, O, Br, Mr, Gr	3.60 (.) I, P, B, O, Mr, Gr	5.14 (1.09) I, P, B, O, Br, Gr	5.00 (.) I, P, B, O, Br, Mr	4.51 (1.08) I, P, B, Br, Mr, Gr	.203	.029
Meaning in life	4.16 (.75) P, B, O, Br, Mr, Gr	4.15 (.71) I, B, O, Br, Mr, Gr	3.94 (.47) I, P, O, Br, Mr, Gr	4.00 (.) I, P, B, O, Mr, Gr	4.79 (.83) I, P, B, O, Br, Gr	5.00 (.) I, P, B, O, Br, Mr	4.24 (.80) I, P, B, Br, Mr, Gr	.177	.031
Optimism	3.78 (.56) P, B, Br, Mr, Gr	3.94 (.57) I, B, O, Br, Mr, Gr	3.71 (.33) I, P, O, Br, Mr, Gr	4.38 (.) I, P, B, O, Mr, Gr	3.86 (.20) I, P, B, O, Br, Gr	3.75 (.) I, P, B, O, Br, Mr	4.08 (.49) P, B, Br, Mr, Gr	.063	.041

Peru

Table 1 Peru
The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								<.001	.031
Happy	3.17 (0.83) P,B,O,Br,Mr	3.57 (0.95) I,B,O,Mr	3.59 (0.91) I,PO,Mr	2.85 (1.07) I,O	3.76 (0.89) I,P,B,O	4.18 (0.81)	3.25 (1.04) I,P,B,Br,Mr	<.001	.090

Joyful	3.41 (0.86) P,B,O,Br,Mr	3.71 (0.95) I,B,O,Br,Mr	3.74 (0.88) I,P,O,Br,Mr	3.42 (1.07) I,P,B,O,Mr	3.85 (0.81) I,P,B,Br	4.20 (0.80)	3.38 (1.05) I,P,B,Br	<.001	.059
Delighted	3.27 (1.09) P,B,O,Br,Mr	3.59 (1.01) I,B,O,Br,Mr	3.67 (0.90) I,P,O,Mr	2.74 (1.10) I,O	3.66 (0.93) I,P,B,O	4.10 (0.92)	3.28 (1.04) I,P,B,Br,Mr	<.001	.075
Cheerful	3.65 (0.83) P,B,O,Br,Mr	3.82 (0.94) I,B,O,Mr	3.82 (0.85) I,P,O,Br,Mr	3.11 (1.15) I,B,O	3.88 (0.83) I,P,B,O	4.24 (0.82)	3.45 (1.00) I,P,B,Br,Mr	<.001	.059
Excited	3.24 (1.09) P,B,O,Br,Mr	3.60 (1.07) I,B,O,Br,Mr	3.58 (0.92) I,P,O,Br,Mr	2.84 (1.21) I,P,B,O,Mr	3.69 (0.93) I,P,B,O,Br	4.12 (0.97)	3.36 (1.07) I,P,B,Br,Mr	<.001	.055
Enthusiastic	3.16 (1.03) B,O,Br,Mr	3.66 (1.07) B,O,Br,Mr	3.69 (0.90) I,P,O,Br,Mr	3.21 (1.27) I,P,B,O,Mr	3.70 (0.94) I,P,B,O,Br	4.17 (1.01)	3.30 (1.10) I,P,B,Br,Mr	<.001	.062
Lively	3.02 (1.01) O,Br	3.60 (1.12) B,O,Mr	3.77 (0.90) P,O,Mr	2.89 (1.15) I,O	3.83 (0.90) P,B	4.21 (0.91)	3.30 (1.12) I,P,BB,Mr	<.001	.092
Energetic	3.31 (1.16) P,B,O,Br,Mr	3.65 (1.12) I,B,O,Br,Mr,Gr	3.60 (0.88) I,P,O,Br,Mr,Gr	3.11 (1.05) I,P,B,O,Mr	3.66 (0.97) I,P,B,O,Br,Gr	3.94 (0.96) P,B,Mr	3.28 (1.28) I,P,B,Br,Mr	<.001	.036
Self-assurance								.006	.013
Proud	3.14 (1.32) B,O,Br	3.74 (1.16) B,O,Br,Mr,Gr	3.57 (1.07) I,P,O,Br,Mr,Gr	3.68 (1.16) I,P,B,O,Mr,Gr	3.80 (0.99) P,B,O,Br,Gr	3.98 (1.01) P,B,O,Br,Mr	3.60 (1.08) I,P,B,Br,Mr,Gr	.002	.028

Strong	3.59 (1.21) P,B,O,Br,Mr,Gr	3.89 (1.06) I,B,O,Br,Mr,Gr	3.92 (0.93) I,P,O,Br,Mr,Gr	3.58 (0.90) I,P,B,O,Mr,Gr	3.99 (0.93) I,P,B,O,Br,Gr	4.25 (0.93) P,B,O,Br,Mr	3.77 (1.03) I,P,B,Br,Mr,Gr	.003	.026
Confident	3.22 (1.25) O,Br	3.76 (1.11) B,O,Br,Mr,Gr	3.92 (0.84) P,O,Br,Mr,Gr	3.63 (1.01) I,P,B,O,Mr,Gr	3.94 (0.98) P,B,O,Br,Gr	4.13 (0.94) P,B,O,Br,Mr	3.74 (1.01) I,P,B,Br,Mr,Gr	<.001	.038
Bold	3.47 (1.23) B,O,Br	3.98 (1.05) B,O,Br,Mr,Gr	3.93 (0.93) I,P,O,Br,Mr,Gr	3.74 (1.19) I,P,B,O,Mr,Gr	4.04 (0.90) P,B,O,Br,Gr	4.30 (0.90) P,B,O,Br,Mr	3.87 (0.97) I,P,B,Br,Mr,Gr	.001	.031
Daring	3.02 (1.23) B,O,Br,Mr	3.58 (1.12) B,O,Br,Mr,Gr	3.29 (1.08) I,P,O,Br,Mr	3.00 (0.88) I,P,B,O,Mr,Gr	3.48 (1.11) I,P,B,O,Br,Gr	3.71 (1.01) P,O,Br,Mr	3.30 (1.12) I,P,B,Br,Mr,Gr	<.001	.034
Fearless	2.98 (1.23) B,O,Br	3.54 (1.11) B,O,Br,Mr,Gr	3.43 (0.88) I,P,O,Br,Mr,Gr	3.00 (1.20) I,P,B,O,Mr,Gr	3.49 (1.03) P,B,O,Br,Gr	3.74 (0.93) P,B,O,Br,Mr	3.36 (1.07) I,P,B,Br,Mr,Gr	<.001	.037

Table 2 Peru

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.003	.014

Guilty	3.04 (1.26) P,B,O,Br,Mr	2.53 (1.26) I,B,O,Br,Mr, Gr	2.52 (1.08) I,P,O,Br,Mr,Gr	2.79 (1.27) I,P,B,O,Mr,G r	2.49 (1.20) I,P,B,O,Br	2.20 (1.17) P,B,O,Br	2.45 (1.12) I,P,B, Br,Mr, Gr	.004	.025
Ashamed	3.20 (1.15) P,B,O,Br,Mr	2.62 (1.24) I,B,O,Br,Mr, Gr	2.74 (1.22) I,P,O,Br,Mr	2.58 (1.17) I,P,B,O,Mr,G r	2.52 (1.22) I,P,B,O,Br,Gr	2.25 (1.22) P,O,Br,Mr	2.43 (1.04) I,P,B, Br,Mr, Gr	.002	.027
Blameworthy	2.53 (1.04) P,B,O,Br,Mr, Gr	2.37 (1.19) I,B,O,Br,Mr, Gr	2.51 (1.10) I,P,O,Br,Mr,Gr	2.16 (1.07) I,P,B,O,Mr,G r	2.44 (1.28) I,P,B,O,Br,Gr	2.09 (1.14) I,P,B,O,Br, Mr	2.45 (1.00) I,P,B, Br,Mr, Gr	.079	.015
Angry at self	3.16 (1.38) P,B,O,Br,Mr	2.64 (1.30) I,B,O,Br,Mr	2.61 (1.15) I,P,O,Br,Mr	2.47 (1.50) I,P,B,O,Mr,G r	2.58 (1.31) I,P,B,O,Br	2.02 (1.21) Br	2.81 (1.33) I,P,B, Br,Mr	<.00 1	.041
Disgusted with self	2.94 (1.35) P,B,O,Br,Mr	2.50 (1.23) I,B,O,Br,Mr	2.60 (1.21) I,P,O,Br,Mr	2.68 (1.57) I,P,B,O,Mr,G r	2.50 (1.28) I,P,B,O,Br	1.91 (1.15) Br	2.72 (1.33) I,P,B, Br,Mr	<.00 1	.044
Dissatisfied with self	2.96 (1.40) P,B,O,Br,Mr	2.52 (1.27) I,B,O,Br,Mr	2.57 (1.28) I,P,O,Br,Mr	2.79 (1.40) I,P,B,O,Mr,G r	2.55 (1.31) I,P,B,O,Br	1.90 (1.16) Br	2.68 (1.22) I,P,B, Br,Mr	<.00 1	.042
Sadness								<.00 1	.033
Sad	3.00 (1.31) B,O,Br,Mr	2.46 (1.19) B,Br,Mr	2.73 (1.17) I,P,O,Br,Mr	3.00 (1.25) I,P,B,O,Mr	2.48 (1.29) I,P,B,Br	1.86 (1.02)	3.15 (1.35) I,B,Br	<.00 1	.04

Blue	2.88 (1.32) P,B,O,Br,Mr	2.52 (1.23) I,B,Br,Mr	2.75 (1.23) I,P,O,Br,Mr	3.00 (1.20) I,P,B,O,Mr	2.57 (1.24) I,P,B,O,Br	1.98 (1.06)	3.11 (1.27) I,B,Br, Mr	<.00 1	.060
Downhearted	2.90 (1.43) P,B,O,Br,Mr	2.47 (1.22) I,B,O,Br,Mr	2.45 (1.17) I,P,O,Br,Mr	2.79 (1.40) I,P,B,O,Mr,G r	2.36 (1.22) I,P,B,O,Br	1.80 (1.08) Br	2.94 (1.29) I,P,B, Br,Mr	<.00 1	.059
Alone	3.61 (1.22) B,O,Br	2.54 (1.34) O,Br,Mr	2.96 (1.25) I,O,Br	2.84 (1.54) I,P,B,O,Mr	2.40 (1.36) P,O,Br	1.64 (1.01)	3.00 (1.27) I,P,B, Br,Mr	<.00 1	.119
Lonely	3.49 (1.14) B,O,Br	2.71 (1.40) B,O,Br,Mr	2.83 (1.26) I,P,O,Br,Mr	2.79 (1.52) I,P,B,O,Mr	2.44 (1.41) P,B,Br	1.61 (0.89)	3.15 (1.27) I,P,B, Br	<.00 1	.111

Table 3 Peru

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.94 (2.42) P, B, O, Br, Mr	6.76 (2.03) I, B, O, Mr	6.64 (2.07) I, P, O, Br, Mr	5.53 (1.95) I, B, O	6.99 (1.77) I, P, B, O	8.03 (1.54)	6.34 (2.25) I, P, B, Br, Mr	<.001	.082
Happy	48.08 (25.22) P, B, O, Br, Mr	57.44 (25.60) I, B, O, Mr	57.00 (25.01) I, P, O, Mr, Gr	34.89 (18.64) I, O	57.64 (23.72) I, P, B, O	70.19 (21.64)	49.85 (27.95) I, P, B, Br, Mr	<.001	.078

Unhappy	33.12 (21.48) P, B, O, Br, Mr, Gr	31.49 (27.79) I, B, O, Br, Mr, Gr	29.24 (23.14) I, P, O, Br, Mr, Gr	23.11 (16.04) I, P, B, O, Mr, Gr	23.31 (20.97) I, P, B, O, Br, Gr	23.58 (28.15) I, P, B, O, Br, Mr	29.81 (24.70) I, P, B, Br, Mr, Gr	.543	.007
Neutral	41.06 (27.21) P, B, O, Br, Mr, Gr	40.31 (26.16) I, B, O, Br, Mr, Gr	37.79 (25.19) I, P, O, Br, Mr, Gr	38.68 (21.16) I, P, B, O, Mr, Gr	34.47 (22.25) I, P, B, O, Br, Gr	36.89 (27.04) I, P, B, O, Br, Mr	41.26 (29.33) I, P, B, Br, Mr, Gr	.491	.007
Life satisfaction	4.26 (1.24) P, B, O, Br, Mr	4.69 (1.19) I, B, O, Br, Mr	4.85 (1.12) I, P, O, Br, Mr	4.20 (1.36) I, P, B, O, Mr,	4.92 (1.10) I, P, B, O, Br	5.49 (1.06)	4.75 (1.33) I, P, B, Br, Mr	<.001	.068
Meaning in life	3.81 (.91) B, O, Br, Mr	4.39 (1.08) B, O, Br, Mr	4.38 (.78) I, P, O, Br, Mr	4.34 (1.32) I, P, B, O, Mr, Gr	4.52 (.91) I, P, B, O, Br	4.98 (1.06) Br	4.34 (1.02) I, P, B, Br, Mr	<.001	.057
Optimism	3.86 (.69) P, B, O, Br, Mr	4.10 (.54) I, B, O, Br, Mr, Gr	4.18 (.53) I, P, O, Br, Mr, Gr	4.01 (.58) I, P, B, O, Mr, Gr	4.13 (.52) I, P, B, O, Br	4.38 (.51) B, Br	4.05 (.59) I, P, B, Br, Mr	<.001	.045

Poland

Table 1 Poland

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	p-value	η_p^2
Joviality								<.001	.058

Happy	2.78 (0.96) P,Br	2.87 (1.02) I,B	3.29 (0.80) P,Mr	2.31 (0.95) I	3.32 (0.79) B	3.89 (0.80)	-	<.001	.221
Joyful	2.91 (1.01) P,Br	2.93 (0.97) I,Br,	3.45 (0.89) Mr,Gr	2.50 (1.05) I,P	3.33 (0.82) B	3.90 (0.80) B	-	<.001	.188
Delighted	2.41 (1.02) P,Br	2.70 (1.03) I,B,Mr	3.08 (0.88) P,Mr,Gr	1.94 (0.93) I	2.91 (0.96) P,B	3.39 (0.99) B	-	<.001	.139
Cheerful	2.91 (1.01) P,Br	2.72 (0.98) I,Br	3.37 (0.94) I,Mr,Gr	2.40 (1.14) I,P	3.31 (0.84) B	3.81 (0.88) B	-	<.001	.173
Excited	2.46 (0.94) P,Br,Mr	2.57 (1.00) I,Br,Mr	3.16 (0.85) Mr,Gr	2.06 (1.00) I,P,	2.84 (0.97) I,P,B,	3.24 (1.00) B	-	<.001	.111
Enthusiastic	2.57 (1.13) P,Br,	2.65 (0.99) I,Mr	3.34 (0.91) Mr,Gr	2.12 (0.98) I	3.01 (0.91) P,B	3.57 (0.90) B	-	<.001	.172
Lively	2.74 (1.06) P,Br	2.87 (1.02) I,B,Mr	3.39 (0.85) P,Mr,Gr	2.33 (0.95) I,P	3.12 (0.92) P,B	3.66 (0.89) B	-	<.001	.146
Energetic	2.79 (1.06) P,Br	3.00 (0.99) I,B,Mr	3.42 (0.83) P,Mr,Gr	2.50 (1.09) I	3.22 (0.95) P,B	3.65 (0.94) B	-	<.001	.126
Self- assurance								<.001	.045
Proud	2.61 (1.04) P,Br	2.87 (1.02) I,B,Mr	3.37 (0.75) P,Mr,Gr	2.17 (0.97) I	3.16 (0.98) P,B	3.69 (1.03) B	-	<.001	.160
Strong	2.85 (1.01) P,Br,Mr	3.00 (1.03) I,B,Br, Mr	3.42 (0.83) P,Mr,Gr	2.65 (1.00) I,P	3.18 (0.96) I,P,B	3.78 (0.89) B	-	<.001	.130

Confident	2.87 (1.05) P,B,Br,Mr	3.07 (1.12) I,B,Br, Mr	3.29 (0.93) I,P,Mr,Gr	2.62 (0.96) I,P	3.22 (0.96) I,P,B	3.70 (0.93) B	-	<.001	.099
Bold	2.00 (0.97) I,Br,Mr,Gr	2.20 (1.07) I,B,Br, Mr,Gr	2.71 (1.04) P,Mr,Gr	1.71 (0.85) I,P	2.34 (1.03) I,P,B,Gr	2.34 (1.06) I,P,B,Mr	-	<.001	.045
Daring	2.50 (0.98) P,Br,Mr	2.78 (1.03) I,B,BrM r	3.26 (0.83) P,Mr,Gr	2.31 (0.99) I,P	2.93 (0.94) I,P,B	3.35 (1.05) B	-	<.001	.098
Fearless	2.33 (1.05) P,Br,Mr	2.70 (1.11) I,B,Br, Mr,Gr	2.97 (0.97) P,Mr,Gr	2.08 (0.92) I,P,	2.78 (0.99) I,P,B	3.11 (1.04) P,B	-	<.001	.073

Table 2 Poland

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								<.001	.024
Guilty	1.76 (0.95) P,B,Br,Mr,Gr	2.02 (1.11) I,B,Br,Mr	2.16 (0.92) I,P,Mr	1.48 (0.68) I,P,Mr,Gr	1.89 (0.98) I,P,B,Br	1.8 (0.80) I,Br	-	<.001	.041

	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.41 (2.00) P, B, Br	6.30 (2.17) I, B, Mr	6.13 (2.23) I, P, Mr	4.52 (2.08) I	6.58 (1.88) P, B	7.59 (1.64)	-	<.001	.158
Happy	34.37 (24.05) P, B, Br	43.59 (29.73) I, B, Mr	45.97 (25.31) I, P, Mr	27.54 (19.77) I	49.96 (25.18) P, B	67.15 (21.08)	-	<.001	.181
Unhappy	34.67 (24.94) Br	17.57 (14.46) B, Mr, Gr	22.84 (18.36) I, P, O, Br	36.06 (22.96) I, B	20.20 (17.05) P, B	12.81 (15.11) P	-	<.001	.123
Neutral	30.96 (25.82) P, B, Br, Mr	38.85 (26.47) I, B, Br, Mr	31.18 (22.03) I, P, Br, Mr, Gr	36.40 (22.48) I, P, B, Mr	29.65 (22.51) I, P, B, Br	19.25 (16.30) B	-	<.001	.070
							-		
Life satisfaction	3.50 (1.24) P, B	3.91 (1.44) I, B, Mr	4.49 (1.23) P, Mr, Gr	3.05 (1.09) I	4.31 (1.21) P, B	5.00 (1.13) B	-	<.001	.177
Meaning in life	3.82 (.98) P, B, Br, Mr	4.28 (1.11) I, B, Br, Mr	4.24 (.91) I, P, Br, Mr,	3.90 (1.08) I, P, B, Mr	4.29 (.87) I, P, B, Br	5.02 (.95)	-	<.001	.138
Optimism	3.61 (.64) P, Br	3.86 (.61) I, B, Br, Mr	4.10 (.41) P, Mr, Gr	3.68 (.55) I, P	3.91 (.53) P, B	4.23 (.50) B	-	<.001	.122

Spain

Table 1 Spain

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2

Joviality								.131	.025
Happy	3.40 (0.95) P,B,O,Br	3.82 (0.75) I,B,O,Br ,Mr,Gr	3.37 (1.01) I,P,O,Br, Mr,Gr	3.50 (0.58) I,P,B,O, Mr,Gr	3.74 (0.72) P,B,O,Br, Gr	4.05 (0.69) P,B,O,Br ,Mr	3.50 (0.80) I,P,B, Br,Mr, Gr	.002	.053
Joyful	2.46 (1.04) P,B,O,Br,M r,Gr	2.78 (0.86) I,B,O,Br ,Mr,Gr	2.42 (0.96) I,P,O,Br, Mr,Gr	1.75 (0.96) I,P,B,O, Mr,Gr	2.68 (1.05) I,P,B,O,Br, Gr	2.90 (1.03) I,P,B,O, Br,Mr	2.45 (1.18) I,P,B, Br,Mr, Gr	.479	.014
Delighted	3.03 (1.01) P,B,O,Br,M r,Gr	3.42 (0.96) I,B,O,Br ,Mr,Gr	2.79 (1.32) I,P,O,Br, Mr,Gr	3.25 (0.50) I,P,B,O, Mr,Gr	3.35 (0.97) I,P,B,O,Br, Gr	3.73 (0.98) I,P,B,O, Br,Mr	2.91 (0.92) I,P,B, Br,Mr, Gr	.052	.032
Cheerful	3.43 (0.98) P,B,O,Br	3.93 (0.83) I,B,O,Br ,Mr,Gr	3.42 (0.90) I,P,O,Br, Mr,Gr	3.75 (0.50) I,P,B,O, Mr,Gr	3.79 (0.83) P,B,O,Br,Gr	4.17 (0.68) P,B,O,Br ,Mr	3.50 (0.86) I,P,B, Br,Mr, Gr	.002	.052
Excited	2.60 (1.12) P,B,O,Br,G r	2.98 (1.07) I,B,O,Br ,Mr,Gr	2.74 (0.93) I,P,O,Br, Mr,Gr	1.75 (0.96) I,P,B,O, Mr,Gr	2.94 (0.99) P,B,O,Br,Gr	3.06 (0.99) I,P,B,O, Br,Mr	2.95 (1.29) I,P,B, Br,Mr, Gr	.017	.039
Enthusiasti c	3.06 (1.16) P,B,O,Br,M r,Gr	3.20 (0.76) I,B,O,Br ,Mr,Gr	3.11 (1.20) I,P,O,Br, Mr,Gr	3.50 (1.00) I,P,B,O, Mr,Gr	3.42 (1.00) I,P,B,O,Br, Gr	3.58 (0.97) I,P,B,O, Br,Mr	3.09 (1.15) I,P,B, Br,Mr, Gr	.083	.029
Lively	3.46 (1.04) P,B,O,Br,M r	3.75 (0.84) I,B,O,Br ,Mr,Gr	3.68 (0.88) I,P,O,Br, Mr,Gr	4.00 (0.82) I,P,B,O, Mr,Gr	3.94 (0.90) I,P,B,O,BrG r	4.19 (0.97) P,B,O,Br ,Mr	3.64 (1.09) I,P,B, Br,Mr, Gr	.010	.043

Energetic	3.00 (1.00) P,B,O,Br,Mr,Gr	3.33 (0.97) I,B,O,Br,Mr,Gr	3.26 (1.19) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.40 (0.99) I,P,B,O,Br,Gr	3.61 (0.98) I,P,B,O,Br,Mr	3.14 (0.99) I,P,B,Br,Mr,Gr	.262	.020
Self-assurance								.011	.025
Proud	3.23 (1.26) P,B,O,Br	3.56 (1.23) I,B,O,Br,Mr,Gr	3.68 (1.11) I,P,O,Br,Mr,Gr	3.75 (0.50) I,P,B,O,Mr,Gr	3.76 (0.98) P,B,O,Br,Gr	3.80 (0.96) P,B,O,Br,Mr	3.18 (1.05) I,P,B,Mr,Gr	.004	.049
Strong	3.46 (1.01) P,B,O,Br,Mr,Gr	3.39 (1.05) I,B,O,Br,Mr,Gr	3.95 (1.08) I,P,O,Br,Mr,Gr	4.25 (0.96) I,P,B,O,Mr,Gr	3.70 (0.97) I,P,B,O,Br,Gr	3.77 (0.98) I,P,B,OB,Mr	3.68 (0.94) I,P,B,Br,Mr,Gr	.234	.021
Confident	2.97 (1.25) P,B,O,Br,Mr,Gr	3.61 (0.83) I,B,O,Br,Mr,Gr	3.32 (1.16) I,P,O,Br,Mr,Gr	3.00 (0.00) I,P,B,O,Mr,Gr	3.61 (0.94) I,P,B,O,Br,Gr	3.68 (1.01) I,P,B,O,Br,Mr	3.00 (1.02) I,P,B,Br,Mr,Gr	.033	.035
Bold	2.74 (0.95) B,O,Br	3.49 (1.07) B,O,Br,Mr,Gr	3.37 (0.83) I,P,O,Br,Mr,Gr	3.00 (0.82) I,P,B,O,Mr,Gr	3.41 (0.91) P,B,O,Br,Gr	3.57 (0.95) P,B,O,Br,Mr	3.41 (1.14) I,P,B,Br,Mr,Gr	.014	.041
Daring	2.89 (1.18) P,B,O,Br,Mr,Gr	3.27 (1.10) I,B,O,Br,Mr,Gr	3.26 (1.15) I,P,O,Br,Mr,Gr	2.25 (0.50) I,P,B,O,Mr,Gr	3.31 (1.01) I,P,B,O,Br,Gr	3.38 (1.10) I,P,B,O,Br,Mr	3.23 (1.27) I,P,B,Br,Mr,Gr	.068	.030
Fearless	2.63 (1.11) P,B,O,Br,Mr,Gr	3.15 (1.11) I,B,O,Br,Mr,Gr	2.47 (0.96) I,P,O,Br,Mr,Gr	2.00 (0.00) I,P,B,O,Mr,Gr	2.99 (1.03) I,P,B,O,Br,Gr	3.00 (1.02) I,P,B,O,Br,Mr	2.91 (0.97) I,P,B,Br,Mr,	.098	.027

							Gr		
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Table 2 Spain

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η^2
Guilt								.435	.016
Guilty	2.26 (1.31) P,B,O,Br,Mr,Gr	2.41 (1.18) I,B,O,Br,Mr,Gr	2.90 (1.25) I,P,O,Br,Mr,Gr	2.75 (0.96) I,P,B,O,Mr,Gr	2.22 (1.11) I,P,B,O,Br,Gr	2.06 (1.15) I,P,B,O,Br,Mr	2.29 (1.23) I,P,B,Br,Mr,Gr	.830	.007
Ashamed	2.23 (1.14) P,B,O,Br,Mr,Gr	2.15 (0.99) I,B,O,Br,Mr,Gr	2.25 (1.12) I,P,O,Br,Mr,Gr	2.50 (0.58) I,P,B,O,Mr,Gr	1.91 (0.99) I,P,B,O,Br,Gr	1.96 (1.08) I,P,B,O,Br,Mr	2.14 (1.15) I,P,B,Br,Mr,Gr	.898	.006
Blameworthy	3.86 (1.00) P,B,O,Br,Mr,Gr	4.10 (0.94) I,B,O,Br,Mr,Gr	4.15 (0.81) I,P,O,Br,Mr,Gr	4.75 (0.50) I,P,B,O,Mr,Gr	4.14 (0.88) I,P,B,O,Br,Gr	4.27 (0.82) I,P,B,O,Br,Mr	3.81 (0.81) I,P,B,Br,Mr,Gr	.310	.018
Angry at self	2.26 (1.17) P,B,O,Br,Mr,Gr	2.20 (1.23) I,B,O,Br,Mr,Gr	2.90 (1.29) I,P,O,Br,Mr,Gr	2.75 (0.96) I,P,B,O,Mr,Gr	2.24 (1.12) I,P,B,O,Br,Gr	2.10 (1.18) I,P,B,O,Br,Mr	2.38 (0.97) I,P,B,Br,Mr,Gr	.783	.008
Disgusted with self	2.37 (1.29) P,B,O,Br,Mr,Gr	2.10 (1.11) I,B,O,Br,Mr,Gr	2.75 (1.45) I,P,O,Br,Mr,Gr	3.25 (0.96) I,P,B,O,Mr,Gr	2.14 (1.13) I,P,B,O,Br,Gr	1.96 (1.13) I,P,B,O,Br,Mr	2.24 (1.09) I,P,B,Br,Mr,Gr	.487	.014

							Gr		
Dissatisfied with self	2.71 (1.34) P,B,O,Br,Mr,Gr	2.20 (1.10) I,B,O,Br,Mr,Gr	2.75 (1.52) I,P,O,Br,Mr,Gr	2.50 (1.00) I,P,B,O,Mr,Gr	2.14 (1.15) I,P,B,O,Br,Gr	1.98 (1.16) I,P,B,O,Br,Mr	2.43 (1.25) I,P,B,Br,Mr,Gr	.299	.019
Sadness								.017	.025
Sad	2.63 (1.22) P,B,O,Br,Mr,Gr	2.34 (0.97) I,B,O,Br,Mr,Gr	3.10 (1.41) I,P,O,Br,Mr,Gr	2.75 (1.26) I,P,B,O,Mr,Gr	2.18 (1.08) I,P,B,O,Br,Gr	1.92 (1.11) I,P,B,O,Br,Mr	2.45 (1.18) I,P,B,Br,Mr,Gr	.101	.027
Blue	2.00 (1.28) P,B,O,Br,Mr,Gr	1.80 (0.95) I,B,O,Br,Mr,Gr	2.70 (1.34) I,P,O,Br,Mr,Gr	2.00 (1.16) I,P,B,O,Mr,Gr	1.84 (1.11) I,P,B,O,Br,Gr	1.54 (0.92) I,P,B,O,Br,Mr	1.91 (1.07) I,P,B,Br,Mr,Gr	.398	.016
Downhearted	2.11 (1.26) P,B,O,Br,Mr,Gr	1.83 (1.16) I,B,O,Br,Mr,Gr	2.75 (1.55) I,P,O,Br,Mr,Gr	2.25 (1.50) I,P,B,O,Mr,Gr	1.84 (1.08) I,P,B,O,Br,Gr	1.68 (0.98) I,P,B,O,Br,Mr	1.95 (1.21) I,P,B,Br,Mr,Gr	.381	.016
Alone	2.77 (1.46) P,B,O,Br	2.02 (1.13) I,B,O,Br,Mr,Gr	2.55 (1.40) I,P,O,Br,Mr,Gr	3.25 (1.50) I,P,B,O,Mr,Gr	1.87 (1.16) P,B,O,Br,Gr	1.55 (1.01) P,B,O,Br,Mr	2.36 (1.43) I,P,B,Br,Mr,Gr	<.001	.064
Lonely	2.63 (1.26) P,B,O,Br,Mr	2.37 (1.16) I,B,O,Br,Mr,Gr	2.65 (1.23) I,P,O,Br,Mr,Gr	2.50 (1.29) I,P,B,O,Mr,Gr	2.06 (1.14) I,P,B,O,Br,Gr	1.79 (1.1) P,B,O,Br,Mr	2.86 (1.17) I,P,B,Br,Mr,Gr	.005	.047

Table 3 Spain

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	6.29 (1.98) P, B, O, Br, Mr	7.39 (1.36) I, B, O, Br, Mr, Gr	6.55 (1.57) I, P, O, Br, Mr, Gr	6.25 (1.26) I, P, B, O, Mr, Gr	7.18 (1.45) I, P, B, O, Br, Gr	7.69 (1.30) P, B, O, Br, Mr	6.59 (1.89) I, P, B, Br, Mr, Gr	.003	.049
Happy	45.00 (22.06) P, B, O, Br, Mr	53.66 (19.54) I, B, O, Br, Mr, Gr	47.10 (23.05) I, P, O, Br, Mr, Gr	46.25 (16.01) I, P, B, O, Mr, Gr	54.08 (21.74) I, P, B, O, Br, Gr	63.27 (19.87) P, B, O, Br, Mr	53.32 (27.57) I, P, B, Br, Mr, Gr	.022	.038
Unhappy	23.00 (15.86) P, B, O, Br, Mr, Gr	17.58 (10.37) I, B, O, Br, Mr, Gr	25.15 (16.02) I, P, O, Br, Mr, Gr	20.00 (12.25) I, P, B, O, Mr, Gr	20.26 (16.83) I, P, B, O, Br, Gr	15.88 (16.66) I, P, B, O, Br, Mr	27.36 (27.24) I, P, B, Br, Mr, Gr	.514	.014
Neutral	34.23 (19.30) P, B, O, Br, Mr, Gr	32.08 (15.76) I, B, O, Br, Mr, Gr	34.25 (18.80) I, P, O, Br, Mr, Gr	33.75 (7.50) I, P, B, O, Mr, Gr	32.16 (20.48) I, P, B, O, Br, Gr	24.52 (17.05) I, P, B, O, Br, Mr	31.67 (16.30) I, P, B, Br, Mr, Gr	.086	.029
Life satisfaction	4.43 (1.12) P, B, O, Br, Mr	4.95 (.94) I, B, O, Br, Mr, Gr	4.65 (1.15) I, P, O, Br, Mr, Gr	4.30 (.48) I, P, B, O, Mr, Gr	4.98 (.96) I, P, B, O, Br, Gr	5.37 (.90) P, B, O, Br, Mr	4.48 (1.19) I, P, B, Br, Mr, Gr	.002	.053
Meaning in life	3.93 (1.02) P, B, O, Br, Mr, Gr	4.47 (.87) I, B, O, Br, Mr, Gr	4.20 (1.12) I, P, O, Br, Mr, Gr	4.91 (1.01) I, P, B, O, Mr, Gr	4.54 (.97) I, P, B, O, Br, Gr	4.66 (1.02) I, P, B,	4.54 (1.25) I, P, B, Br, Mr, Gr	.175	.023

						O, Br, Mr				
Optimism		3.94 (.63) P, B, O, Br, Mr, Gr	4.36 (.54) I, B, O, Br, Mr, Gr	4.08 (.72) I, P, O, Br, Mr, Gr	4.28 (.47) I, P, B, O, Mr, Gr	4.17 (.64) I, P, B, O, Br, Gr	4.19 (.73) I, P, B, O, Br, Mr	3.98 (.65) I, P, B, Br, Mr, Gr	.128	.025

Turkey

Table 1 Turkey

The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	Single (difficulties in attracting mates)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								<.001	.025
Happy	3.01 (0.90) P,B,O,Br	3.25 (0.98) I,B,O,Br,Mr	3.25 (1.00) I,P,O,Br,Mr	2.78 (1.03) I,P,B,O,Mr	3.45 (0.90) P,B,O,Br	3.80 (0.88)	3.12 (0.97) I,P,B,Br,Mr	<.001	.082

Joyful	2.85 (0.91) P,B,O,Br,Mr	3.17 (1.06) I,B,O,Br,Mr	3.17 (1.11) I,P,O,Br,Mr	2.63 (0.52) I,P,B,O,Mr,Gr	3.17 (0.90) I,P,B,O,Br	3.69 (0.90) Br	3.02 (1.16) I,P,B,Br,Mr	<.001	.078
Delighted	3.01(1.05) P,B,O,Br,Mr	3.18 (1.07) I,B,O,Br,Mr	3.10 (1.06) I,P,O,Br,Mr	2.88 (1.25) I,P,B,O,Mr,Gr	3.32 (0.98) I,P,B,O,Br	3.72 (1.01) Br	3.14 (1.05) I,P,B,Br,Mr	<.001	.047
Cheerful	3.01 (0.98) P,B,O,Br,Mr	3.24 (1.09) I,B,O,Br,Mr	3.29 (1.14) I,P,O,Br,Mr,	3.13 (1.13) I,P,B,O,Mr,Gr	3.33 (0.92) I,P,B,O,Br	3.80 (0.95) Br	3.17 (1.32) I,P,B,Br,Mr	<.001	.063
Excited	2.92 (1.21) P,B,O,Br,Mr	3.13 (1.19) I,B,O,Br,Mr	3.17 (1.09) I,P,O,Br,Mr,Gr	2.63 (1.06) I,P,B,O,Mr,Gr	3.03 (1.16) I,P,B,O,Br	3.63 (1.06) B,Br	3.12 (1.29) I,P,B,Br,Mr	<.001	.055
Enthusiastic	2.54 (1.07) P,B,O,Br,Mr	2.90 (1.11) I,B,O,Br,Mr	2.94 (1.62) I,P,O,Br,Mr,Gr	2.62 (1.19) I,P,B,O,Mr,Gr	2.90 (1.14) I,P,B,O,Br	3.41 (1.20) B,Br	2.69 (1.22) I,P,B,Br,Mr	<.001	.061
Lively	2.82 (1.09) P,B,O,Br,Mr	3.12 (1.15) I,B,O,Br,Mr,Gr	3.13 (1.13) I,P,O,Br,Mr,Gr	2.50 (1.31) I,P,B,O,Mr,Gr	3.17 (1.10) I,P,B,O,Br	3.54 (1.26) P,B,O,Br	3.10 (1.28) I,P,B,Br,Mr,Gr	<.001	.043
Energetic	2.96 (1.19) P,B,O,Br,Mr	3.28 (1.20) I,B,O,Br,Mr,Gr	3.16 (1.19) I,P,O,Br,Mr,Gr	2.50 (1.31) I,P,B,O,Mr,Gr	3.19 (1.11) I,P,B,O,Br,Gr	3.51 (1.13) P,B,O,Br,Mr	3.33 (1.14) I,P,B,Br,Mr,Gr	.005	.026
Self-assurance								.006	.014
Proud	3.28 (1.20) P,B,O,Br,Mr	3.50 (1.18) I,B,O,Br	3.55 (1.30) I,P,O,Br,	3.50 (1.51) I,P,B,O,	3.77 (1.07) I,P,B,O,Br,Gr	3.97 (1.19) P,B,O,Br	3.90 (1.16) I,P,B,	.005	.026

	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt									.001	.017
Guilty	2.05 (1.22) P,B,O,Br,Mr,Gr	1.93 (1.04) I,B,O,Br,Mr,Gr	2.13 (1.24) I,P,O,Br,Mr,Gr	2.25 (1.28) I,P,B,O,Mr,Gr	1.95 (1.06) I,P,B,O,Br,Gr	1.68 (1.03) I,P,B,O,Br,Mr	1.63 (1.15) I,P,B,Br,Mr,Gr		.060	.017
Ashamed	2.20 (1.27) P,B,O,Br,Mr,Gr	1.97 (1.11) I,B,O,Br,Mr,Gr	2.22 (1.03) I,P,O,Br,Mr,Gr	2.25 (0.89) I,P,B,Br,Mr,Gr	1.96 (1.09) I,P,B,O,Br,Gr	1.75 (1.13) I,P,B,O,Br,Mr	2.22 (1.37) I,P,B,Br,Mr,Gr		.051	.018
Blameworthy	1.87 (1.08) P,B,O,Br,Mr,Gr	1.75 (1.05) I,B,O,Br,Mr,Gr	1.97 (1.25) I,P,O,Br,Mr,Gr	2.00 (1.31) I,P,B,Br,Mr,Gr	1.78 (1.02) I,P,B,O,Br,Gr	1.53 (0.94) I,P,B,O,Br,Mr	1.65 (1.15) I,P,B,Br,Mr,Gr		.105	.015
Angry at self	3.05 (1.37) P,B,O,Br,Mr	2.76 (1.25) I,B,O,Br,Mr,Gr	2.67 (1.37) I,P,O,Br,Mr,Gr	3.75 (0.89) I,P,B,O,Mr	2.54 (1.26) I,P,B,O,Br	2.18 (1.23) P,B,O	2.50 (1.41) I,P,B,Br,Mr,Gr		<.001	.036
Disgusted with self	2.11 (1.35) B,O,Br,Mr	1.63 (1.04) B,O,Mr,Gr	1.75 (1.20) I,P,O,Br,Mr,Gr	2.25 (1.58) I,B,O,Mr	1.58 (1.03) I,P,B,O,Br,Gr	1.33 (0.87) P,B,Mr	1.83 (1.34) I,P,B,Br,Mr		<.001	.046
Dissatisfied with self	2.76 (1.39) B,O,Br,Mr	2.21 (1.21) B,O,Br,Mr,Gr	2.22 (1.25) I,P,O,Br,Mr,Gr	3.25 (1.04) I,P,B,O,Mr	2.15 (1.25) I,P,B,O,Br	1.72 (1.11) P,B,O	2.10 (1.52) I,P,B,Br,Mr,Gr		<.001	.050
Sadness									<.001	.025

Sad	3.00(1.18) P,B,O,Br,Mr	2.64 (1.20) I,B,O,Br,Mr	2.69 (1.18) I,P,O,Br,Mr	3.13 (1.36) I,P,B,O,Mr,Gr	2.54 (1.117) I,P,B,O,Br	2.01 (1.05) Br	2.73 (1.40) I,P,B, Br,Mr	<.00 1	.057
Blue	3.42 (1.26) B,O,Br,Mr	2.83 (1.23) B,O,Br,Mr,Gr	2.97 (1.18) I,P,O,Br,Mr,Gr	3.25 (1.28) I,P,B,O,Mr,Gr	2.74 (1.18) I,P,B,O,Br	2.35 (1.35) P,B,O,Br	2.85 (1.37) I,P,B, Br,Mr, Gr	<.00 1	.043
Downhearted	3.30 (1.25) B,O,Br,Mr	2.72 (1.30) B,O,Br,Mr,Gr	2.86 (1.35) I,P,O,Br,Mr,Gr	3.25 (1.28) I,P,B,O,Mr,Gr	2.69 (1.21) I,P,B,O,Br	2.20 (1.21) P,B,O,Br	2.76 (1.28) I,P,B, Br,Mr, Gr	<.00 1	.049
Alone	3.01 (1.44) B,O,Br	2.45 (1.23) B,O,Br,Mr	2.88 (1.41) I,P,O,Br,Mr	3.38 (1.18) I,P,B,O,Mr	2.38 (1.29) P,B,O,Br	1.67 (1.05) O	2.34 (1.49) I,P,B, Br,Mr, Gr	<.00 1	.101
Lonely	2.96 (1.48) B,O,Br	2.41 (1.31) B,O,Br,Mr	2.73 (1.47) I,P,O,Br,Mr	3.38 (1.69) I,P,B,O,Mr,Gr	2.30 (1.28) P,B,O,Br	1.66 (1.09) O,Br	2.22 (1.41) I,P,B, Br,Mr, Gr	<.00 1	.080

Table 3 Turkey

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	Single (difficulties in	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
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	<i>attracting mates</i>								
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	5.49 (2.23) B, Br, Mr, Gr	6.29 (2.22) B, O, Br, Mr	6.18 (2.51) I, P, O, Br, Mr	4.75 (2.49) I, P, B, O, Mr	6.34 (1.81) I, P, B, O, Br	7.29 (1.74)	5.49 (2.41) I, P, B, Br, Mr	<.001	.079
Happy	41.63 (21.94) P, B, O, Br, Mr	48.91 (21.94) I, B, O, Br, Mr	50.02 (20.47) I, P, O, Br, Mr, Gr	38.63 (23.07) I, P, B, O, Mr, Gr	51.74 (20.78) I, P, B, O, Br	62.05 (21.51) B, Br	45.71 (21.06) I, P, B, Br, Mr	<.001	.073
Unhappy	37.95 (19.40) P, B, O, Br, Mr	32.70 (22.31) I, B, O, Mr, Gr	34.80 (21.14) I, P, O, Mr, Gr	52.00 (19.66) I, O, Mr	35.03 (20.58) I, P, B, O, Br	24.14 (17.81) P, B	39.76 (26.36) I, P, B, Br, Mr	<.001	.070
Neutral	37.51 (24.34) P, O, Br, Mr, Gr	29.31 (20.17) I, B, O, Br, Mr, Gr	23.00 (17.23) P, O, Br, Gr	49.00 (28.69) I, P, B, O, Mr, Gr	32.53 (24.01) I, P, O, Br, Gr	26.90 (21.15) I, P, B, O, Br, Mr	30.21 (21.00) I, P, B, Br, Mr, Gr	.002	.030
Life satisfaction	3.95 (1.22) P, B, O, Br, Mr	3.95 (1.23) I, B, O, Br, Mr	4.20 (1.29) I, P, O, Br, Mr, Gr	3.58 (1.03) I, P, B, O, Mr, Gr	4.24 (1.17) I, P, B, O, Br	4.80 (1.21) B, Br	3.80 (1.29) I, P, B, Br, Mr	<.001	.062
Meaning in life	3.70 (.97) P, B, O, Br, Mr	4.07 (1.14) I, B, O, Br, Mr	4.06 (.92) I, P, O, Br, Mr	3.81 (.68) I, P, B, O, Mr, Gr	4.51 (1.15) I, P, B, O, Br	4.97 (1.12) Br	4.02 (1.20) I, P, B, Br, Mr	<.001	.085
Optimism	3.60 (.80) P, B, O, Br, Mr, Gr	3.82 (.74) I, B, O, Br, Mr, Gr	3.82 (.72) I, P, O, Br, Mr, Gr	3.45 (.74) I, P, B, O, Mr, Gr	3.76 (.70) I, P, B, O, Br	3.99 (.77) I, P, B, O, Br	3.65 (.72) I, P, B, Br, Mr, Gr	.003	.028

UK

Table 1 UK
The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								<.001	.046
Happy	2.91 (1.00) P,B,O,Br,Mr	3.24 (1.89) I,B,O,Br,Mr,Gr	3.13 (0.94) I,P,O,Br,Mr,Gr	2.27 (1.10) I,P,B,O,Mr	3.26 (0.91) I,P,B,O,Br,Gr	3.65 (0.92) P,B,O,Mr	3.04 (1.12) I,P,B,Br,Mr,Gr	<.001	.073

Proud	2.45 (1.15) P,B,O,Br	2.64 (1.20) I,B,O,Br ,Mr	2.91 (1.25) I,P,O,Br, Mr,Gr	2.09 (0.94) I,P,B,O, Mr,Gr	3.16 (1.17) P,B,O,Br,Gr	3.31 (1.24) B,O,Br, Mr	2.96 (1.20) I,P,B, Br,Mr, Gr	<.001	.068
Strong	2.56 (1.15) P,B,O,Br,Mr	3.00 (1.23) I,B,O,Br ,Mr,Gr	2.94 (0.91) I,P,O,Br, Mr,Gr	2.27 (1.19) I,P,B,O, Mr,Gr	3.04 (1.13) I,P,B,O,Br, Gr	3.26 (1.15) P,B,O,Br ,Mr	2.88 (1.19) I,P,B, Br,Mr, Gr	.004	.042
Confident	2.63 (1.09) P,O,Br	2.73 (1.20) I,B,O,Br ,Mr	3.25 (0.98) P,O,Br,M r,Gr	1.91 (1.04) I,P,B,O, Mr,Gr	3.26 (1.00) P,B,O,Br,Gr	3.31 (1.02) B,O,Br, Mr	3.17 (0.96) I,P,B, Br,Mr, Gr	<.001	.076
Bold	2.24 (0.96) P,O,Br,Mr, Gr	2.28 (1.19) I,O,Br, Mr,Gr	3.03 (1.26) O,Br,Mr, Gr	1.64 (1.03) I,P,B,O, Mr,Gr	2.45 (1.18) I,P,B,O,Br, Gr	2.65 (1.16) I,P,B,O, Br,Mr	2.42 (1.21) I,P,B, Br,Mr, Gr	.005	.040
Daring	2.17 (1.13) P,B,O,Br,Mr, Gr	2.45 (1.20) I,B,O,Br ,Mr,Gr	2.56 (1.04) I,P,O,Br, Mr,Gr	2.00 (1.18) I,P,B,O, Mr,Gr	2.56 (1.14) I,P,B,O,Br, Gr	2.48 (1.21) I,P,B,O, Br,Mr	2.37 (1.21) I,P,B, Br,Mr, Gr	.283	.017
Fearless	2.04 (1.16) P,O,Br,Mr, Gr	2.26 (1.29) I,B,O,Br ,Mr,Gr	2.84 (1.11) P,O,Br,M r,Gr	1.91 (0.83) I,P,B,O, Mr,Gr	2.37 (1.19) I,P,B,O,Br, Gr	2.42 (1.15) I,P,B,O, Br,Mr	1.96 (0.91) I,P,B, Br,Mr, Gr	.014	.035

Table 2 UK

The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	Single (difficulties)	Single (by choice)	Single (between relationships)	Bad	Moderate	Good	Other		
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	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.87 (2.21) B, O, Br	6.43 (2.27) B, O, Br, Mr	6.03 (1.96) I, P, O, Br, Mr	5.09 (2.44) I, P, B, O, Mr	6.87 (1.68) P, B, O, Gr	7.77 (1.59) Mr	5.33 (2.39) I, P, B, Br, Mr	<.001	.148
Happy	28.05 (18.62) P, B, O, Br, Mr	37.56 (24.77) I, B, O, Br, Mr	39.16 (16.63) I, P, O, Br, Mr, Gr	25.00 (15.65) I, P, B, O, Mr	38.88 (21.34) I, P, B, O, Br	51.60 (22.23) B	35.00 (18.53) I, P, B, Br, Mr	<.001	.123
Unhappy	33.96 (23.33) B, O, Br	21.49 (19.17) B, O, Mr, Gr	29.16 (15.70) I, P, O, Mr	51.82 (20.89) I	24.12 (17.54) P, B, O	15.86 (13.26) P, O	26.79 (21.98) I, P, B, Mr, Gr	<.001	.131
Neutral	38.31 (19.48) P, B, O, Br, Mr, Gr	40.56 (23.70) I, B, O, Br, Mr, Gr	34.16 (12.83) I, P, O, Br, Mr, Gr	22.27 (14.03) I, P, B, O, Mr, Gr	37.77 (18.66) I, P, B, O, Br, Gr	32.57 (21.38) I, P, B, O, Br, Mr	36.83 (19.73) I, P, B, Br, Mr, Gr	.017	.034
Life satisfaction	3.49 (1.30) B, O, Br, Mr	4.24 (1.41) B, O, Br, Mr	4.02 (1.06) I, P, O, Br, Mr	2.95 (1.18) I, P, B, O	4.48 (1.16) P, B, O	5.16 (1.08)	4.04 (1.07) I, P, B, Br, Mr	<.001	.188
Meaning in life	3.55 (1.17) P, B, O, Br	4.20 (1.19) I, B, O, Br, Gr	3.97 (.90) I, P, O, Mr	2.74 (.83) I, O	4.39 (1.28) P, B, O	4.87 (1.26)	4.07 (1.10) I, P, B, Br, Mr	<.001	.146
Optimism	3.40 (.77) B, O, Br	3.85 (.86) B, O, Br, Mr, Gr	3.86 (.83) I, P, O, Br, Mr, Gr	3.25 (.88) I, P, B, O, Mr	3.93 (.83) P, B, O, Br, Gr	4.14 (.79) P, B, O	3.77 (.83) I, P, B, Br, Mr, Gr	<.001	.090

Ukraine

Table 1 Ukraine
The effect of relationship quality on “Joviality” and “Self-assurance”

Positive emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Joviality								.357	.022
Happy	2.85 (0.94) P,B,O,Br,Mr,Gr	2.91 (1.09) I,B,O,Br,Mr,Gr	2.71 (0.94) I,P,O,Br,Mr	1.60 (0.55) I,P,B,O,Mr,Gr	2.85 (0.90) I,P,B,O,Br,Gr	3.34 (0.94) I,P,O,Br,Mr	2.90 (1.14) I,P,B,Br,Mr,Gr	.022	.038
Joyful	2.94 (1.01)	3.00	2.87	1.60	2.93 (0.90)	3.31	2.90	.022	0.38

Self- assurance								.456	.015
Proud	2.55 (1.03) P,B,O,Br,Mr,Gr	2.91 (1.19) I,B,O,Br,Mr,Gr	2.53 (1.14) I,P,O,Br,Mr,Gr	2.60 (1.14) I,P,B,O,Mr,Gr	2.45 (1.18) I,P,B,O,Br,Gr	2.51 (1.19) I,P,B,O,Br,Mr	2.33 (1.11) I,P,B,Br,Mr,Gr	.304	.018
Strong	2.52 (1.06) P,BO,Br,Mr,Gr	2.77 (1.17) I,B,O,Br,Mr,Gr	2.61 (1.06) I,P,O,Br,Mr,Gr	2.60 (1.67) I,P,B,O,Mr,Gr	2.75 (1.00) I,P,B,O,Br,Gr	2.61 (1.01) I,P,B,O,Br,Mr	2.67 (1.35) I,P,B,Br,Mr,Gr	.900	.006
Confident	2.81 (0.99) P,B,O,Br,Mr,Gr	3.27 (1.08) I,B,O,Br,Mr,Gr	2.85 (0.94) I,P,O,Br,Mr,Gr	2.00 (1.00) I,P,B,O,Mr,Gr	2.95 (0.97) I,P,B,O,Br,Gr	3.14 (1.00) I,P,B,O,Br,Mr	2.86 (1.42) I,P,B,Br,Mr,Gr	.023	.037
Bold	2.73 (1.01) P,B,O,Br,Mr,Gr	3.17 (1.07) I,B,O,Br,Mr,Gr	3.01 (1.07) I,P,O,Br,Mr,Gr	2.20 (1.79) I,P,B,O,Mr,Gr	2.83 (0.95) I,P,B,O,BrGr	3.07 (1.10) I,P,B,O,Br,Mr	2.90 (1.30) I,P,B,Br,Mr,Gr	.147	.024
Daring	2.51 (0.97) P,B,O,Br,Mr,Gr	3.00 (1.09) I,B,O,Br,Mr,Gr	2.79 (1.11) I,P,O,Br,Mr,Gr	1.60 (0.89) I,P,B,O,Mr,Gr	2.72 (0.95) I,P,B,O,Br,Gr	2.94 (1.09) I,P,B,O,Br,Mr	2.62 (1.40) I,P,B,Br,Mr,Gr	.060	.031
Fearless	2.42 (1.13) P,B,O,Br,Mr,Gr	2.69 (1.09) I,B,O,Br,Mr,Gr	2.64 (1.10) I,P,O,Br,Mr,Gr	2.00 (1.73) I,P,B,O,Mr,Gr	2.67 (1.02) I,P,B,O,Br,Gr	2.55 (1.18) I,P,B,O,Br,Mr	2.57 (1.36) I,P,B,Br,Mr,Gr	.692	.010

Table 2 Ukraine
The effect of relationship status on “Guilt” and “Sadness”

Negative emotions	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Guilt								.984	.009
Guilty	2.18 (1.07) P,B,O,Br,Mr,Gr	1.97 (1.10) I,B,O,Br,Mr,Gr	2.01 (1.05) I,P,O,Br,Mr,Gr	2.20 (1.79) I,P,B,O,Mr,Gr	2.03 (0.90) I,P,B,O,Br,Gr	1.93 (1.03) I,P,B,O,Br,Mr	2.33 (1.32) I,P,B,Br,Mr,Gr	.705	.010
Ashamed	1.61 (0.83) P,B,O,Br,Mr,Gr	1.43 (0.70) I,B,O,Br,Mr,Gr	1.57 (0.87) I,P,O,Br,Mr,Gr	1.60 (1.34) I,P,B,O,Mr,Gr	1.73 (0.94) I,P,B,O,Br,Gr	1.59 (0.87) I,P,B,O,Br,Mr	1.90 (1.22) I,P,B,Br,Mr,Gr	.516	.013
Blameworthy	1.58 (0.89) P,B,O,Br,Mr,Gr	1.52 (0.79) I,B,O,Br,Mr,Gr	1.59 (0.82) I,P,O,Br,Mr,Gr	2.00 (1.41) I,P,B,O,Mr,Gr	1.79 (0.95) I,P,B,O,Br,Gr	1.60 (0.84) I,P,B,O,Br,Mr	1.81 (1.03) I,P,B,Br,Mr,Gr	.744	.009
Angry at self	2.25 (1.02) P,B,O,Br,Mr,Gr	2.01 (1.01) I,B,O,Br,Mr,Gr	1.12 (1.07) I,P,O,Br,Mr,Gr	2.00 (1.73) I,P,B,O,Mr,Gr	2.16 (1.12) I,P,B,O,Br,Gr	1.95 (0.99) I,P,B,O,Br,Mr	2.38 (1.40) I,P,B,Br,Mr,Gr	.781	.008

Disgusted with self	1.66 (1.02) P,B,O,Br,Mr,Gr	1.53 (0.85) I,B,O,Br,Mr,Gr	1.75 (0.99) I,P,O,Br,Mr,Gr	2.00 (1.73) I,P,B,O,Mr,Gr	1.75 (1.14) I,P,B,O,Br,Gr	1.54 (0.94) I,P,B,O,Br,Mr	2.10 (1.38) I,P,B,Br,Mr,Gr	.409	.016
Dissatisfied with self	2.25 (1.11) P,B,O,Br,Mr,Gr	2.14 (1.01) I,B,O,Br,Mr,Gr	2.16 (1.12) I,P,O,Br,Mr,Gr	2.20 (1.64) I,P,B,O,Mr,Gr	2.21 (1.13) I,P,B,O,Br,Gr	1.89 (1.02) I,P,B,O,Br,Mr	2.43 (1.50) I,P,B,Br,Mr<Gr	.618	.011
Sadness								.003	.028
Sad	2.81 (1.12) P,B,O,Br,Mr,Gr	2.64 (1.09) I,B,O,Br,Mr,Gr	2.68 (1.06) I,P,O,Br,Mr,Gr	3.40 (1.67) I,P,B,O,Mr,Gr	2.51 (1.13) I,P,B,O,Br,Gr	2.48 (1.19) I,P,B,O,Br,Mr	2.81 (1.40) I,P,B,Br,Mr,Gr	.375	.017
Blue	2.57 (1.13) P,B,O,Br,Mr,Gr	2.44 (1.13) I,B,O,Br,Mr,Gr	2.76 (1.14) I,P,O,Br,Mr,Gr	3.60 (1.95) I,P,B,O,Mr,Gr	2.39 (1.11) I,P,B,O,Br,Gr	2.69 (1.15) I,P,B,O,Br,Mr	2.95 (1.43) I,P,B,Br,Mr,Gr	.167	.023
Downhearted	2.07 (1.22) P,B,O,Br,Mr,Gr	2.10 (1.11) I,B,O,Br,Mr,Gr	2.59 (1.34) I,P,O,Br,Mr,Gr	2.80 (2.05) I,P,B,O,Mr,Gr	2.13 (1.19) I,P,B,O,Br,Gr	2.28 (1.23) I,P,B,O,Br,Mr	2.52 (1.50) I,P,B,Br,Mr,Gr	.134	.025
Alone	2.24 (1.30) P,B,O,Br,Mr,Gr	2.29 (1.32) I,B,O,Br,Mr,Gr	2.23 (1.32) I,P,O,Br,Mr,Gr	2.00 (1.23) I,P,B,O,Mr,Gr	2.11 (1.19) I,P,B,O,Br,Gr	1.76 (1.13) I,P,B,O,Br,Mr	1.95 (1.36) I,P,B,Br,Mr,Gr	.264	.020
Lonely	2.54 (1.17) P,B,O,Br,Mr	2.34 (1.14) I,B,O,Br,Mr	2.48 (1.34) I,P,O,Br,Mr	2.60 (1.82) I,P,B,O,Mr,Gr	2.07 (1.14) I,P,B,O,Br,Gr	1.66 (1.08) O,Br,Mr	2.24 (1.45) I,P,B,Br,Mr,	.002	.053

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Table 3 Ukraine

The effect of relationship status on happiness, meaning in life, optimism and life satisfaction

	<i>Single (difficulties in attracting mates)</i>	<i>Single (by choice)</i>	<i>Single (between relationships)</i>	<i>Bad</i>	<i>Moderate</i>	<i>Good</i>	<i>Other</i>		
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	<i>p</i> -value	η_p^2
Happiness	4.63 (1.55) P, B, O, Br, Mr, Gr	4.43 (2.04) I, B, O, Br, Mr, Gr	4.37 (1.60) I, P, O, Br, Mr, Gr	5.40 (2.97) I, P, B, O, Mr, Gr	4.37 (1.95) I, P, B, O, Br, Gr	3.87 (1.72) I, P, B, O, Br, Mr	4.62 (2.31) I, P, B, Br, Mr, Gr	.317	.018
Happy	29.72 (20.52) P, B, O, Br, Mr, Gr	29.12 (21.94) I, B, O, Br, Mr, Gr	36.59 (21.40) I, P, O, Br	46.00 (14.25) I, P, B, O, Mr, Gr	27.75 (18.00) I, P, O, Br, Gr	22.62 (17.89) I, P, O, Br, Mr	23.62 (20.70) I, P, B, Br, Mr, Gr	.001	.056
Unhappy	45.78 (21.84) P, B, O, Br, Mr, Gr	52.16 (23.58) I, B, O, Br, Mr, Gr	49.21 (21.97) I, P, O, Br, Mr, Gr	28.20 (14.18) I, P, B, O, Mr, Gr	49.49 (22.00) I, P, B, O, Br, Gr	56.88 (21.95) I, P, B, O, Br, Mr	49.00 (28.82) I, P, B, Br, Mr, Gr	.144	.024
Neutral	45.85 (22.72) P, B, O, Br, Mr, Gr	46.01 (23.41) I, B, O, Br, Mr, Gr	47.97 (24.65) I, P, O, Br, Mr, Gr	33.20 (9.99) I, P, B, O, Mr, Gr	38.47 (19.44) I, P, B, O, Br, Gr	44.90 (22.51) I, P, B, O, Br, Mr	37.38 (22.95) I, P, B, Br, Mr, Gr	.277	.019
Life satisfaction	3.65 (.81) P, B, O, Br, Mr, Gr	3.91 (1.18) I, B, O, Br, Mr, Gr	4.01 (.96) I, P, O, Br, Mr, Gr	3.48 (.87) I, P, B, O, Mr, Gr	3.99 (.98) I, P, B, O, Br, Gr	4.21 (.95) I, P, B,	4.18 (1.13) I, P, B, Br, Mr, Gr	.229	.021

						O, Br, Mr			
Meaning in life	3.89 (1.10) P, B, O, Br, Mr, Gr	4.08 (1.09) I, B, O, Br, Mr, Gr	4.11 (1.00) I, P, O, Br, Mr, Gr	4.03 (.53) I, P, B, O, Mr, Gr	4.11 (.92) I, P, B, O, Br, Gr	4.32 (1.06) I, P, B, O, Br, Mr	4.10 (1.22) I, P, B, Br, Mr, Gr	.418	.016
Optimism	4.06 (.45) P, B, O, Br, Mr, Gr	4.15 (.55) I, B, O, Br, Mr, Gr	4.16 (.47) I, P, O, Br, Mr, Gr	3.75 (.72) I, P, B, O, Mr, Gr	4.14 (.47) I, P, B, O, Br, Gr	4.25 (.49) I, P, B, O, Br, Mr	4.07 (.73) I, P, B, Br, Mr, Gr	.239	.020